Glommaløpet 10 miles individuelt
Historikk

Navn	Klubb	Ant.	Bestetid	2026	2025	2024	2023	2022	2019	2018	2017	2016	2015	2014	2013
Abrahamsen, Alice	Sarpsborg	1	1:25:11		01:25:11										
Abrahamsen, Kai	Airel/Harmony Harbour	1	1:21:34	01:21:34											
Abrahamsen, Karl-Ivar		1	1:38:25								1:38:25				
Abrahamsen, Katrine	Moss	3	1:30:57	01:30:57	01:34:03	01:38:34									
Adamek, Wieslaw		2	1:19:38										1:19:38	1:31:56	
Adolfsen, Morgan	Rye Sp.Kl.	2	1:23:26					01:23:26					1:25:04		
Adolfsen, Noah	OSLO	1	1:24:11					01:24:11							
Adomaitis, Darius		1	1:20:35										1:20:35		
Agersborg-Sandøy, Line	Sarpsborg	2	1:35:07	01:43:06					01:35:07						
Agerup, Stina		1	1:37:29									1:37:29			
Agnalt, Jan Morten	Sarpsborg	1	1:42:26			01:42:26									
Agnalt, Magne	A&H AS	1	1:14:20				01:14:20								
Agnalt, Sigrid Helene		2	1:38:32			01:42:26								1:38:32	
Aguillaume, Regis	TRENINGSCAMP	1	1:29:51												1:29:51
Ahlsen, Ida Kristine	Hafslundsøy	2	1:31:31	01:31:31	01:33:34										
Aigård, Anders		1	1:38:36									1:38:36			
Akre, Anne-Mette	FRESENIUS KABITRACK BIL	1	1:39:15									1:39:15			
Akre, Lars Erling	SELLEBAKK	1	1:21:36					01:21:36							
Akselsen, Andreas	JACKON	2	1:11:24								1:13:12		1:11:24		
Akselsen, Cathrine	Halden Pharma AS	1	1:36:05	01:36:05											
Akselsen, Charlotte	Borgenhaugen	1	1:35:53	01:35:53											
Akselsen, Even	1739 Borgenhaugen	1	1:33:47	01:33:47											
Akselsen, Marie	Oslo	1	1:19:37	01:19:37											
Akselsen, Terje	Halden Pharma AS	1	1:33:33	01:33:33											
Albeck, Ingrid Louise	Høvik	1	1:47:36	01:47:36											
Aleksandersen, David		1	1:25:11											1:25:11	
Alexandersen, Håvar	Oslo	1	1:15:48		01:15:48										
Alexandersen, Markus W.	Råde	3	1:17:11	01:55:29	01:17:11	01:22:01									
Alexandersen, Sandra Louise	Manstad	1	1:27:24			01:27:24									
Alexandersen, Stine	Fredrikstad Skiklubb	3	1:25:01	01:25:01	01:25:50	01:30:42									
Alexandersen, Tom	LANGHUS	1	1:27:52						01:27:52						
Alexandersen, Tonje	LANGHUS	1	1:35:58						01:35:58						
Alfei Martinsen, Arne	TEAM MARTINSEN	1	1:31:40								1:31:40				
Alfredsen, Tonje	Lillehammer	1	1:40:15		01:40:15										
Alfredsen, Ulrik	Gamle Fredrikstad	1	1:23:31		01:23:31										
Alim, Richard	SOON CK	1	1:23:54											1:23:54	
Alme, Yvonne	Feriegjengen	1	1:39:19		01:39:19										
Alnes, Mona	Oppegård IL	1	1:40:56						01:40:56						
Alnæs, Tom Christian	-	2	1:27:24											1:27:24	1:35:08
Alvestad, Martin	Sarpsborg	1	1:26:35	01:26:35											

Glommaløpet 10 miles individuelt
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Ambjørnsen, Truls Martin	RT 27 FREDRIKSTAD	2	1:16:51									1:16:51	1:18:11		
Ammerud, Karin	Moss	1	1:53:44	01:53:44											
Amundsen, Anders		1	1:34:45										1:34:45		
Amundsen, Anita	Tren Saltnes	1	1:26:26				01:26:26								
Amundsen, Cathrine		1	1:23:46								1:23:46				
Amundsen, Dennis	Klavestadhaugen	3	1:08:58	01:13:03			01:08:58	01:23:21							
Amundsen, Freddy	SEFA	1	1:15:43												1:15:43
Amundsen, Frode	IL EXPRESS	1	1:06:24							01:06:24					
Amundsen, Joakim		1	1:10:10								1:10:10				
Amundsen, Magnus	Fredrikstad	2	1:20:36	01:20:36	01:25:07										
Amundsen, Marte		1	1:18:35												1:18:35
Amundsen, Simen	KVERNHUSET BIL	2	1:04:58								1:04:58	1:04:58			
Amundsen, Svein	EIDANGER IL	1	1:13:11								1:13:11				
Amundsen, Thor-Anders	Rolvsøy	1	1:15:13				01:15:13								
Andersen, Anders Harald	TORP	2	1:02:51					01:02:51	01:15:33						
Andersen, Anette	Gamle Fredrikstad	2	1:30:09		01:32:11	01:30:09									
Andersen, Anne Marie		1	1:35:13										1:35:13		
Andersen, Audun		1	1:20:34											1:20:34	
Andersen, Camilla	Run Again	1	1:52:22				01:52:22								
Andersen, Camilla Lervik	Manstad	2	1:27:46	01:27:46		01:28:51									
Andersen, Cathrine	Tistedal	2	1:46:02		01:46:02	01:48:33									
Andersen, Cathrine	Oslo	2	1:27:11	01:40:25	01:27:11										
Andersen, Christian	Romerike Ultraløperklubb	2	1:11:16		01:11:28		01:11:16								
Andersen, Dagny Marie	Degernes	1	1:39:27			01:39:27									
Andersen, Eivind Michalsen	GRESSVIK	1	1:25:10					01:25:10							
Andersen, Emil	Hevingen IL	2	1:04:37	01:04:37		01:08:34									
Andersen, Emilie	Borgenhaugen	2	2:09:21	02:18:48	02:09:21										
Andersen, Espen	BORGENHAUGEN	1	1:20:46						01:20:46						
Andersen, Fabian Robertino	Rolvsøy	1	1:30:29	01:30:29											
Andersen, Finn Atle	Oppegård	1	1:11:35		01:11:35										
Andersen, Fredrik	NORTIC	2	1:23:08							01:24:44		1:23:08			
Andersen, Fredrik	Sellebakk	1	1:42:30	01:42:30											
Andersen, Fredrik Varem	Gressvik	2	1:18:55	01:18:55	01:22:03										
Andersen, Frits Atle	FORSVARET	1	1:20:47											1:20:47	
Andersen, Frode		3	1:14:48								1:14:48	1:17:48	1:24:38		
Andersen, Frode		2	1:44:39									1:44:39		1:45:07	
Andersen, Halvor	I.L Borgar	2	1:00:54	01:00:54			01:07:23								
Andersen, Helene Snilsberg	Brynild Gruppen Bil	1	1:26:24						01:26:24						
Andersen, Hilde-Marie		1	1:23:12										1:23:12		
Andersen, Håvard		1	1:36:08											1:36:08	
Andersen, Jorunn	Yven	1	1:35:24		01:35:24										

Glommaløpet 10 miles individuelt
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Andersen, Jørgen	Rolvsøy	3	1:11:11				01:45:04				1:11:11	1:37:26			
Andersen, Jørgen Berg	Sandefjord Løpeklubb - Dammen 1182	1	1:09:57			01:09:57									
Andersen, Kjersti Gram	SKIMILAJOGGEN	3	1:29:37						01:32:44	01:44:48				1:29:37	
Andersen, Knut Viggo	Fredrikstad IF	2	1:07:18									1:08:06	1:07:18		
Andersen, Kristin	OSLO	2	1:17:55				01:17:55	01:19:06							
Andersen, Kristine	Yven	1	1:51:03	01:51:03											
Andersen, Kristine Mossikhuset	Gressvik	1	1:56:26		01:56:26										
Andersen, Lars Petter	SARPSBORG BILSENTER A/S	1	1:30:38							01:30:38					
Andersen, Lars Vincent	Team Jobzone BI	1	1:01:19						01:01:19						
Andersen, Lene Margarete		1	1:40:21										1:40:21		
Andersen, Magnus Cato	Fredrikstad IF	2	0:59:51						00:59:51	01:05:12					
Andersen, Maja	Kråkerøy	1	1:17:40	01:17:40											
Andersen, Marcus	OPPEGÅRD IL SKIGRUPPEN	1	1:22:51									1:22:51			
Andersen, Maren	Oslo	1	1:20:05			01:20:05									
Andersen, Maria		2	1:23:18									1:31:57	1:23:18		
Andersen, Marthe Sofie	Oslo	1	1:33:37		01:33:37										
Andersen, Martin Winsvold		1	1:25:48								1:25:48				
Andersen, Mats Hjemmen	SKI	1	1:36:11		01:36:11										
Andersen, Mats Olav	Gamle Fredrikstad	1	1:23:01		01:23:01										
Andersen, May Britt		1	1:41:46										1:41:46		
Andersen, Mayna		1	1:45:48												1:45:48
Andersen, Mette Dahle	TEAM SMILEY	2	1:24:46								1:24:46	1:26:51			
Andersen, Mette Kristine	Mysen	1	1:54:04		01:54:04										
Andersen, Mona Kristine	Langhusløperne	1	1:46:57			01:46:57									
Andersen, Monica	Gressvik	1	1:42:42			01:42:42									
Andersen, Ole Christian		1	1:15:07									1:15:07			
Andersen, Ole Christian		1	1:15:50									1:15:50			
Andersen, Ole Christian		1	1:11:02								1:11:02				
Andersen, Ole Petter	MOSSJONISTENE	1	1:51:43											1:51:43	
Andersen, Ole-Henrik	Sarpsborg Idrettsråd	4	1:32:30	01:43:14							1:32:30	1:40:47		1:35:42	
Andersen, Peter Skjødt	Sellebakk	2	1:34:20		01:37:55	01:34:20									
Andersen, Petter		2	1:22:34									1:25:43	1:22:34		
Andersen, Petter Bogetveit	Grålum	1	1:54:12	01:54:12											
Andersen, Pål Cato	Bane NOR	1	1:08:43			01:08:43									
Andersen, Rasmus		1	1:45:03											1:45:03	
Andersen, Raymond	Spydeberg	3	1:19:16	01:19:16		01:32:12	01:21:33								
Andersen, Richard	Team Tunge Steg	3	1:16:19	01:16:19	01:19:01	01:50:14									
Andersen, Silje Kristin	Halden	2	1:30:31		01:30:31	01:32:11									
Andersen, Stine Michalsen	Gressvik	2	1:50:47		01:55:23	01:50:47									
Andersen, Susanne	GAMLE FREDRIKSTAD	1	2:20:36					02:20:36							
Andersen, Terje	SARPSBORG ARBEIDERBLAD	1	1:37:37									1:37:37			

Glommaløpet 10 miles individuelt
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Andersen, Thomas	Engelsviken	6	1:04:15	01:07:34	01:06:45	01:06:21		01:04:15	01:07:13					1:09:30	
Andersen, Thomas	Fredrikstad	1	1:25:52	01:25:52											
Andersen, Thomas Paul	Ynwa	1	1:13:13		01:13:13										
Andersen, Tine	Tistedal	1	1:49:11	01:49:11											
Andersen, Tommy	Fredrikstad	1	1:05:31				01:05:31								
Andersen, Wibeke	AKTIV MOT KREFT	1	1:46:15							01:46:15					
Andersen, Øystein		1	1:22:42										1:22:42		
Anderson, Eva	Oslo	1	1:39:09			01:39:09									
Andersrød, Arnt		5	1:12:39							01:24:11	1:15:18	1:14:38	1:12:39	1:19:50	
Andersrød, Odd Arne		1	1:59:53												1:59:53
Andersson, Hans Erik	RSA Bil Sarpsborg	1	2:05:51	02:05:51											
Andersson, Henning	Trondheim Triatlonklubb / Norconsult	1	1:03:03			01:03:03									
Andersson, Thomas	Oslo	1	1:31:38			01:31:38									
Andrassen, Renate		1	2:38:55							02:38:55					
Andreassen, David	Halden løpeklubb	1	1:09:13		01:09:13										
Andreassen, Jørgen	Markedspartner	1	1:27:52						01:27:52						
Andreassen, Kjell	Østbygda Løpegruppe	2	1:55:47				01:56:46	01:55:47							
Andreassen, Kristine	Sarpsborg	1	1:41:59	01:41:59											
Andreassen, Mette		1	1:20:59										1:20:59		
Andreassen, Per Øivind	GAMLE FREDRIKSTAD	1	1:14:13					01:14:13							
Andrén, Jacob	KRÅKERØY	1	1:53:31					01:53:31							
Andresen Lorentzen, Andreas	Kronos Titan	1	1:44:38		01:44:38										
Andresen, Atle	KF ENTREPRENØR AS	2	1:24:50							02:15:03		1:24:50			
Andresen, Carina		1	1:48:28							01:48:28					
Andresen, Jens	Sellebakk	2	1:47:31	01:53:35	01:47:31										
Andresen, Jon Vegard	SON	1	1:35:48			01:35:48									
Andresen, Jonas Wolff	Oslo	1	1:19:12			01:19:12									
Andresen, Jørgen	Sarpsborg	1	1:12:28		01:12:28										
Andresen, Kai Henrik	Kronos Titan	1	1:36:54		01:36:54										
Andresen, Magnus	Gressvik	1	1:53:05	01:53:05											
Andresen, Stig	Fredrikstad IF / Smart Energi AS	8	1:11:22	01:23:42	01:19:49	01:26:41		01:22:05		01:20:18		1:14:08	1:11:22	1:13:59	
Andresen, Terje	SARPSBORG ARBEIDERBLAD	3	1:36:32								1:37:17		1:36:32	1:48:41	
Andresen, Thea	Team Slow-Mo	1	1:32:32		01:32:32										
Andresen, Thomas	Fredrikstad Triatlonklubb	5	1:08:05				01:08:05	01:14:59	01:10:01			1:11:45		1:08:13	
Andresen, Victoria	Tjøme Løpeklubb	1	1:30:38		01:30:38										
Andresen, Viktor	Fredrikstad IF / Runnershei	2	1:02:03	01:02:03				01:09:43							
Andresen, Ørnulf	Gressvik	1	1:18:46		01:18:46										
Andresen, Øystein Jurgen	Gamle Fredrikstad	5	1:27:20		01:52:49					01:50:36	1:32:13	1:45:21	1:27:20		
Anfinsen, Wenche	FREDRIKSTAD SKIKLUBB	1	1:25:07											1:25:07	
Angell-Pettersen, Stine	Skjeberg	1	1:43:48				01:43:48								
Angelskår, Steinar	Fredrikstad IF	3	1:20:05						01:22:23	01:20:05		1:23:19			
Angeltveit, Lise		1	1:30:59								1:30:59				

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Anstensrud, Eugen	Skiptvet	2	1:11:05			01:11:05	01:15:16								
Anthony, Kevin	Skiptvet	1	1:13:16			01:13:16									
Antonsen, Gjermund	Råde	4	1:30:44	01:39:22	01:30:44	01:37:06			01:41:59						
Antonsen, Kenneth	Rye Sp.Kl. / Hey'di AS	1	1:19:40						01:19:40						
Antonsen, Knut Jørgen	Gressvik	3	1:22:24	01:22:46	01:22:24		01:26:48								
Antonsen, Marianne	Gressvik	2	1:29:29	01:33:52			01:29:29								
Antonsen, Ole Kristian	Greåker	1	1:19:07		01:19:07										
Antonsen, Olivia Sveum Friise	Gamle Fredrikstad	1	2:01:06	02:01:06											
Antonsen, Ove Thomas	Gressvik	1	1:35:16	01:35:16											
Antonsen, Thomas	Grålum	2	1:06:47	01:08:50	01:06:47										
Appelgren, Kaja Rikheim	TEAM FRL	1	1:15:04								1:15:04				
Aquino, Daniel	Borgenhaugen	1	1:56:21	01:56:21											
Araya, Valeria	Oslo	3	1:49:26		01:58:24	01:49:26	01:57:50								
Arnbo, Kate	Gressvik	3	1:31:31	01:38:36	01:31:31		01:35:24								
Arnesen, Allan	Fredrikstad	1	1:24:28	01:24:28											
Arnesen, Amanda	Gamle Fredrikstad	1	1:39:10	01:39:10											
Arnesen, Anne Caroline	Rolvsøy	1	2:17:28	02:17:28											
Arnesen, Camilla Opstad	Yven IF	5	1:16:59				01:16:59		01:41:59	01:21:54	1:17:18		1:27:42		
Arnesen, Hege	Moss	1	1:52:49	01:52:49											
Arnesen, Helén	Sans Senja	1	1:26:32						01:26:32						
Arnesen, Jan Morten		1	1:38:33											1:38:33	
Arnesen, Jon Oddvar	Gamle Fredrikstad	2	1:07:58				01:07:58			01:08:24					
Arnesen, Jon Vidar	Fredrikstad	2	1:25:47	01:27:42	01:25:47										
Arnesen, Jostein	BRAATHE GRUPPEN	1	1:20:13								1:20:13				
Arnesen, Leif Gunnar	Sans Senja	1	1:14:10						01:14:10						
Arnesen, Mads	FREDRIKSTAD SKIKLUBB	2	1:04:25								1:04:25	1:09:14			
Arnesen, Magnus	ROLVSØY VEKTLØFTERKLUBB	2	1:19:36								1:19:36		1:24:49		
Arnesen, Marius Fausken	Slitusprinterne	1	1:12:52		01:12:52										
Arnesen, Mats	Moss	2	1:38:13	01:44:12	01:38:13										
Arnesen, Monica	Rolvsøy	2	1:33:59		01:35:28				01:33:59						
Arnesen, Niklas	Stabekk	1	1:28:08	01:28:08											
Arnesen, Nora Johanne Aadland	Lysaker	1	1:34:02	01:34:02											
Arnesen, Oscar	Sponvika	1	1:34:56	01:34:56											
Arnesen, Philip	Sarpsborg	1	1:14:38	01:14:38											
Arnesen, Thor		1	1:28:23										1:28:23		
Arnesen, Thor Ingvar	Rolvsøy	1	1:45:30	01:45:30											
Arnesen, Vanja	Klavestadhaugen	2	1:36:20			01:52:16					1:36:20				
Arntsen, Emil	Rolvsøy	1	1:35:12	01:35:12											
Arntsen, Ketil	CK ØST	1	1:15:20							01:15:20					
Arntzen, Morten Moberg	KONGSTEN IF	2	1:15:52										1:15:52	1:29:20	
Arvesen, Marthe	JAR	1	1:36:10		01:36:10										
Arvesen, Nora	Engelsviken	1	1:34:31	01:34:31											
Asbjørnsen, Ann-Kristin Skjelle	Grålum	3	1:43:21		01:43:21				01:48:04		2:00:00				

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Asbjørnsen, Jonatan		2	1:27:44							01:49:25	1:27:44				
Askautrud, Kristoffer	Moss IL	1	1:04:01		01:04:01										
Askeli, Anders	Manstad	1	1:12:04	01:12:04											
Asklien, Jonas	Yven	1	1:29:28			01:29:28									
Asklien, Marit S.		1	1:29:11										1:29:11		
Aspelund, Hilde	SKYTTERHUSET T.L.	1	1:47:25									1:47:25			
Asprem, Bjørn Ove		2	1:20:15									1:20:19	1:20:15		
Aster, Bente	RIKSKONSERTENE	1	1:23:00									1:23:00			
Aube Damsleth, Harald	ZENITH SURVEY	1	1:23:02									1:23:02			
Aubell, Helene		1	1:36:05										1:36:05		
Auberg, Anders		1	2:01:51											2:01:51	
Auberg, Tone		1	2:01:52											2:01:52	
Auflemvikjonassen, Ingvild	Eidsvoll	1	1:37:57		01:37:57										
Augustin, Geir	Gamle Fredrikstad	2	1:41:57	01:48:37	01:41:57										
Augustin, Ida	Gressvik	3	1:16:09				01:16:09	01:18:41	01:24:59						
Augustin, Vidar	TEAM AUGUSTIN	4	1:20:22							01:28:34		1:27:05	1:20:22		1:24:49
Aulie, Fredrik	Østfold Energi	4	1:08:18	01:11:07	01:08:18	01:09:39	01:10:35								
Aurdal, Ingvild	Fetsund	1	1:12:36				01:12:36								
Aurebekk, Ingvild	FSK / DØLASLETTA IL	4	1:13:40									1:19:23	1:13:40	1:15:05	1:17:32
Aurebekk, Lars	FREDRIKSTAD SKIKLUBB	4	1:02:07								1:05:40	1:06:45	1:02:07	1:02:38	
Austbø, Sven Ove		1	1:21:11										1:21:11		
Austerheim, Øystein	Saugbrugs «I Bedre Form»	1	1:05:21						01:05:21						
Austvik, Gry	Sarpsborg	1	1:34:32			01:34:32									
Authen, Jonas Frydenlund	Halden	1	1:03:23	01:03:23											
Axford, Chris	KRÅKERØY	1	1:26:00						01:26:00						
Axner Ims, Gunvald	Nykirke IF	1	1:20:05			01:20:05									
Ax-Olsen, Christer	Gimle IF	1	1:03:46				01:03:46								
B. Jensen, Thomas	FREDRIKSTAD	1	2:21:19						02:21:19						
Bacari, Cass		1	1:44:07											1:44:07	
Bach, Pål Gjermund	Tistedal	2	1:18:16		01:18:16			01:25:36							
Bain, Magnus	MOSS	1	1:26:23						01:26:23						
Bakke Pedersen, Jørgen	GRÅLUM	1	1:29:18					01:29:18							
Bakke, Bente		1	1:51:55											1:51:55	
Bakke, Mona		1	1:56:38											1:56:38	
Bakke, Morten	BAKKE RANGERS	1	1:56:38											1:56:38	
Bakke, Silje Victoria	Sarpsborg	2	1:19:05	01:20:41	01:19:05										
Bakke, Siri	Moss	2	1:38:23			01:48:39								1:38:23	
Bakke, Trude Bræin	Skiløperne	1	1:32:19			01:32:19									
Bakkehaugen, Marcus	Olsvik	1	1:45:10	01:45:10											
Bakkehaugen, Mathias	Jevnaker	1	1:25:15	01:25:15											
Bakken, Henning	Kråkerøy	1	1:44:59	01:44:59											
Bakken, Jon Sindre		1	1:30:27											1:30:27	
Bakken, Kent Gøran		1	1:15:25											1:15:25	
Bakken, Ruben	KLAVESTADHAUGEN	1	1:30:32					01:30:32							

Glommaløpet 10 miles individuelt
Historikk

Bakken, Vibeke	Oslo	1	1:24:35			01:24:35									
Bakkeng, Camilla Lynne	Sofiemyr	3	1:28:51		01:35:35						1:28:51	1:31:09			
Bakkeng, Oscar	Oslo	1	1:24:38		01:24:38										
Bakkeng, Sarah	Sofiemyr	1	1:53:56		01:53:56										
Bakkenget, Silje Victoria	Sarpsborg	1	2:00:41			02:00:41									
Bakker, Alexander Huser		1	1:34:42							01:34:42					
Bakker, Robin	SSK Skjetten Tri	2	1:08:01						01:08:01	01:09:15					
Bakkerud, Siv		1	1:42:21												1:42:21
Bakkevik, Anette	SPENST SKJEBERGSENTERET	1	1:41:04											1:41:04	
Bakli, Gjermund	Halden	1	1:10:22	01:10:22											
Balchen, Andreas	Fredrikstad	1	1:35:09		01:35:09										
Balchen, Jon		1	1:23:53							01:23:53					
Balchen, Jon Andreas		3	1:15:22						01:17:12		1:15:22	1:33:05			
Ballangby, Jarle	Oslo	1	1:33:03		01:33:03										
Ballangby, Terje	Axia IF	7	1:28:29	01:46:50	01:29:36	01:36:54	01:48:12			01:48:38	1:28:29	1:36:13			
Ballovarre, Kim-Erik	HVALER KOMMUNE	2	1:32:23								1:32:23			1:41:25	
Baltzersen, Lena	Gamle Fredrikstad	1	1:42:42				01:42:42								
Baltzersen, Martin Angeltveit	Kondis	1	1:15:01					01:15:01							
Bamrud, Arne	SARPSBORG WHISKY SYMPOSIUM	2	1:12:42											1:12:42	1:14:30
Bang-Jacobsen, Sander	TORP	1	1:24:41						01:24:41						
Bankerud, Mina Ebrahimi	Oslo	1	1:09:19	01:09:19											
Barbulla, Charlotte	Soonløp	1	1:24:57						01:24:57						
Barmen, Andreas	Leif Grimsrud AS	1	1:23:02	01:23:02											
Barmen, Elisabet	Rygge	1	1:53:35	01:53:35											
Barstad, Christian		1	1:24:33								1:24:33				
Barstad, Ida Cecilie		1	1:22:21							01:22:21					
Barstad, Stian		2	1:27:45								1:27:45	1:33:37			
Barstad, Stig	FREDRIKSTAD	1	1:37:04						01:37:04						
Bartholdsen, Eva Christin	Fredrikstad	1	1:55:59	01:55:59											
Basberg, Steinar	Fredrikstad IF	3	1:10:08									1:11:52	1:10:08		1:11:35
Bausovac, Sasa		4	1:16:27				01:16:27	01:18:09	01:23:08		1:25:09				
Baustad, Alexander	Romerike Ultraløperklubb	3	1:08:36					01:08:36	01:22:34	01:33:56					
Bech, Camilla	Fredrikstad	2	1:21:55	01:31:23		01:21:55									
Becirovic, Ena	Grålum	1	1:13:38		01:13:38										
Beck, Katharina	Gamle Fredrikstad	1	1:30:39	01:30:39											
Becken, Heidi	Kråkerøy	1	1:37:27			01:37:27									
Becken, Sarah	Kråkerøy	2	1:17:35	01:17:35		01:25:41									
Becker, Cathrine	Oslo	2	1:17:41		01:17:41							1:40:03			
Been, Anne	Moss	3	1:13:08		01:15:01	01:22:39								1:13:08	
Beiermann, Amalie	Borgenhaugen	1	2:10:13	02:10:13											
Bekkelien, Mari		1	1:45:17								1:45:17				
Bekkelund, Atle	Moss	3	1:20:03			01:26:29	01:20:03	01:25:34							
Bekkevang, Julie	Rolvsøy	1	1:42:21		01:42:21										
Bekkevold, Cecilie	Manstad	1	1:45:02		01:45:02										

Glommaløpet 10 miles individuelt
Historikk

Bekkevold, Marius	Halden CK	1	1:18:11		01:18:11										
Bekkstrand, Rolf Henrik		1	1:03:57								1:03:57				
Belbrut, Anna	NLA BIL	1	2:01:12	02:01:12											
Belck-Olsen, Dag Ivar	SKI	1	1:27:55				01:27:55								
Bellmann, Linda		1	1:47:00												1:47:00
Bellmann, Ronnie		1	1:31:19												1:31:19
Belstad, Marius	Onsøy Runners	3	1:21:34			01:22:17		01:21:34				1:24:40			
Benamira, Brahim	Strømmen	1	2:21:36		02:21:36										
Benamira, Michaela	Lyse Tele	1	2:21:36		02:21:36										
Benammar, Amine	Kråkerøy	1	2:02:02		02:02:02										
Benco, Paul	HOVEDSTADSKAMERATENE	1	1:14:38									1:14:38			
Bendiksby, Axel		1	1:06:32										1:06:32		
Benediktsdottir, Agnes	Team Sportsmanden	4	1:14:45			01:23:28			01:27:47	01:39:29			1:14:45		
Bengtsson, Monica		1	2:05:16												2:05:16
Bennetsen, Jesper	Ski	5	1:16:20			01:21:07	01:20:50	01:21:07	01:16:20		1:21:03				
Bentsen, Marit		1	2:08:35								2:08:35				
Bentsen, Simon	Manstad	1	1:09:07	01:09:07											
Bentzen, Oda		1	1:38:22								1:38:22				
Benza, Milan	Oslo	1	1:20:43	01:20:43											
Berg Hamre, Signe	Fredrikstad IF	4	1:21:22	01:25:44	01:24:54	01:25:53	01:21:22								
Berg, Andreas		1	1:36:13										1:36:13		
Berg, Caroline Elise	Torp	1	1:50:07			01:50:07									
Berg, Christian	Porsgrunn	4	1:08:43			01:24:10	01:14:50		01:08:43	01:30:46					
Berg, Christine K	Rygge IL	3	1:22:27		01:27:36						1:22:27	1:29:22			
Berg, Emanuel	Team Gospel	5	1:15:44	01:19:20	01:17:22	01:19:21	01:28:44		01:15:44						
Berg, Erik	Sellebakk	1	1:14:39		01:14:39										
Berg, Guro Elise	SARPSBORG	1	1:58:09						01:58:09						
Berg, Heidi		2	1:28:15						01:28:15	01:41:19					
Berg, Heidi Strømnes		3	1:26:33								1:26:33	1:28:31	1:29:45		
Berg, Helle Baltzersen	Sandefjord Løpeklubb - Dammen 1182	1	1:33:16			01:33:16									
Berg, Herman	TORP FOTBALLKLUBB	1	1:15:58									1:15:58			
Berg, Jon	HANSA BORG	1	1:31:37											1:31:37	
Berg, Kai	Goodtech	5	1:10:23	01:19:07		01:10:23	01:11:32	01:12:17		01:12:55					
Berg, Magnus	VISMA BIL	1	1:58:45							01:58:45					
Berg, Matthew	Hafslundsøy	1	1:27:23		01:27:23										
Berg, Pål	Sarpsborg	1	1:25:05	01:25:05											
Berg, Robin	Rolvsøy	2	1:20:36	01:26:53								1:20:36			
Berg, Roger	TARGET BIL	2	1:35:36							01:45:15				1:35:36	
Berg, Ronny	Engelsviken	2	1:47:54				01:53:25							1:47:54	
Berg, Solfrid	Gamle Fredrikstad	1	1:59:43		01:59:43										
Berg, Stein Roger	Kråkerøy	1	1:26:00						01:26:00						
Berg, Terje	SALENKIRKEN HALDEN	3	1:32:18									1:32:18	1:32:59	1:54:31	
Berg, Thomas	Gressvik	4	1:21:53	01:26:39	01:24:51				01:21:53	01:31:30					
Bergan, Jonas	Moss	1	1:02:43	01:02:43											

Glommaløpet 10 miles individuelt
Historikk

Bergan, Lillian	Lillian Bergan	1	1:39:15		01:39:15										
Bergby, Dag Henrik	AKTIV FOR EPILEPSI	1	1:48:49							01:48:49					
Berge Johansson, Ingjerd	KURLAND SKOLE AVD. REGNBUEN	1	1:51:28											1:51:28	
Berge, Nils Harald	Kråkerøy	2	1:32:46	01:49:45	01:32:46										
Berge, Nina Borovski		2	1:32:44									1:35:26	1:32:44		
Berge, Olav Sverre	Frederik II vgs	1	1:14:01				01:14:01								
Bergem, Håkon	Oslo	2	1:27:58	01:29:00	01:27:58										
Bergene, Sondre	Team Tjukkas	2	1:28:20	01:34:20	01:28:20										
Berger, Bjørn	KNAPSTAD	1	1:38:02					01:38:02							
Berger, Helene	Hernes	1	1:20:33			01:20:33									
Berger, Line	STOREMYR IL	2	1:29:45									1:36:33	1:29:45		
Berger, Sander	Kjeksløperne	1	1:00:32	01:00:32											
Berger, Tor-Einar	Idd Sportsklubb	1	1:31:55	01:31:55											
Bergerud Helfredsen, Eline	Kråkerøy	1	2:03:46	02:03:46											
Bergerud, Ole-Kristian	BERGERUD RUNNERS	2	1:19:44							01:19:44	1:20:49				
Berget, Eirik	Fredrikstad	3	1:01:34			01:03:55	01:01:34	01:02:49							
Berget, Håvard	MULTICONSULT	2	1:01:16								1:01:28	1:01:16			
Bergland, Roger	Hærland	1	1:21:36	01:21:36											
Bergli, Anniken	SKJEBERG	2	1:37:49					01:46:35				1:37:49			
Bergli, Morten	Unger Fabrikker	5	1:07:29		01:18:08						1:07:29		1:23:46	1:21:49	1:24:29
Berglund, Arvid Johan	Team Lyngen	1	1:31:28			01:31:28									
Berglund, Marco	Fredrikstad	1	1:12:38		01:12:38										
Bergseth, Marte Løvdal	Skjeberg	1	2:02:14	02:02:14											
Bergsland, Andreas	Trøsken IL / Team Swenor	2	0:55:05			00:55:05					0:58:46				
Bergsland, Eirik	VARTEIG IL	1	1:11:13								1:11:13				
Bergsland, Marte Sletten	Fredrikstad Skiklubb	6	1:24:20	01:26:40				01:24:20	01:29:10	01:43:56	1:28:20	1:35:19			
Bergsletten, Vibeke	Romerike Ultraløperklubb	1	2:21:29				02:21:29								
Bergsnev, Ørjan	LAKSELV	1	1:22:40						01:22:40						
Bergstrøm, Stian	Kråkerøy	1	1:34:46	01:34:46											
Bergstrøm, Tina	Fredrikstad IF	8	1:19:39	01:25:24	01:22:57		01:22:54	01:24:49	01:21:21	01:22:17	1:19:39	1:22:36			
Bergum, Cathrine	JELØY FYSIOTERAPI	1	1:27:21												1:27:21
Bergum, Svein	MOSS CK / EUROPRIS	2	1:16:47											1:16:47	1:19:47
Berg-Øverby, Martin	Manstad	2	1:15:49		01:15:49		01:20:05								
Berhelsen, Ida	OSLO IDRETTSLAG	1	1:26:09									1:26:09			
Berntsen, Andreas	Fredrikstad	1	1:17:48		01:17:48										
Berntsen, Bernt Kristian	Gressvik	2	1:22:46		01:23:54	01:22:46									
Berntsen, Tore	Fredrikstad Skiklubb	4	1:23:12				01:35:43		01:30:52		1:23:12	1:29:08			
Berntzen, Catharina		1	1:48:33										1:48:33		
Berntzen, Rune		4	1:13:28						01:27:05		1:13:28	1:16:02	1:17:57		
Berntzen, Simen	Kråkerøy	2	1:22:31			01:26:10		01:22:31							
Berthelsen, Gunnar	Lyn Ski	10	1:07:43	01:14:24	01:11:47	01:13:38	01:09:29	01:12:46	01:09:40		1:07:43	1:08:23		1:07:43	1:10:19
Berthelsen, Ida	OSLO IDRETTSLAG	1	1:16:39								1:16:39				
Berthelsen, Katarina	NTNU. MARINTEKNIKK LØPEKLUBB	1	1:17:37								1:17:37				
Berthelsen, Maiken	Oslo	1	1:06:04			01:06:04									

Glommaløpet 10 miles individuelt
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Bertheussen, Kim	Kristiansand S	2	0:58:21				00:58:21					1:09:17			
Bertheussen, Øystein	Manstad	8	1:00:23	01:00:58	01:00:23	01:04:24	01:00:59	01:02:08				1:06:03	1:06:38	1:10:27	
Bibas, Antonios	Kråkerøy	1	1:11:03	01:11:03											
Bielov, Yurii	Sarpsborg	1	1:41:08	01:41:08											
Bigum, Ann-Kristin	Halden Pharma BIL / Halden Løpeklubb	3	1:27:54	01:35:49		01:35:55			01:27:54						
Bigum, Per Ivar	Gimle IF	2	1:12:35			01:12:35			01:21:17						
Bilsbak Hågensen, Ragnhild	Moss	1	1:59:34	01:59:34											
Bingen, Martine	Moss	1	2:09:51	02:09:51											
Birkeland, Andreas	Pæddekommen Elite A-Lag	2	1:19:18		01:36:52		01:19:18								
Birkeland, Henriette	Oslo	1	1:22:04			01:22:04									
Birkeland, Marius	Grålum	2	1:36:53	01:46:01	01:36:53										
Birkeland, Silje Lunde	Grålum	1	1:28:14		01:28:14										
Birkeland, Susanne		1	1:43:58											1:43:58	
Birkely, Daniel	Kolbotn	1	1:18:36	01:18:36											
Birkely, Marius	Kolbotn IL	2	1:15:04	01:15:04	01:22:24										
Birkely, Tanja	Kolbotn IL	3	1:45:10	01:47:08	01:50:31	01:45:10									
Bishop, Jamie	Sarpsborg	1	1:34:13		01:34:13										
Bjercke, Jørn Anders	JCB HAGE OG GRØNTAREALER AS	3	1:22:30						01:27:36				1:23:24	1:22:30	
Bjercke, Jørn Cato	JCB HAGE OG GRØNTAREALER AS	4	1:47:30							01:54:16		1:49:48	1:47:30	1:50:26	
Bjercke-Bjørnstad, Sigve	Sarpsborg IL	1	1:19:15				01:19:15								
Bjerk, May	Gamle Fredrikstad	1	1:47:32	01:47:32											
Bjerk, Trond	Bjerken	6	1:18:36	01:28:09	01:31:54			01:29:45		01:32:54	1:18:36	1:24:36			
Bjerke, Hildegunn	ÅS	2	1:43:37		01:44:02	01:43:37									
Bjerke, Karl Oskar Lie	Gressvik	1	2:10:04	02:10:04											
Bjerke, Roar	Brødrene Dahl	2	1:22:24		01:22:24	01:28:47									
Bjerke, Roar	Br. Dahl AS	1	1:31:58	01:31:58											
Bjerke, Thomas	Lillehammer	2	1:26:35			01:26:35	01:26:42								
Bjerkehagen, Bill	Løpekameratene	7	1:18:45	01:20:13	01:18:45	01:25:09			01:21:44		1:23:00	1:23:52	1:27:15		
Bjerkely-Fields, Tommeline	Kråkerøy	3	1:15:54		01:15:54	01:19:07		01:22:33							
Bjerkenes, Birgitte		2	1:13:40						01:13:40				1:20:41		
Bjerketvedt, Kristian	Sarpsborg	3	1:29:01	01:34:54	01:29:01	01:33:04									
Bjerkholt, Linda		1	1:35:44										1:35:44		
Bjerknes, Linnea	GJENSIDIGE SPORT ØST	1	1:32:30									1:32:30			
Bjornstad, Frederik	BORN TO RUN	3	1:03:47									1:06:53	1:03:47		1:09:37
Bjur, Magnus	BUPP FREDRIKSTAD	2	1:06:53						01:09:55		1:06:53				
Bjurstrøm, Erik		1	1:19:35										1:19:35		
Bjærum, Roar		3	1:14:06						01:16:11				1:14:06	1:17:02	
Bjøralt, Marit	Rolvsøy	1	1:22:33	01:22:33											
Bjørge, Åge Kristian	Fredrikstad IF	1	1:20:44												1:20:44
Bjørgulfsen, Siri	HVALER BOOTCAMP	1	1:48:42							01:48:42					
Bjørke, Christian Nicolai	Halden Skiklubb	1	1:07:28				01:07:28								
Bjørke-Hill, Jon	HØGSKOLEN I ØSTFOLD BIL	4	1:10:17						01:18:46		1:10:44	1:12:19	1:10:17		
Bjørkenes, Espen	Drammen	4	1:20:48		01:30:56					01:20:48		1:25:05		1:25:32	
Bjørkli, Hallvard		2	1:09:26										1:09:26	1:13:36	

Glommaløpet 10 miles individuelt
Historikk

Bjørkli, Ragnhild		2	1:29:20									1:29:20	1:36:33		
Bjørklund, Andreas	Fredrikstad IF	2	1:10:15		01:10:15	01:24:15									
Bjørklund, Henrik	Gressvik	1	1:55:35	01:55:35											
Bjørkå, Remi		2	1:23:42									1:23:42	1:26:39		
Bjørland, Frode	Gressvik	7	1:04:58			01:05:23	01:04:58		01:05:50	01:10:23	1:06:59	1:09:33		1:19:43	
Bjørling, Trond		1	1:26:53										1:26:53		
Bjørndal, Torger	STOREMYR IL	2	1:22:05									1:36:33	1:22:05		
Bjørnebekk, Fredrik		2	1:16:39										1:16:39		1:40:31
Bjørnebekk, Stian		3	1:26:10							01:35:20			1:30:03	1:26:10	
Bjørnebekk-Waagen, Fredrik	FREDRIKSTAD TRIATHLONKLUBB	2	1:20:59								1:20:59	1:22:02			
Bjørnerud, Kari-Anne		1	1:24:02									1:24:02			
Bjørnland, Marit		1	1:55:38							01:55:38					
Bjørnland, Siri	SARPSBORG	1	1:27:48					01:27:48							
Bjørnnes, Jon Fredrik		1	1:55:05											1:55:05	
Bjørnstad, Andreas	FOSBY STILLAS AS	1	1:25:09								1:25:09				
Bjørnstad, Eva Marie	Rakkestad	2	1:41:57	01:41:57	01:48:02										
Bjørnstad, Geir		1	1:18:42										1:18:42		
Bjørnstad, Mari	Mmlk	1	1:49:12	01:49:12											
Bjørnstad, Morten	Yven	2	1:29:25		01:29:25								1:30:06		
Bjørnstad, Tor Gunnar		1	1:01:15											1:01:15	
Bjørnstad, Viggo	SARPSBORG IL	4	1:11:57									1:21:59	1:11:57	1:13:50	1:17:10
Bjørseth, Rune	NTL	2	1:17:19				01:17:59	01:17:19							
Bjørshol, Stian	Oslo	1	1:07:50		01:07:50										
Bjørsland, Anett	Yven	1	1:29:41	01:29:41											
Bjørsland, Marcus	Gamle Fredrikstad	1	1:25:40	01:25:40											
Bjørthun, Anja	Fredrikstad	1	1:29:26		01:29:26										
Bjaanes, Atle Rene	Rolvsøy	1	1:55:44			01:55:44									
Blegvad, Monica	Langhusløperne	1	1:47:28			01:47:28									
Blegvad, Nikolaj	Langhusløperne	1	1:29:10			01:29:10									
Blikstad-Løkkevik, Steven Henrik	Oslo	1	1:27:47		01:27:47										
Blindheim, Frank	Romerike Ultraløperklubb	1	1:02:03						01:02:03						
Blomkvist, Jan Edvin	Obos Østfold	5	1:20:31	01:32:36	01:30:36					01:27:20	1:20:31		1:20:38		
Blomkvist, Line	Gamle Fredrikstad	4	1:42:18	01:44:13					01:42:18	02:00:27	1:56:24				
Blomkvist, Thomas	Fredrikstad Skiklubb	2	1:24:20					01:35:04		01:24:20					
Blomqvist, Sara	Halden	1	1:35:50	01:35:50											
Blåhella, Gry	Friskis&Svettis	1	1:28:04		01:28:04										
Bogetveit, Karoline		4	1:30:02						01:34:02	01:47:53		1:42:34	1:30:02		
Bogstrand, Knut	Kondistreninga Gran	1	1:19:58				01:19:58								
Bojang, Sira	Oslo	1	1:28:35			01:28:35									
Bolin, Merete	Skiløperne/Team Sportsmanden/Langh	4	1:16:36			01:22:03			01:17:23				1:16:36	1:19:06	
Bondal, Tanja	Grålum	1	1:33:24	01:33:24											
Bones, Mari	Sarpsborg IL	1	1:10:42		01:10:42										
Bones, Rune	Yven	2	1:17:27			01:19:05					1:17:27				
Borch, Kaja	Klavestadhaugen	1	1:16:23		01:16:23										

Glommaløpet 10 miles individuelt
Historikk

Borchgrevink, Lise	SKILØPERNE	1	1:40:19											1:40:19	
Borg, Øystein	Team Egg	3	0:58:11						01:02:26		0:58:11	1:02:01			
Borge Hansen, Per Fredrik	DRAMMEN	1	1:15:10					01:15:10							
Borge, Atle	LYN REGNSKAP AS	2	1:33:50								1:39:20	1:33:50			
Borge, Camilla	Rolvsøy	4	1:37:10	01:37:10						01:50:41	1:37:41	1:48:11			
Borge, Håkon	ÅS IL	1	1:11:52							01:11:52					
Borge, Julie	Hafslundsøy	1	1:34:19	01:34:19											
Borge, Morten	Yven	2	1:06:59	01:13:23					01:06:59						
Borgen-Johansen, Brage Aleksander	Grålum	1	1:39:47			01:39:47									
Borgen-Johansen, Leah Louise	Grålum	1	1:34:38			01:34:38									
Borgen-Johansen, Lise	Robust Coaching	2	1:04:24					01:04:24			1:04:45				
Borger, Marius	Spydeberg IL	1	0:57:46	00:57:46											
Borger, Thomas	IMTECH	2	1:23:10										1:23:10	1:23:54	
Borgersen, Elin		2	1:47:19							01:54:38					1:47:19
Borgmo, Kjellrun		2	1:58:02									2:09:16	1:58:02		
Borgmo, Knut Gunnar		2	1:56:07									2:00:45	1:56:07		
Borlaug, Kristian	Oslo	1	1:31:23		01:31:23										
Bossum, Tor Erling	TEAM FYSIO	1	1:18:18											1:18:18	
Brandsdal, Linn-Kristin	OSLO	1	2:00:26					02:00:26							
Brastad, Ingrid	BØLER IF FRIIDRETT	1	1:26:40									1:26:40			
Brastad, Ole Kristian	Bøler IF	3	1:27:50				01:31:43	01:34:09				1:27:50			
Bratbakken, Anette	Hafslundsøy	1	1:35:16		01:35:16										
Bratli, Bjørn Erik	Gamle Fredrikstad	1	1:28:37		01:28:37										
Bratsberg, Vidar	Fredrikstad IF	3	1:14:33			01:20:24	01:14:33	01:17:00							
Bratsberg, Vidar Buer	Raskere enn Bettan	2	1:15:41						01:15:41	01:28:38					
Brattstrøm, Gøran	ASKIM IF	2	1:26:49								1:26:49	1:26:58			
Braut, Birgitte	Råde	3	1:34:18	01:34:18		01:39:24				01:35:44					
Breda, Thomas	Evidi Active	1	1:25:17		01:25:17										
Bredesen, Aurora	Fredrikstad	1	1:59:49	01:59:49											
Bredesen, Ivar Asbjørn	Oslo Handicapil.	2	1:22:00					01:31:50	01:22:00						
Bredesen, Jørn	Fredrikstad	1	1:59:37	01:59:37											
Bredesen, Sondre	Sparebank 1 Østfold-Akershus	5	1:12:20	01:12:20	01:13:25	01:13:08	01:15:56	01:22:05							
Bregård, Kjetil	UNDHEIM IL	1	1:03:43									1:03:43			
Breie, Åsmund	Østerås	4	1:01:51	01:02:57	01:01:51	01:04:13	01:14:08								
Brein, Erik	Engelsrud Slowjoggers	1	1:10:48		01:10:48										
Brekke Andersen, Cato	Kjedekollisjon	1	1:24:28						01:24:28						
Brenden, Helge Petter	Rygge IL	1	1:01:35						01:01:35						
Brenne, Jonsigurd	SARPSBORG IL	2	1:06:33							01:16:53	1:06:33				
Brenne, Martin		1	1:44:31												1:44:31
Brest, Kim Patrick	Sarpsborg	1	1:40:35				01:40:35								
Brevik, Anders	Team Negativ Splitt	1	1:19:47			01:19:47									
Brevik, Eirik Andreas	Gamle Fredrikstad	2	1:32:15		01:32:15	01:38:07									
Brevik, Håkon	Glomma Papp	1	1:31:36	01:31:36											
Brevik, Håvar	Yrjar, IL	1	1:10:39			01:10:39									

Glommaløpet 10 miles individuelt
Historikk

Brewster, Daniel		2	1:09:40										1:09:40	1:15:51	
Briancourt, Pål		3	1:36:09						01:36:09	01:45:12	1:37:42				
Bringsli, Morten	Nesøya	1	1:15:16		01:15:16										
Bringsvor, Tonje	SKILØPERNE	3	1:31:43								1:39:14		1:31:43	1:40:12	
Bristol, Pål		1	1:37:49							01:37:49					
Bro, Anders	OSLO	1	1:11:30						01:11:30						
Brobekk, Annie	Blystadlia	1	1:39:23	01:39:23											
Brodal Dahl, Inger Johanne	Sarpsborg	1	1:49:38			01:49:38									
Broen, Vilde	Fredrikstad	1	1:32:10	01:32:10											
Brogård, Birgit	Svinndal	1	2:21:36				02:21:36								
Brostrøm, Jørgen	Torp	1	1:37:25	01:37:25											
Brox, Cecilie		1	1:33:14									1:33:14			
Brox, Håkon	NORGE	1	0:56:13												0:56:13
Brox, Julie Marie Haabeth	IK Tjalve / Tjalve	1	1:00:19					01:00:19							
Brox, Knut A.	NORDREISA IL	1	1:16:52												1:16:52
Brox, Synøve	STURLA	1	1:10:10												1:10:10
Bruce, Peder		1	1:29:04								1:29:04				
Bruheim, Morten	Torp	6	1:15:21	01:16:51	01:18:58	01:16:24			01:18:49			1:15:21	1:24:55		
Bruknapp, Nils Petter		1	1:36:34							01:36:34					
Bruland, Fredrik	Greåker	1	1:04:54		01:04:54										
Brunke, Nils		1	1:41:16												1:41:16
Brusevold, Cathrine		1	1:30:56									1:30:56			
Bruun Budalen, Mats	Teodolitten	1	1:09:07		01:09:07										
Bryhn, Cato		1	1:43:51								1:43:51				
Brynildsen, Anders	Fredrikstad Skiklubb	9	1:13:30	01:41:21	01:13:30	01:17:53			01:16:14	01:20:29	1:15:22	1:16:21	1:16:06	1:19:08	
Brynildsen, Anne-Sofie Hox	Fredrikstad Skiklubb	1	1:34:49			01:34:49									
Brynildsen, Robin	FREDRIKSTAD TRIATLON KLUBB	3	1:11:43									1:13:58	1:11:43	1:17:58	
Brynildsen, Stine	Gamle Fredrikstad	1	1:36:30	01:36:30											
Brynildsen, Stine Malin	Gamle Fredrikstad	2	1:33:57		01:37:48									1:33:57	
Brække, Fredrik	Skogfaret Lavtempo	2	1:36:11	01:43:44	01:36:11										
Brække, Magnus	Sarpsborg	4	1:19:07	01:19:07	01:19:45	01:27:04								1:43:26	
Brække, Maria	KRÅKERØY	1	1:24:57						01:24:57						
Braarud Jensen, Ida	FREDRIKSTAD	1	2:05:19					02:05:19							
Bråten, Christian	Implenia BIL	1	1:32:27		01:32:27										
Bråten, Ida	Veidekke BIL	4	1:19:25	01:22:45	01:21:25							1:19:25		1:27:44	
Bråten, Inger Johanne	Gressvik	3	1:35:51	01:45:12									1:43:01	1:35:51	
Bråten, Knut	Moss	1	1:21:37		01:21:37										
Bråten, Øyvind		1	1:13:28										1:13:28		
Bråthen Blekken, Vetle		2	1:16:39									1:17:22	1:16:39		
Bråthen Tangen, Trym		2	1:27:12									1:27:41	1:27:12		
Bråthen, Elin	HIRVI RIDERS	2	1:29:49										1:29:49	1:35:26	
Bråthen, Endre	Oslo	1	1:20:04	01:20:04											
Bråthen, Frank Robert		3	1:13:33										1:13:33	1:21:03	1:17:21
Bråthen, Fredrik	Sarpelona	3	1:10:26	01:10:26	01:22:54								1:24:40		

Glommaløpet 10 miles individuelt
Historikk

Bråthen, Henning	Greåker	2	1:21:22	01:21:22	01:31:10										
Bråthen, Jahn Otto		1	1:19:05								1:19:05				
Braathen, Kristin	Kråkstad IL	1	1:31:12		01:31:12										
Bråthen, Michael		1	1:41:28											1:41:28	
Bråthen, Mona		1	1:20:10								1:20:10				
Braathen, Ole Bjørn	SJÅSTAD VESTRE LIER	2	1:13:49								1:13:54			1:13:49	
Bråthen, Per	Torp	3	1:12:44	01:30:25	01:23:13								1:12:44		
Bråthen, Petter	Romerike Ultraløperklubb	2	1:34:54	01:34:54		01:43:46									
Bråthen, Roy	Østfold Energi	4	1:27:38	01:41:41	01:34:14							1:31:46	1:27:38		
Bråthen, Roy Anders	Lillestrøm	1	1:13:12		01:13:12										
Buan, Jan Erik	Team Runners Nordmøre	1	1:05:44						01:05:44						
Buckholm, Jonas	Halden	1	1:17:06			01:17:06									
Buckholm, Lars	Halden	2	1:05:22				01:55:00	01:05:22							
Buckholm, Petter	Multiconsult BIL	4	1:01:45		01:04:16	01:03:52		01:01:45			1:16:17				
Budalen, Pål	Østbygda IL	4	1:03:50		01:06:05	01:03:50	01:05:55	01:06:46							
Budweg, Roman	Reinsvoll	1	1:36:16	01:36:16											
Buer, Stein Olav	Østbygda IL	1	1:20:55		01:20:55										
Buflod, Hilde		2	1:31:02							01:48:04			1:31:02		
Bukholm, Trond-Reidar	HALDEN IL	1	1:08:53											1:08:53	
Bull, Håkon	TJØME LØPEKLUBB	1	1:03:14								1:03:14				
Bunes, Anne	TEAM BONS	1	1:32:59									1:32:59			
Bunes, Maria	Engelsviken	3	1:30:55			01:40:12					1:30:55	1:33:23			
Buran, Øystein	Fredrikstad	1	1:15:47				01:15:47								
Butteberg, Tom-Helge	JESSHEIM	1	1:22:32						01:22:32						
Bye, Linn Irene	Marker Orienteringslag	1	1:37:09			01:37:09									
Bye, Stian	SOONLØP	3	1:10:06								1:10:06	1:13:28	1:14:20		
Bye, Theodor	Marker O-Lag	2	1:24:58		01:24:58								1:38:19		
Byfuglien, Ingrid	SYNNFJELL O- LAG	1	1:33:36											1:33:36	
Byfuglien, Martin	HALDEN FENGSEL	1	1:42:08											1:42:08	
Bysted, Thomas	RT 27 FREDRIKSTAD	3	1:24:26									1:35:51	1:44:37	1:24:26	
Bæverfjord, Jon Anders	Sarpsborg Tennisklubb	2	1:28:02		01:28:02	01:32:41									
Bø, Mari	Lillehammer	1	1:17:04			01:17:04									
Bø, Renate		1	1:32:26								1:32:26				
Bøckmann, Patrik		1	1:27:46							01:27:46					
Bøhaugen, Sebastian	JWJ Brann & Sikkerhet	1	1:18:00					01:18:00							
Bøhle, Kristian Lous		1	1:40:16							01:40:16					
Bøhn, Claes Jørgen		1	1:19:36										1:19:36		
Bøhn, Josefine Løvland	Fredrikstadsarpsborg Løpeklubb	1	1:24:22	01:24:22											
Bøhn, Raymond	Fredrikstadsarpsborg Løpeklubb	2	1:24:02	01:25:27								1:24:02			
Bøhn, Rolf E.	HALDEN IL	2	1:07:59									1:14:37	1:07:59		
Bøhn-Kristiansen, Audun	Kynningsrud - Nordic Crane	2	1:10:18	01:10:18		01:12:32									
Bølset, Synnøve Mollan		1	2:12:03									2:12:03			
Bønøgård, Camilla	Gimle IF	1	0:59:57					00:59:57							
Børresen, Eirik	Hamar	1	1:00:52	01:00:52											

Glommaløpet 10 miles individuelt
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Børseth, Arve	Kurland	3	1:29:22	01:34:41	01:29:22	01:31:17									
Børseth, May-Britt	Kurland	2	1:48:16	01:55:22	01:48:16										
Børve, Jacob	GRAABEIN	1	1:25:44									1:25:44			
Bøvre, Knut		2	1:19:55							01:29:09	1:19:55				
Bårdli, Robin	Langhus	1	1:09:55	01:09:55											
Bårdsen, Christine		1	1:44:50							01:44:50					
Baardsgaard, Linn		1	1:46:47									1:46:47			
Baarstad, Morten		1	2:04:01											2:04:01	
Carlander, Charlotte	Grefsen Trening og Helse	1	1:30:31	01:30:31											
Carlsen, Annette		1	1:39:55										1:39:55		
Carlsen, Espen Saksvik	Drammen	1	1:31:50	01:31:50											
Carlsen, Jon	Bamford1869	1	1:13:46				01:13:46								
Carlsen, Jon Harald	HALDEN	3	1:10:19								1:10:19	1:12:31	1:13:57		
Castrini, Anna Isotta		1	1:46:17									1:46:17			
Castro, Jackelline	Moss	2	1:25:56		01:34:24			01:25:56							
Cecilie, Heuch	Sandvika	1	1:34:23				01:34:23								
Christensen, Carina	Tannkontoret	2	1:32:30	01:32:30						01:45:49					
Christensen, Dorthe		1	1:50:31									1:50:31			
Christensen, Hilde	HILDE CHRISTENSEN	1	1:29:30								1:29:30				
Christensen, Ida	FREDRIKSTAD	2	1:50:32					02:00:45				1:50:32			
Christensen, Lene Marie	Stokke	1	1:30:34	01:30:34											
Christensen, Oddbjørn		1	1:23:58									1:23:58			
Christensen, Siri	SARPSBORG	1	1:50:07					01:50:07							
Christensen, Tommy	Oslo	1	1:01:24				01:01:24								
Christensen, Øivind	Feriegjengen	1	1:36:48		01:36:48										
Christensen, Øystein E. D.		1	1:39:53												1:39:53
Christiansen, Frode		1	1:17:43										1:17:43		
Christiansen, Jonas		1	1:22:46							01:22:46					
Christiansen, Siri	Crossfit Askim	1	1:17:40			01:17:40									
Clement, Lotte	Bækkelagets SK	1	1:21:49				01:21:49								
Clement, Mikael	Bækkelagets SK	1	1:21:51				01:21:51								
Codiglia, Irene		1	1:39:05									1:39:05			
Collett, Henrik Nicolay	Moss	1	1:09:19			01:09:19									
Collier, Gunvor		1	1:45:50											1:45:50	
Collier, Stephen	Halden	2	1:24:55			01:30:48	01:24:55								
Collier, Steve	ATOMEN HALDEN BIL	3	1:11:21								1:21:58		1:11:21	1:12:45	
Corrales, Mateo	Finstadjordet	1	1:29:15	01:29:15											
Coward, Lars Gorgus		1	1:25:50							01:25:50					
Crosby, Knut	Kolbotn il	1	1:22:33			01:22:33									
Cubas, Ole-Petter	NESODDEN IF	1	1:17:30									1:17:30			
Cumming, Kristoffer	Kråkerøy	1	1:22:42	01:22:42											
Czysz, Tone	Stavanger	1	1:26:41			01:26:41									
Dagfinrud, Linn Hansen		1	1:20:37										1:20:37		
Dahl, Alexander	Sarpsborg	3	1:17:13	01:17:37	01:17:13	01:31:26									

Glommaløpet 10 miles individuelt
Historikk

Dahl, Anders	E-Co BIL	1	1:14:15						01:14:15						
Dahl, Birgitte Wold	Actic Fredrikstad	3	1:30:32						01:36:09		1:39:08		1:30:32		
Dahl, Caroline	Skjeberg	1	1:33:49			01:33:49									
Dahl, Christine Noreng	Crossfit Askim	1	1:36:05			01:36:05									
Dahl, Erling		3	1:13:48					01:17:25		01:18:08			1:13:48		
Dahl, Gry Austvik		2	1:27:31										1:27:31	1:30:58	
Dahl, Ina Sofie	GRESSVIK	1	1:33:48					01:33:48							
Dahl, Morten	Drøbak-Frogn IL / DFI Friidrett	2	1:01:04				01:01:04			01:03:08					
Dahl, Thor-Kristian	Fredrikstad	1	1:34:34		01:34:34										
Dahl, Vidar	ELIXIA	3	1:21:28										1:21:28	1:30:43	1:31:12
Dahlberg Karlsen, Trine		1	1:29:13										1:29:13		
Dahlberg, Thor-Erik	Team 6-10 Jaakonaho	1	1:27:54						01:27:54						
Dahlby Karlsen, Bjørn		1	1:08:55										1:08:55		
Dahlby, William		1	1:34:54									1:34:54			
Dahle, Anette	Fredrikstad	3	1:37:32			01:41:18	01:37:32	01:39:34							
Dahle, Bjørn	Mosvik IL - Friidrett	1	1:02:46					01:02:46							
Dahle, Haakon A.	Fredrikstad	1	1:42:45		01:42:45										
Dahle, Karl Andreas	Gressvik	1	1:28:20		01:28:20										
Dahle, Sara Emilie	Fredrikstad	1	1:41:19	01:41:19											
Dahle-Johansen, Sander	Norgesnett	2	1:22:47		01:22:47	01:32:06									
Dahlgren, Mats	KRÅKERØY	1	1:24:55						01:24:55						
Dahlqvist, Anna	Sellebakk	1	1:45:57	01:45:57											
Dahlqvist, Thea	Sellebakk	3	1:23:08	01:48:19									1:23:08	1:32:21	
Dahlsveen, Ina	Tranby	3	1:29:01				01:29:01		01:34:45		1:35:48				
Dalbro, Anders	Soonløp	1	1:17:14		01:17:14										
Dalby, Jacqueline	Kråkerøy	1	1:36:10			01:36:10									
Dale, Eirik	Billingstad	1	1:21:57		01:21:57										
Dalen, Gunnar		1	1:12:40									1:12:40			
Dalen, Petter		2	1:14:39									1:14:47		1:14:39	
Dalen, Tor	Rustad IL	5	1:12:56				01:22:48	01:25:00	01:19:23		1:14:36		1:12:56		
Dalheim, Jonas		2	1:28:48							01:28:48				1:38:33	
Dalseth, Lars Andre	Lett på tå	4	1:09:12	01:12:21	01:10:37	01:14:21	01:09:12								
Damman, Suzette	Fåberg	1	2:09:11				02:09:11								
Damsleth, Harald Aube	Zenith Survey	1	1:28:40		01:28:40										
Danbolt, Elisabeth	Nordea Bank	1	1:46:57			01:46:57									
Danielsen, Erik	Hvaler Kommune	1	1:19:54						01:19:54						
Danielsen, Heidi		2	1:25:20										1:25:20	1:30:53	
Danielsen, Mads	OSLO	1	1:15:26					01:15:26							
Danielsen, Petter	KONGSTEN IF	3	1:24:17								1:39:04	1:24:17	1:25:02		
Danielsen, Aasmund	Superløpstegteam	1	1:14:56						01:14:56						
Dannevig, Solveig Rinaldo	Halden løpeklubb	1	1:41:43				01:41:43								
Daughton, Tara		1	1:40:14											1:40:14	
Davidsen, Kristoffer		1	1:56:28								1:56:28				
De Flon, Halvor	FRISKIS OG SVETTIS	3	1:15:10								1:19:46		1:15:10		1:22:12

Glommaløpet 10 miles individuelt
Historikk

De Flon, Monica	FRESENIUS KABI NORGE AS	2	1:38:40									1:38:40			1:42:12
De Ibarra Argiles, Alfredo		2	1:22:46										1:22:46	1:31:13	
De Lange, Morten	ALBATROSS IL	1	1:31:55											1:31:55	
De Presno, Johanne	NTNUI	1	1:26:18							01:26:18					
De Vries, Geale	Halden løpeklubb	1	1:20:14				01:20:14								
Dege, Anders F	FSK	2	1:16:01						01:23:02			1:16:01			
Degnes, Bjørnar	Gimle IF	1	1:01:42					01:01:42							
Degnes, Olav Gram	Finansavisen	2	1:19:58				01:19:58						1:26:46		
Dehli, Linn		1	1:32:52							01:32:52					
Deighan, John Christian	FROGNER RUNNERS	1	0:53:44							00:53:44					
Delebekk, Pål Anders		4	1:17:20						01:17:20	01:22:24		1:18:51		1:21:33	
Delås, Ann Kristin		1	1:33:40										1:33:40		
Dequina Røsand, Johan	Oslo	1	1:17:53	01:17:53											
Derbakk, Nils Jørgen		1	1:16:48											1:16:48	
Didrichsen, Elin	Gressvik	4	1:25:12	01:27:08	01:25:12		01:26:02	01:28:13							
Didrichsen, Martin	Gressvik	1	1:16:02		01:16:02										
Dingstad-Eriksen, Lars	Tomter	1	1:18:42			01:18:42									
Disen, Maja Aurora	Gressvik	1	2:02:27	02:02:27											
Diskerud, Karl-Erik	TELL REKLAMEBYRÅ	7	1:12:51						01:19:52	01:26:36	1:13:07	1:12:51	1:19:21	1:25:20	1:27:15
Distad, Tor-Erlend	Stranda IL / Idrettsansattes Bedriftsidre	1	1:14:56					01:14:56							
Dobewall, Jacob	PROPELLER MUSIC DIVISION	1	1:38:13								1:38:13				
Dolva, Benjamin	BERGEN	1	0:59:33						00:59:33						
Dolve, Sunniva	Sellebakk	1	2:29:47		02:29:47										
Dragsten, Joakim	Engelsviken	1	2:08:42	02:08:42											
Dragsten, Knut Inge	Engelsviken	1	1:56:55	01:56:55											
Dragvoll, Jan Terje		1	1:07:51										1:07:51		
Dramstad, Maren	Bauta Styrke	1	1:49:16						01:49:16						
Dramstad, Solveig	Rakkestad	3	1:28:16	01:28:16	01:43:09		01:36:39								
Drangsholt, Elise	Oslo	1	1:47:41			01:47:41									
Drangsholt, Sarah	Oslo	1	1:47:40			01:47:40									
Drevsjø, Dag Harald	OPIL	1	1:17:51											1:17:51	
Drivenes, Bjarte	Billingstad	1	1:15:01		01:15:01										
Drivenes, Philip		1	1:25:47										1:25:47		
Dueholen, Linda Annette		1	1:27:55											1:27:55	
Duenes, Kristoffer	Fredrikstad	2	1:19:03		01:19:03			01:38:54							
Dugstad, Herdis	Sankthanshaugen løpeklubb	2	1:14:57		01:14:57	01:18:05									
Dundas Røe, Marit	Likollen Aktiv	1	1:48:20			01:48:20									
Dunlop, Ewan	Borgenhaugen	2	1:37:59	01:52:08	01:37:59										
Dunn, Kieran	Gjensidige Sport Øst	1	1:29:51						01:29:51						
Dutheil, David	SELLEBAKK	1	1:25:55					01:25:55							
Dyrkorn, Morten	Moss	1	1:08:32			01:08:32									
Dyve, Martin		1	1:37:47							01:37:47					
Ebeltoft, Joakim	Bøler Raiders	1	1:28:16			01:28:16									
Ebeltoft, Jon Ove	SKJEBERG CYKLEKLUBB	2	1:19:19						01:19:19	01:27:56					

Glommaløpet 10 miles individuelt
Historikk

Ebeltoft, Kathrine		1	1:56:15							01:56:15					
Eberson, Hanne-Linn		1	1:29:53									1:29:53			
Ebner, Inka	NTNUI	1	1:10:54					01:10:54							
Eck-Olsen, Hilde	Bruvoll I.L	1	1:23:01				01:23:01								
Edvardsen, Ole-Jacob	Grålum	1	1:27:34			01:27:34									
Edvardsen, Raymond	Spydeberg	1	1:24:14		01:24:14										
Edvardsen, Svein Tore		3	1:03:23						01:05:31	01:11:04	1:03:23				
Edvardsen, Tor-Martin	Halden	1	1:40:11				01:40:11								
Edvinsen, Lars		1	1:20:16										1:20:16		
Efraimsen, Else	Gamle Fredrikstad	1	2:01:06		02:01:06										
Efraimsen, Jan Erik	Gamle Fredrikstad	1	2:15:44		02:15:44										
Efraimsen, Roger	Gamle Fredrikstad	1	1:14:55		01:14:55										
Egeberg Johannessen, Martin	Trondheim	1	1:19:50			01:19:50									
Egenes, Andreas		1	1:30:43										1:30:43		
Egenes, Jon		1	1:22:51										1:22:51		
Eggen, Knut		1	1:44:51										1:44:51		
Eggen, Kristine Eidet	Løplabbet	1	1:21:03			01:21:03									
Eibakk, Thomas		1	1:09:53									1:09:53			
Eide, Bjørn Einar	Øystre Slidre IL	2	1:02:15					01:03:31			1:02:15				
Eide, Stian	Stian Eide	1	1:32:39				01:32:39								
Eide, Tatiana	KRÅKERØY	1	1:37:08						01:37:08						
Eidem, Lars Petter	Halden	1	1:44:34	01:44:34											
Eidhammer, Simon	Rolvsøy	1	1:20:59	01:20:59											
Eidissen, Tage		4	1:14:30							01:35:48	1:21:18		1:14:30	1:18:27	
Eikeland, Joakim	MECA B.I.L	1	1:27:52								1:27:52				
Eikli, Andreas		1	1:25:48							01:25:48					
Eile, Sofie		1	1:33:06							01:33:06					
Eilefsen, Camilla		1	1:56:57											1:56:57	
Eilertsen, Gøran		1	1:54:11							01:54:11					
Eilertsen, Jon	Gømk	2	1:17:27		01:17:27	01:20:14									
Einarsen, Henriette	SELLEBAKK	1	1:55:35						01:55:35						
Ekeberg, Martin		1	1:10:42										1:10:42		
Ekeberg-Andersen, Kristine	OSLO	1	1:56:54					01:56:54							
Ekelund, Adrian		1	1:22:27								1:22:27				
Ekker, Siri		1	1:52:56										1:52:56		
Ekman, Stina		1	1:27:28										1:27:28		
Eliassen, Alfred	BSI BC	1	1:01:51			01:01:51									
Eliassen, Celina	Oslo	1	1:42:32	01:42:32											
Eliassen, Ida		1	1:50:12												1:50:12
Eliassen, Jørgen	Moss	1	1:29:15			01:29:15									
Eliassen, Niclas	Sellebakk	1	1:29:11		01:29:11										
Eliassen, Oliver	Moss	1	1:24:56			01:24:56									
Eliassen, Pål André	Ut i det fri	2	1:15:28		01:15:28	01:16:28									
Eliassen, Steffen		2	1:32:44									1:35:26	1:32:44		

Glommaløpet 10 miles individuelt
Historikk

Eliasson, Ulf		2	1:07:51										1:07:51	1:13:21	
Ellefsen, Bernhard	Sellebakk	2	1:12:02				01:13:27				1:12:02				
Ellefsen, Heidi	Fredrikstad IF	5	1:14:11	01:31:32			01:14:11	01:17:45	01:17:55		1:15:19				
Ellefsrød, Øystein	Torød	1	2:09:18		02:09:18										
Ellesøe, Jeanette	Borgenhaugen	1	1:19:22		01:19:22										
Ellila, Aslaug	Grønn Jobb	2	1:34:00		01:36:07	01:34:00									
Ellila, Lykke Filippa	Fredrikstad	3	1:22:28		01:22:28	01:26:33	01:30:57								
Ellila, Ove	Fredrikstad	3	1:25:20		01:25:20	01:29:13	01:30:56								
Ellingsen, Fredrik Forsberg	Umoralens Høyborg	1	1:33:43			01:33:43									
Ellingsen, Ole-Martin	Sarpsborg	2	1:37:13	01:38:55	01:37:13										
Ellingsen, Per Morten	SMARTFISH-FUJI. FTK	2	1:00:19								1:00:19			1:01:09	
Elnes Hansen, Natalie		2	1:23:37								1:23:37		1:27:42		
Elsebutangen, Christian	Romerike Ultraløperklubb	1	1:12:23						01:12:23						
Elstad, Magne		1	1:37:14										1:37:14		
Elstad, Margrete	Skjetten	1	1:33:26			01:33:26									
Elton, Stian	Team Günter	1	1:02:48						01:02:48						
Elveli, Vilde Berg	Moss	2	1:42:07	01:45:42			01:42:07								
Elvestad, Andreas	Moss	1	1:40:53	01:40:53											
Emanuelsson, Anna	SARPSBORG	1	1:32:00						01:32:00						
Emberland, Simen	Rakkestad	1	1:52:22	01:52:22											
Emilsen, Ole		1	1:38:21										1:38:21		
Emrat, Duangrudee	Greåker	2	1:24:15	01:34:53				01:24:15							
Enerstvedt, Karl Petter	Oslo	3	1:15:43	01:15:43		01:16:38	01:17:29								
Engdahl, Geir	FREDRIKSTAD TRIATLONKLUBB	1	1:16:55												1:16:55
Enge, Per	HVALSTAD	1	1:26:23					01:26:23							
Engebretsen, Guro Flo	Kråkerøy	1	1:28:58	01:28:58											
Engebretsen, Ole Anders	Kråkerøy	1	1:36:37	01:36:37											
Engeland, Sander	SKI	1	1:31:21	01:31:21											
Engeli, Trond	Trond Engeli	1	1:30:39		01:30:39										
Engelmark, Charlotte	Oslo	1	1:36:47		01:36:47										
Engelsen, Per Ekren		4	1:20:25							01:32:18	1:25:22	1:22:29	1:20:25		
Engelsgaard, Per	Kongshavn	1	1:29:46	01:29:46											
Engelstad, Franceska		1	1:24:19										1:24:19		
Engemoen, Magnus	Hiul	1	1:10:20			01:10:20									
Engemoen, Steinar	Horten	1	1:26:11			01:26:11									
Engen, Geir	Geir Engen / Hytteplan Sport	1	1:32:32						01:32:32						
Engen, Kenny		1	1:30:44										1:30:44		
Engen, Mathias	Momentum Trening AS	1	1:27:02		01:27:02										
Engen, Terje	VARTEIG IL	1	1:23:28											1:23:28	
Enger, Marianne	Opil	1	1:25:23				01:25:23								
Enger, Steve		1	1:06:08							01:06:08					
Engh, Harald	VARTEIG I.L.	4	1:12:04								1:17:43	1:14:55	1:12:04	1:15:44	
Enghaug, Pål-Andre		1	1:23:47											1:23:47	
Engmark, Kristin	FEMIROMA	1	1:36:26								1:36:26				

Glommaløpet 10 miles individuelt
Historikk

Engseth, Silje	Elverum	1	1:30:52			01:30:52									
Enholm, Susanne	Tine SA	1	1:32:50	01:32:50											
Enoksen, Roy Harry	Rygge IL	4	1:17:20						01:24:26	01:25:11	1:17:20	1:21:48			
Enstad, Venke	Oslo	1	2:22:56			02:22:56									
Erichsen, Richard	SARPSBORG	1	1:15:15					01:15:15							
Ericson, Jörgen	Lillestrøm	1	1:29:19			01:29:19									
Eriksdatter Mathisen, Sigrid		1	1:51:10							01:51:10					
Eriksen, Beate Thunem		1	1:37:39										1:37:39		
Eriksen, Espen Michael	Assemblin	3	1:19:15	01:31:59	01:27:05								1:19:15		
Eriksen, Gisle	Hirmasti IL	2	1:06:18	01:07:29	01:06:18										
Eriksen, Henrik	Borgenhaugen	1	1:08:07	01:08:07											
Eriksen, Ina	Kolbotn	1	1:53:56		01:53:56										
Eriksen, Iselin		1	2:01:34							02:01:34					
Eriksen, Janne	Oslo	3	1:42:35	01:56:12	01:46:20		01:42:35								
Eriksen, Joachim		2	1:17:23									1:17:23	1:19:03		
Eriksen, Jon Christian	Sarpsborg	1	1:24:14		01:24:14										
Eriksen, Kirsti	Fredrikstad IF	3	1:22:45									1:24:09	1:22:45	1:29:15	
Eriksen, Lars-Andrèas		3	1:15:47									1:18:24	1:15:47	1:25:45	
Eriksen, Lars-Kristian	Sarpsborg IL	1	0:57:36					00:57:36							
Eriksen, Linn Carine	Sarpsborg	1	1:50:15	01:50:15											
Eriksen, Magnus	Oslo	2	1:21:55		01:21:55	01:28:08									
Eriksen, Marianne	BORGENHAUGEN	1	1:25:26						01:25:26						
Eriksen, Ole Martin		1	1:18:46											1:18:46	
Eriksen, Rune	Rygge IL	6	1:01:35					01:04:53	01:01:35	01:04:29		1:03:37	1:03:47	1:06:55	
Eriksen, Stein		1	1:28:39										1:28:39		
Eriksen, Thomas	SELLEBAKK	1	1:29:05						01:29:05						
Eriksen, Thomas	Sarpsborg Byggeservice	1	1:09:21	01:09:21											
Eriksen, Tove	Halden	1	1:50:59	01:50:59											
Erikson, Max	Oslo	1	1:28:35		01:28:35										
Eriksrud, Jonas	GRESSVIK	1	1:13:58					01:13:58							
Eriksrud, Randi	OSLO	1	1:46:25					01:46:25							
Eriksrud, Stian	Fredrikstad	1	1:21:14	01:21:14											
Eriksrød, Marion Genovese	Halden	1	1:32:59	01:32:59											
Eriksson, Carl	Halden	3	1:13:29				01:13:29		01:22:38					1:25:16	
Eriksson, Daniel	Kronos Titan	1	1:27:20		01:27:20										
Eriksson, Erik	Gamle Fredrikstad	1	1:44:37	01:44:37											
Eriksson, Linda	Uppsala	1	2:02:30	02:02:30											
Eriksson, Maria	Karlstad	1	1:25:32	01:25:32											
Eriksson, Marita	TRACEGRID	1	1:33:13								1:33:13				
Eriksson, Thomas	Karlstad	1	1:34:12	01:34:12											
Erixon, Jens A.	OSLO	2	1:21:19					01:30:33	01:21:19						
Erlandsen, Per	Fredrikstad	1	1:29:04		01:29:04										
Erlingsen, Hilde	CALL2ACTION	1	1:35:04								1:35:04				
Erstad, Magnus	Kamp/Vestheim IF	4	0:51:52		00:53:56		00:51:52	00:53:13						1:09:01	

Glommaløpet 10 miles individuelt
Historikk

Erthe, Tuija		1	1:29:12										1:29:12		
Ertnes, Gro Merete	Romerike Ultraløperklubb	3	1:24:40						01:29:50		1:24:40		1:30:54		
Ese, Jo	HØGSKOLEN I ØSTFOLD	1	1:17:16									1:17:16			
Eskelund, Elisabeth	Fredrikstad	2	1:43:22		01:43:22			02:05:18							
Eskelund, Frode	Langhus	4	1:17:56		01:19:19	01:18:15	01:17:56	01:21:39							
Espeland, Kjetil		1	1:24:53							01:24:53					
Espelid, Line Marie Kulvik	Kråkerøy	1	2:16:13			02:16:13									
Espenes, Edel		1	1:28:24										1:28:24		
Espenes, Olav Vikøren	LYN SKI	1	1:01:31								1:01:31				
Evensen, Andreas		1	1:22:40										1:22:40		
Evensen, Anna Elise	OSLO	1	1:19:07					01:19:07							
Evensen, Anne Helen	Rygge IL	1	1:43:46			01:43:46									
Evensen, Lasse	Sarpsborg	1	1:32:01				01:32:01								
Evensen, Ole Christian	FREDRIKSTAD SKIKLUBB	2	1:11:55											1:11:55	1:16:44
Evensen, Ole Jacob		1	1:19:43											1:19:43	
Evensen, Roger	MOSSJONISTENE.COM	2	1:50:34										1:56:26	1:50:34	
Fagerheim, Christian	Fagerheim Consulting AS	2	1:26:08	01:26:08	01:31:50										
Fagerheim, Evy	Fagerheim Consulting AS	2	1:49:01	01:53:45	01:49:01										
Fagerli, Anders	TORP	1	1:29:00						01:29:00						
Fagerudd, Anna-Sofia	Sarpsborg	1	1:17:21	01:17:21											
Falch, Dag Vidar	TRØSKEN/CENTRUM FYSIOTERAPI	2	1:14:32									1:14:32	1:15:23		
Fange, Fredrik	HALDEN	1	1:27:44					01:27:44							
Fange, Per Øyvind	HALDEN	1	1:05:59					01:05:59							
Fardal, Julie	Sarpsborg	2	1:34:22	01:36:16		01:34:22									
Fardaljohansen, Thea	Østfold Energi	1	1:34:07			01:34:07									
Fatland, Roy		1	1:14:44									1:14:44			
Faukland, Erik Andreas	OSLO	1	2:04:33						02:04:33						
Fauske, Håkon	Håkon Fauske	1	1:17:45		01:17:45										
Fejzulai, Mentor	GAMLE FREDRIKSTAD	1	1:23:28					01:23:28							
Felde, Steinar	Select Sport	1	1:38:24		01:38:24										
Fenstad, Ståle	RUSTAD IL	1	1:09:22									1:09:22			
Feragen, Maren	OSLOFJORD TRIATLON	1	1:43:58								1:43:58				
Ferdinand, Martin		1	1:09:13								1:09:13				
Ferguson, Jack	TROSVIK	1	1:40:41							01:40:41					
Ferguson, Paul	FREDRIKSTAD	1	1:30:36						01:30:36						
Ferguson, Stine	Fredrikstad IF	4	1:21:20						01:30:36	01:40:57		1:21:20		1:29:31	
Ferreira, Marianne		2	1:23:09							01:35:52	1:23:09				
Fialho, Robert		1	1:15:59										1:15:59		
Fiamingo, Andrew	Slependen	1	1:15:42		01:15:42										
Fiko, Robert	VÅLER I ØSTFOLD	1	1:29:53						01:29:53						
Finden, Ingrid	Halden	1	1:20:46	01:20:46											
Fineidet, Line Mari	FET SKIKLUBB / TEAM FOSS SPORT	1	1:40:13											1:40:13	
Finjord, Nora Ileby	Bergen	1	1:38:47	01:38:47											
Finjord, Pål	SARPSBORG BILSENTER	2	1:25:15						01:25:15	01:40:50					

Glommaløpet 10 miles individuelt
Historikk

Finnerud, Fredrik	AFI Vann og Varme AS BIL	2	1:13:29		01:13:29						1:16:36				
Finseth, Sunniva	TEAM FINSETH	2	1:39:20								1:41:29	1:39:20			
Finstad, Per Morten	Tistedalen FL	1	1:04:28					01:04:28							
Finsveen, Bård	ALBATROSS IL	1	1:31:54											1:31:54	
Fisker, Christine		3	1:21:41								1:22:00	1:21:41	1:24:56		
Fiskum, Espen	Namdal løpeklubb	2	0:55:33				00:55:33					0:59:18			
Fjeld, Silje	Kråkerøy	1	1:56:22	01:56:22											
Fjeldstad, Kristin	Fredrikstad	1	1:51:36	01:51:36											
Fjellbakk, Ethel		1	2:03:40											2:03:40	
Fjelldal, Odd Øyvind	Bergen	1	1:24:23			01:24:23									
Fjelle, Marie		1	1:47:53											1:47:53	
Fjellholt, Cecilie Topsy	Hundebarnehagen i Østfold	1	1:27:00	01:27:00											
Fjellhøi, Tuva	Skjeberg	3	1:25:05			01:25:45	01:25:05	01:27:02							
Fjelly, Rune Andre	Ace Frehley Rock'n Roll	1	1:34:06	01:34:06											
Fjuk, Aleksandra	Gamle Fredrikstad	1	1:42:48	01:42:48											
Fjærli, Rita	SOON CK	1	1:24:50											1:24:50	
Fjærvik, Mats	BORGEN IL	2	1:16:30											1:24:40	1:16:30
Fjærvoll, Kasander	Fredrikstad	1	1:19:08		01:19:08										
Fjørtoft, Torkel Nohr	SK Vidar	1	1:10:29			01:10:29									
Fjågesund, Lasse	Moss	1	2:23:04				02:23:04								
Fladeby, Anders	Halden Kommune	1	1:25:13						01:25:13						
Flandorfer, Camilla		2	1:23:21								1:23:21		1:26:05		
Flatin, Johann		1	1:47:34							01:47:34					
Flatin, Øyvind	Fredrikstad IF	2	1:34:39				01:34:39			01:49:15					
Flatland, Baard	Brynild Gruppen Bil	2	1:22:11						01:22:11	01:35:50					
Flatland, Marie		2	1:22:46									1:33:01	1:22:46		
Flatø, Tore	Asko øst	1	1:32:20					01:32:20							
Flatø, Tore	OSHAUG I.L	1	1:34:28							01:34:28					
Flikke, Yngvild Sve		1	1:34:32									1:34:32			
Flodin, Pål	Gamle Fredrikstad	3	1:20:05		01:40:50				01:20:05	01:26:45					
Flood, Frederik Aalo	Haugesund	1	1:25:15			01:25:15									
Floor, Tor Hernan		1	1:34:07											1:34:07	
Florian, Alejandro	Oslo	2	1:14:38		01:14:38		01:57:01								
Fluske, Vidar	Hjørgunn Gård	6	1:32:29	01:37:02			01:39:08		01:32:29	01:47:42	1:36:38	1:35:22			
Flynn, Russell	Custard	1	1:13:06	01:13:06											
Fløⁿ, August	Fredrikstad IF	3	0:51:01						00:56:33		0:51:01				0:58:07
Fodstad, Anne Sofie		2	1:29:05								1:55:59		1:29:05		
Fodstad, Jens Christian	FODSTAD FILM	1	1:36:07									1:36:07			
Folkvang, Anders	Sarpsborg IL	3	1:02:24						01:03:22		1:02:24	1:12:12			
Folkvang, Susanne	Hevingen IL	1	1:54:52	01:54:52											
Follesø, Henrik	Oslo	1	1:35:48		01:35:48										
Follesø, Knut	Gressvik	1	1:33:38		01:33:38										
Folmer, Arne Chr	HALDEN IL	1	1:10:25												1:10:25
Fondevik, Torbjørn	FREDRIKSTAD	1	1:33:46					01:33:46							

Glommaløpet 10 miles individuelt
Historikk

Forsberg, Charlotte	Gressvik	1	1:37:47			01:37:47									
Forsberg, Ida Christine Aune	Frederik II Videregående Skole	1	1:28:32			01:28:32									
Forsberg, Noa	Borgenhaugen	1	1:27:53	01:27:53											
Forsberg, Tommy	Borgenhaugen	5	1:17:12	01:28:26	01:17:12	01:23:00	01:28:00		01:26:51						
Forsell, Arne Willy	Midgard Hinderløpsklubb	1	1:09:16			01:09:16									
Forsetlund, Catharina	Fredrikstad IF	3	1:24:23	01:24:23	01:27:47	01:26:56									
Forsetlund, Henriette	Gressvik	1	1:35:11	01:35:11											
Forsetlund, Ole Martin	Fredrikstad IF	8	1:07:23	01:15:40	01:10:12		01:07:23	01:16:47	01:17:08		1:22:18	1:20:31	1:22:00		
Fosby, Dennis	Tveter IL	1	1:13:42			01:13:42									
Fosby, Jesper	Fram Running Club	1	1:03:48		01:03:48										
Fosbæk, Bjørn	KONGSBERG MARITIME	1	1:35:17								1:35:17				
Foss, Dorte	Raufoss Idrettslag	4	1:08:38			01:19:16	01:14:31	01:14:25					1:08:38		
Foss, Ida Christin		1	1:30:59								1:30:59				
Foss, Roar	Trøgstad	1	1:32:36			01:32:36									
Foss, Sebastian	Tøff	1	1:18:30			01:18:30									
Fossbekk, Truls Roar	Rye Sp.Kl. / Kondis	3	1:18:35			01:24:34	01:18:35	01:18:53							
Fosse, Lars		1	1:14:42										1:14:42		
Fosse, Sindre	IMTECH	1	1:16:27											1:16:27	
Fosser, Lars		1	1:35:11												1:35:11
Foss-Jacobsen, Tom Erik		1	1:26:42												1:26:42
Fraugerud, Linda		1	1:35:25										1:35:25		
Fredenlund, Henning	Fredrikstad	1	1:43:21	01:43:21											
Fredheim, Anders Schjøllert		4	1:16:26						01:19:58		1:37:34	1:18:58	1:16:26		
Fredheim, Christina		2	1:16:09									1:16:47	1:16:09		
Fredheim, Martin	Kråkerøy	11	1:16:13		01:22:43	01:25:45	01:20:07	01:20:23	01:20:00	01:21:42	1:32:03	1:19:01	1:16:13	1:23:48	1:20:11
Fredheim, Tomas	FREDRIKSTAD TENNISKLUBB	1	1:37:34								1:37:34				
Fredly, Rikke Sofie	Sarpsborg	1	1:21:39		01:21:39										
Fredriksen, Gard Skoe	Oslo	1	1:31:08	01:31:08											
Fredriksen, Glenn Løvli	SYKEHUSET ØSTFOLD	1	1:17:51								1:17:51				
Fredriksen, Kjell Morten	Sarpsborg	1	1:20:10	01:20:10											
Fredriksen, Maiken		1	1:32:57								1:32:57				
Fredriksen, Ole Petter	Awesomesauce	4	1:21:50	01:31:08	01:24:48	01:32:43					1:21:50				
Fredriksen, Pål	HRP AS	1	1:32:56			01:32:56									
Fredriksen, Sara	Grålum	1	1:26:26			01:26:26									
Fredriksen, Sebastian	Sarpsborg	3	1:19:42	01:19:42							1:29:57	1:37:14			
Fredriksen, Vilde	Sarpsborg IL	1	1:26:18	01:26:18											
Fremmegård, Per Eivind	Spydeberg	1	1:17:41		01:17:41										
Frenay, Milan	Halden løpeklubb	1	0:58:13				00:58:13								
Fresh, Morgan	Halden	2	1:26:02		01:26:02				01:27:42						
Frey, Caroline Slattum		2	1:25:42										1:25:42	1:40:46	
Fridh, Stina	FREDRIKSTAD	3	1:21:36					01:31:12		01:35:59	1:21:36				
Fridrich, Thomas		1	1:13:52							01:13:52					
Friseid, Camilla Lockert	Romerike Ultraløperklubb	1	1:41:25			01:41:25									
Fristad, Ingunn	Halden løpeklubb	1	1:31:55		01:31:55										

Glommaløpet 10 miles individuelt
Historikk

Frisvold, Bente	RÅDE	1	1:48:20					01:48:20							
Fritzner, Josef	Statnett Sbil	2	1:07:17			01:07:17	01:10:34								
Frorud Anthony, Henrik	Crossfit Askim	1	1:14:44			01:14:44									
Frostad, Rino Luciano	JULELOGEN	1	1:36:09							01:36:09					
Frøisland, Nils Arve	Oslo	5	1:20:38				01:37:13					1:26:52	1:21:33	1:20:38	1:25:00
Frøkedal, Øystein Valen	De Bislettianske Antiloper	3	1:10:19	01:10:39		01:10:19	01:11:10								
Frøland, Ole Marius Risan		1	1:36:08									1:36:08			
Frölander, Anders	Moss	1	1:21:15		01:21:15										
Frølandshagen, Anne-Lene	Fredrikstad IF	3	1:35:14	01:58:21						01:49:03		1:35:14			
Frølich-Olsen, Line	Kråkerøy	1	1:33:58				01:33:58								
Frønsdal, Øystein Silde	Voss	1	1:23:54	01:23:54											
Frøyland, Anette	Sats	5	1:37:20		01:39:31	01:43:27	01:39:54	01:37:20	01:41:35						
Frøyland, Jon	Forsvaret / FST	10	1:12:53		01:39:30	01:22:49	01:28:22	01:26:06	01:20:25		1:12:53	1:16:24	1:13:28	1:17:39	1:22:40
Frøyland, Thor-Martin	GRANDAHL EIENDOMSMEGLING	2	1:21:42											1:21:42	1:23:26
Fuglem, Tord	VARTEIG IL	1	1:13:26								1:13:26				
Fuglesang, Grete Roaldseth	Gamle Fredrikstad	2	1:19:16	01:20:42			01:19:16								
Fuglevik, Anders	Sarpsborg	1	1:35:16				01:35:16								
Funderud Sælen, Mia Christine	Ørje IL	1	1:21:30						01:21:30						
Furset, Petter	Sellebakk	2	1:19:53			01:23:30		01:19:53							
Furuheim, Andreas	Kynningsrud - Nordic Crane	1	1:44:52	01:44:52											
Furuheim, Eystein	Fredrikstad IF / Onsøy CK	1	1:11:46	01:11:46											
Furuheim, Knut Magne	Fredrikstad IF	9	1:08:15	01:19:52	01:12:47	01:11:30	01:11:14	01:10:40	01:08:15	01:09:27		1:09:46	1:13:38		
Furulund Billing, Michelle	Rygge	1	1:44:31	01:44:31											
Furuseth, Morten	Elverum	1	1:51:42			01:51:42									
Fye, Benjamin Latir	Borgenhaugen	1	1:39:08		01:39:08										
Førre, Tormod	SON	1	1:46:04	01:46:04											
Førrisdahl, Martin	Paxster AS	1	1:24:55		01:24:55										
Førrisdal, Tor Helge	Mysen	4	1:23:34	01:38:18		01:23:59	01:23:34				1:24:38				
Førsund, Erlend	Skjeberg	8	1:28:42	01:33:40		01:33:36	01:32:42	01:28:42	01:32:18	01:43:43	1:42:42	1:44:23			
Gabrielsen, Jon Henrik	Rolvsøy	1	1:19:31		01:19:31										
Gammelsrud, Lennarth	ØSTBYGDA IL	2	1:24:48								1:24:48		1:25:31		
Gangestad, Stephen	Fredrikstad IF	5	1:14:08								1:15:14	1:16:30	1:16:38	1:18:35	1:14:08
Gangfløt, Philip	Ski	2	1:35:30	01:55:49	01:35:30										
Garberg Minge, Richard S.	Assemblin	2	1:29:24	01:51:25	01:29:24										
Garder Olsen, Andreas	TROSVIK IF	1	1:05:10											1:05:10	
Garder, Bjørn Petter		1	1:24:01									1:24:01			
Garder-Bjerke, Thomas	Lillehammer	1	1:23:06		01:23:06										
Garsrud, Iver	TEAM FJELLA	3	1:25:36							01:27:44	1:26:17			1:25:36	
Gasiuniene, Aiste	Dilling	1	1:41:49	01:41:49											
Gathen, Hege	Fredrikstad IF	4	1:14:35						01:17:00	01:20:40		1:16:16	1:14:35		
Gaustad, Anders	LERVIK IF	2	0:59:40								0:59:40	1:02:13			
Gautun, Preben	Fredrikstad IF	2	1:04:45										1:04:45	1:07:52	
Geelmuyden, Johnny		1	1:18:27											1:18:27	
Gellein, Linda	Yven	1	1:59:04	01:59:04											

Glommaløpet 10 miles individuelt
Historikk

Georgsen, Deirdre		1	1:33:05							01:33:05					
Ghanima, Josef	Fredrikstad	1	1:31:51		01:31:51										
Gilen, Esther	Nesoddtangen	1	1:25:52			01:25:52									
Giljebrekke, Øystein	Tistedal	2	1:17:19	01:20:16	01:17:19										
Gillebo, Sofie	Saltnes	1	1:31:37	01:31:37											
Giltvedt, Kaja	FRAMBU BIL	1	1:23:53								1:23:53				
Gimmestad, Idar	STATNETT BIL	1	1:25:31									1:25:31			
Gislo, Joakim	Gressvik	1	1:21:32			01:21:32									
Githmark, Andreas	Sarpsborg	2	1:35:40				01:38:43	01:35:40							
Githmark, Ann-Therese Bjørsvik	HAFSLUNDSØY	1	1:46:52						01:46:52						
Gjerberg, Trygve	Gamle Oslo Løpelaug	1	1:19:42		01:19:42										
Gjerlaugsen, Lars	GLOMMA TANNKLINIKK	2	1:30:52								1:35:48		1:30:52		
Gjerløw, Thor	Gresvik IF	3	1:32:08			01:32:08	01:33:36	01:36:31							
Gjertsen, Lars Magne	FOPIL	1	1:23:28												1:23:28
Gjesdal, Kari-Marie	Fredrikstad IF	2	1:33:46										1:35:36	1:33:46	
Gjessing, Geir	Ski IL Friidrett	1	0:53:16				00:53:16								
Gjessing, Glenn	MULTICONSULT	2	1:08:22								1:08:22	1:12:49			
Gjestrud, Torgrim	Notodden	1	1:19:56	01:19:56											
Gjestvang-Knutzen, Thea Emilie	Voss	1	1:07:17				01:07:17								
Gjulem, Ida	Rakkestad	1	1:24:27	01:24:27											
Gjuvsland, Raymon	Kpmg	1	1:15:45		01:15:45										
Gjølberg, Birgit	Rygge IL	3	1:20:14		01:20:43	01:21:35	01:20:14								
Gjølberg, Sigrun	Rygge IL	2	0:59:56	01:01:14		00:59:56									
Gjølstad, Kjetil	FRISKIS OG SVETTIS	1	1:22:24											1:22:24	
Gjøseter, Christine	Raadhuset Executive	2	1:30:26	01:35:20	01:30:26										
Gjøsæter, Eirik	Team Blikkenslagar Flotve	5	0:58:23				00:58:55			01:05:44	0:58:23		0:59:13	1:00:56	
Gleditsch, Hanna	GL	1	1:31:01			01:31:01									
Glende Eriksen, Ole Martin		2	1:13:57									1:13:57	1:19:26		
Glomsrød, Erik	Saugbrugs BIL	1	1:31:37						01:31:37						
Glomsrød, Thale Jakstad	Sarpsborg	4	1:15:58	01:21:40	01:19:34					01:18:13		1:15:58			
Glückstad, Ole Petter	Greåker	5	1:31:05			01:51:18	01:49:47			01:54:10	1:36:18		1:31:05		
Gløersen, Herman	Fredrikstad Skiklubb	3	1:04:12									1:04:12	1:10:52	1:16:52	
Gløersen, Jakob	Fredrikstad Skiklubb	2	1:15:36									1:33:03	1:15:36		
Gløersen, Knut		1	1:16:16										1:16:16		
Gløersen, Mathias	TØNSBERG FIK	1	1:00:44									1:00:44			
Godager, Marianne		1	1:44:24							01:44:24					
Godtfredsen, Lise	Flateby	1	1:21:22	01:21:22											
Godtlund Bråthen, Marthe		1	1:22:42												1:22:42
Gonda, Louis	Kelda Vikings	2	1:08:05						01:08:05	01:08:41					
Gonsholt, Mariann	Kråkerøy	3	1:30:46		01:44:15	01:40:14	01:30:46								
Gonzalez, Diego	SMELLS LIKE TEAM SPIRIT	4	1:11:06						01:11:06	01:13:43		1:14:40	1:18:54		
González, Diego	Oslo	2	1:07:24		01:11:14		01:07:24								
Goodchild, Steinar	PRIVAT	1	1:20:21												1:20:21
Goplen, Sarah	Grålum	1	1:28:38		01:28:38										

Glommaløpet 10 miles individuelt
Historikk

Gorola, Aleksander	Grålum	3	1:33:16		01:48:18		01:35:02	01:33:16							
Gosling, Justin	Oslo	1	1:59:24				01:59:24								
Gottfridson, Linus	FREDRIKSTAD TRIATLONKLUBB	2	1:12:09							01:15:28	1:12:09				
Graham, Kari Elisabeth	Fredrikstad IF	4	1:30:35					01:38:05	01:31:45		1:30:35	1:31:15			
Grandahl, Birgit	GRANDAHL EIENDOMSMEGLING AS	1	1:43:15									1:43:15			
Grandahl, Birgit		1	1:47:26										1:47:26		
Granfelt, Mariette	Halden	1	1:41:44				01:41:44								
Granfelt, Therese	Halden	1	1:34:08			01:34:08									
Granli, Oddbjørn	Rygge IL Friidrett	4	1:21:31	01:32:46	01:21:31	01:28:40	01:30:44								
Granli, Ole-Jan	MYSEN TENNISKLUBB	2	1:08:53								1:08:53		1:14:14		
Granli, Trym Abelgaard	Guttakrutt	1	1:33:12		01:33:12										
Granlund, Per-Øyvind	LIFE KIROPRAKTIKK	1	1:02:50								1:02:50				
Granly Falkenberg, Toril	Cowi	1	1:28:28			01:28:28									
Granly, Camilla	Kråkerøy	2	1:28:51	01:28:51	01:31:42										
Grannes, Stian	TEAM EKEBERG	1	1:24:27												1:24:27
Granrud Hansen, Martine	Fredrikstad	2	2:03:42	02:03:42	02:06:26										
Granrud, Alexander	Fredrikstad	1	1:51:54	01:51:54											
Granstrøm, Lene		1	1:47:13												1:47:13
Grav Børthus, Martine	Sarpsborg	3	1:14:55				01:15:04	01:14:55	01:19:36						
Gravnås, Henning	Bahr BIL	1	1:29:31				01:29:31								
Gravnås, Hilde	Saltnes	1	1:38:44		01:38:44										
Gravnås, Stian	Gyproc	1	1:39:29				01:39:29								
Greaker, Richard	Sarpsborg	2	1:22:41	01:45:20					01:22:41						
Green, Helen Bruus	Jessheim	1	1:34:47			01:34:47									
Greger Larsen, Anders	Fredrikstad Skiklubb	1	1:14:27	01:14:27											
Gregersen, Franco	Mysen	1	1:39:17	01:39:17											
Gregersen, Martin	Dilling	1	0:59:41				00:59:41								
Grenaker, Mette	Fenstad	1	2:06:52		02:06:52										
Grenaker, Thomas	Grenaker Runners	1	1:26:22		01:26:22										
Grendal, Tom	Skjeberg ck	4	1:14:44				01:18:41	01:19:10	01:21:49			1:14:44			
Gretland, Jon-Erik	Gretland Musikk	5	1:23:21	01:32:08	01:25:32								1:27:20	1:23:21	1:29:27
Gretland, Kim	Greåker	1	1:30:13	01:30:13											
Grevsnes, Gunn	Oppegård IL	1	1:16:07						01:16:07						
Grigson, Richard	TUNE IL	1	1:10:12											1:10:12	
Grimsby, Gjermund	RØDSVEIEN 55 FIGHTERS	1	1:13:48												1:13:48
Grimsrud, Anne	Sarpsborg	1	1:49:05		01:49:05										
Grimsrud, Bjørn	Sweco	1	1:29:49	01:29:49											
Grimsrud, Kristin	Grålum	1	1:20:24		01:20:24										
Grimsæth, Ingerid	Rolvsøy	2	1:30:23	01:43:27	01:30:23										
Grindahl, Andrea	Fredrikstad	1	1:49:23		01:49:23										
Grindahl, Espen	Fredrikstad Triatlonklubb	7	1:06:25	01:12:42		01:06:41		01:06:31	01:06:25			1:06:58	1:08:20	1:18:13	
Grindberg, Martine	Fredrikstad IF	1	1:14:59		01:14:59										
Grindberg, Mona	Verdal Friidrettsklubb	1	1:13:22		01:13:22										
Grinden, Finn	SKI	1	1:32:05	01:32:05											

Glommaløpet 10 miles individuelt
Historikk

Grini, Halvard	Fredrikstad IF	2	1:15:41						01:15:41	01:20:52					
Grini, Kjetil	Drøbak	1	1:26:53		01:26:53										
Grinna, Mari	KALNES	1	1:58:29							01:58:29					
Gripsrud, Mattias		2	1:25:47							01:31:42	1:25:47				
Grongstad, Anita	Slattum	1	1:34:39		01:34:39										
Groth, Trine		1	1:38:11								1:38:11				
Grothe, Per Morten	Klavestadhaugen	1	1:36:14			01:36:14									
Grundekjøn, Christian	Fredrikstad	1	1:39:59		01:39:59										
Grundstad, Thomas		1	1:23:10										1:23:10		
Grundt-Ileby, Helene	Fredrikstad IF	6	1:30:09	01:37:48	01:30:09	01:31:58	01:35:41	01:38:03					1:48:20		
Grundvig, Jan Olav		1	1:25:52											1:25:52	
Grundvig, Margunn		2	1:28:23									1:28:23		1:37:30	
Grüner, Lars Petter		1	1:14:56										1:14:56		
Grytdal, Per Kristian	Dilling	3	1:15:04	01:28:59	01:15:04	01:17:06									
Grzybowska-Czana, Magdalena	Oslo	1	1:30:13				01:30:13								
Grønli, Christian Fredrik		1	1:25:49								1:25:49				
Grønneberg, Ketil		4	1:11:42								1:11:42	1:13:52	1:16:22	1:22:31	
Grønneberg, Marie	Fredrikstad IF	6	1:08:18						01:08:18	01:10:24	1:08:26	1:09:01	1:10:01	1:14:21	
Grønnern, Grete	RAKKESTAD SYKKELKLUBB	2	1:25:44										1:25:44	1:29:44	
Grønsund, Are Sakarias		1	1:29:41									1:29:41			
Grønvold, Elisabeth Berg		1	1:40:20										1:40:20		
Grønvold, Ottar	Moss	3	0:58:29	01:06:47		00:58:29	00:58:33								
Grøttland, Sander Nygaard	Gressvik	1	1:19:15		01:19:15										
Grøtvedt, Caroline	Grålum	1	1:40:44	01:40:44											
Graabræk, Sturla	Skjeberg	3	1:37:28	01:42:11	01:37:28	01:41:13									
Graabræk, Trond	Klavestadhaugen	1	1:45:42	01:45:42											
Graarud, Harald		1	1:13:46										1:13:46		
Graasten, Kjell	BORGEN IL	2	1:19:58											1:20:05	1:19:58
Gucwa, Gregor		1	1:42:07											1:42:07	
Gudbrandsen, Trond Andreas	Torp	2	1:31:46	01:42:10	01:31:46										
Gudem, Hilde	Sportsklubben Vidar / Team Günter	1	1:09:41						01:09:41						
Gudevold, Anders	TELENOR BIL	1	1:46:19									1:46:19			
Gudevold, Karoline		1	1:42:35									1:42:35			
Gudmundstuen, Tor		2	1:28:32							01:35:14				1:28:32	
Gulbrandsen, Cecilie	BRUA FYSIKALSKE	4	1:28:45							01:38:01		1:28:45	1:30:30	1:34:03	
Gulbrandsen, Elin		2	1:32:46						01:32:46		1:33:23				
Gulbrandsen, Jon	Assemblin	2	1:01:46		01:02:47	01:01:46									
Gulbrandsen, Marius	TUMASTU SPORT&SPILL;	1	1:34:47											1:34:47	
Gulbrandsen, Mina Olava	Fredrikstad	2	1:41:23	01:45:33	01:41:23										
Gulbrandsen, Siri	Kråkerøy	1	1:39:46		01:39:46										
Gulbrandsen, Terje	Lillehammer IF / BDO Innlandet	1	0:59:23				00:59:23								
Gulbrandsen, Thomas	NETTAVISEN	1	1:12:44							01:12:44					
Gundersen, Bjorn	Rakkestad	2	1:36:00	01:38:01	01:36:00										
Gundersen, Fredrik Skau	Engelsviken	2	1:14:16	01:18:25	01:14:16										

Glommaløpet 10 miles individuelt
Historikk

Gundersen, Martin	Gressvik	2	0:59:10				01:03:22	00:59:10							
Gundersen, Mikael	GTR	2	1:12:07	01:12:07		01:14:05									
Gundersen, Ottar	MULTICONSULT	1	1:35:15								1:35:15				
Gundersen, Stine Elisabeth	Hafslundsøy	1	1:32:30	01:32:30											
Gundersen, Terje	Rygge IL	5	1:21:12		01:26:09	01:24:13				01:27:28		1:21:12			1:25:21
Gundersen, Tore	HAFSLUNDSØY	1	1:25:42						01:25:42						
Gundersen, Åsmund	Gjensidige	1	1:17:31	01:17:31											
Gunnarson, Erlend	FÆRVIK	1	1:26:30						01:26:30						
Gunnarson, Kolbjørn	Færvik	3	1:27:22	01:46:30			01:50:03		01:27:22						
Gunnufsen, Hilde Margrethe	Oslo	1	1:19:29				01:19:29								
Gurandsrud, Jørgen	Fredrikstad IF	6	1:32:03		01:55:14						1:34:57	1:35:21	1:32:03	1:37:28	1:35:55
Gurung, Ozzy	Fredrikstad	8	0:59:07			01:01:01	00:59:39	01:03:57			0:59:07	1:00:52	1:00:47	1:03:15	1:07:34
Gustafsson, My	STERK	1	1:42:14							01:42:14					
Gustafsson, Peter	Gamle Fredrikstad	1	1:35:45			01:35:45									
Gustavsen, Bjørg		2	1:41:15									1:41:16	1:41:15		
Gustavsen, Erik	Halden	1	1:11:20			01:11:20									
Gustavsen, Fredrik		1	1:23:39								1:23:39				
Gustavsen, Ingebjørg	Saltnes	1	1:54:54	01:54:54											
Gustavsen, Jørgen	Vestby	1	1:37:13		01:37:13										
Gustavsen, Kathrine	ROLVSØY	1	1:40:33						01:40:33						
Gustavsen, Kenneth	Fredrikstad	1	1:42:38				01:42:38								
Gustavsen, Rene-Charles	Asker	2	1:33:44			01:33:44		01:42:16							
Gustavsen, Sven	SARPSBORG	1	1:39:10						01:39:10						
Guthu, Geir Ole	Cowi	4	1:04:46			01:08:21	01:04:46	01:06:55				1:21:27			
Guthu, Jon	HIOA	3	1:14:19									1:16:12	1:14:19	1:19:40	
Guttormsen, Christer	Hevingen IL	6	1:00:57	01:03:50	01:01:10				01:00:57	01:03:43	1:06:33	1:10:44			
Guttormsen, Emilie	Gressvik	2	1:42:03	01:42:03				01:47:15							
Guttormsen, Magnus	Gressvik	1	1:19:19			01:19:19									
Guttulsrød, Ole	RYGGEJOGGEN	1	1:19:45								1:19:45				
Guttulsrød, Tor-Ivar	Fredrikstad IF	1	1:23:08		01:23:08										
Gylseth, Inger-Helen	Fredrikstad	1	1:47:27		01:47:27										
Günther, Hanne	Moss	1	1:37:33	01:37:33											
Günther, Laila Kristin	Halden løpeklubb	1	1:38:34		01:38:34										
Gøransson, Ida	TEAM GØRANSSON	2	1:17:20								1:17:20	1:19:57			
Gøransson, Lasse	TEAM GØRANSSON	2	1:09:23								1:09:23	1:10:29			
Gøransson, Lise	TEAM GØRANSSON	1	1:37:19								1:37:19				
Gaarden, Camilla	Sarpsborg	4	1:18:49			01:18:49	01:22:12	01:33:01		01:59:28					
Gaarden, Henrik	SARPSBORG	1	1:32:18						01:32:18						
Gaarden, Øyvind	Grålum	1	1:44:38		01:44:38										
Gaarder, Fredrik		2	1:25:23								1:25:23		1:27:09		
Gåsvær, Jan-Erik	Kondistreninga Gran	2	1:17:39			01:17:39	01:20:24								
Hack, Peter	Lommedalen	1	1:22:42			01:22:42									
Hack, Sebastian	Lommedalen	1	1:05:22			01:05:22									
Haddeland, Gro		1	1:34:58								1:34:58				

Glommaløpet 10 miles individuelt
Historikk

Hafnor, Johannes		1	1:27:43								1:27:43				
Hagelund, Malin	Askim	1	1:38:08	01:38:08											
Hagelund, Morten	Spydeberg IL / Next Race Runners	2	1:17:42	01:18:34	01:17:42										
Hagen, Charlotte Scott		2	1:15:19									1:17:35	1:15:19		
Hagen, Joakim	Gressvik	1	2:00:51	02:00:51											
Hagen, Kathleen Rani	Fagerstrand	1	1:37:41		01:37:41										
Hagen, Lisbeth	Kondis Nes	1	1:24:46					01:24:46							
Hagen, Magnus		2	1:22:05							01:22:27	1:22:05				
Hagen, Morten	Lundeløperne	2	1:10:13						01:10:13	01:35:14					
Hagen, Sigurd Heckmann	Eir Trening	1	1:11:42		01:11:42										
Hagen, Simen	Oslo	3	1:33:38	01:37:19	01:33:38	01:34:57									
Hagen, Tuva Eikås	Oslo	1	1:34:16		01:34:16										
Hagestande, Emil	Borgenhaugen	1	1:25:08	01:25:08											
Hagestande, Wenche Murtnes	Fredrikstad	2	1:27:52									1:27:52	1:28:56		
Haglund, Mathias	Torp	1	1:10:04			01:10:04									
Haglund, Stig	Sølvrevens Venner	2	1:29:37		01:29:37	01:34:52									
Hajdu, Csilla		1	1:21:09											1:21:09	
Hald, Kennet	KENNET HALD	2	1:17:01										1:17:01	1:24:14	
Halkes, Daniel	Ålesund	1	1:17:05		01:17:05										
Halla, Erlend	Gressvik	1	1:09:49	01:09:49											
Halle, Alexander Braseth	Fredrikstad	5	1:07:47				01:07:47	01:08:00	01:31:45	01:28:15	1:10:11				
Hallstensen, Per Åge		3	1:08:56							01:18:33			1:08:56		1:21:32
Halmrast, Aleksander	Greåker	1	2:04:55	02:04:55											
Halmrast, Caroline	Oslo	1	2:04:55	02:04:55											
Hals, Erik	Bergen Triathlon Club / Fredrikstad Tria	1	1:14:10						01:14:10						
Halstensen, Mathilde	Oslo	1	1:29:38		01:29:38										
Halstensen, Talette	Fredrikstad	1	1:41:11		01:41:11										
Halstensen, Talette Borsheim		2	1:25:09										1:25:09	1:36:11	
Halvordsson, Lena	Strömstad	1	1:41:57	01:41:57											
Halvorsen, Anders	Halden	1	1:27:29		01:27:29										
Halvorsen, Christopher	Halden Pharma	1	1:40:11	01:40:11											
Halvorsen, Ellen Therese Skau	Fredrikstad IF	5	1:25:31	01:33:03	01:26:58	01:30:07	01:25:31	01:28:23							
Halvorsen, Joachim		1	1:44:12										1:44:12		
Halvorsen, Lars Erik		2	1:25:07									1:27:50	1:25:07		
Halvorsen, Lars Gellein	Klaveness	1	1:05:47			01:05:47									
Halvorsen, Linn		1	1:56:16							01:56:16					
Halvorsen, Sara		1	1:34:21									1:34:21			
Halvorsen, Selma	KONGSTEN IF J06	1	1:55:58								1:55:58				
Halvorsen, Tora		1	1:43:37							01:43:37					
Halvorsen, Tor-Arne		3	1:19:04								1:19:04	1:25:20	1:23:03		
Halvorsen, Øyvind	Fredrikstad IF	1	1:27:51									1:27:51			
Hammer, Mari	Sarpsborg Tennisklubb	1	1:32:53			01:32:53									
Hammer, Tone	MARKEDSPARTNER	3	1:45:00							01:56:45	1:45:00	1:46:46			
Hammeren, Patrick Krav	Skiløperne	1	1:12:21			01:12:21									

Glommaløpet 10 miles individuelt
Historikk

Hammerseng Lund, Mari	KVERNHUSET BIL	2	1:15:43							01:24:25		1:15:43			
Hammerstad, Alexander	Sarpsborg	2	1:25:46			01:25:46	01:41:59								
Hammerstad, Kim Arne	SK Svette	1	1:22:25						01:22:25						
Hammerstad, Lars	SKJEBERG CK	3	1:15:32									1:17:24	1:15:32	1:22:52	
Hammerstad, Ronny	Gamle Fredrikstad	1	1:30:45			01:30:45									
Hammerstad, Tom Henning	SKJEBERG CK	2	1:20:00										1:20:00	1:28:08	
Handal, Steffen	Haslum	2	1:22:03		01:22:03	01:27:23									
Handegård, Espen	Fredrikstad IF	2	1:21:22										1:21:22	1:28:17	
Handelsby, Junette	Kråkerøy	1	1:22:58	01:22:58											
Handelsby, Raymond	Sarpsborg	1	1:29:10	01:29:10											
Hangaard, Maria	Oslo	1	1:39:04	01:39:04											
Hangaard, Thor	Oslo	1	1:43:05	01:43:05											
Hansen Bjørnland, Siri		1	1:34:41							01:34:41					
Hansen, Aleksander	FOSBY STILLAS	1	1:43:48								1:43:48				
Hansen, Anders		2	1:18:59						01:20:56		1:18:59				
Hansen, Arild	HUNNDALEN	1	1:30:45						01:30:45						
Hansen, Arild Bjørn	Kråkerøy	4	1:18:31	01:22:45	01:18:31	01:26:58	01:36:55								
Hansen, Arild Olsrud	SKJEBERG SK	4	1:26:20								1:27:49	1:36:37	1:26:20		1:33:20
Hansen, Carina	Sarpsborg	1	1:25:34		01:25:34										
Hansen, Cathrine	Kråkerøy	2	1:34:43		01:34:43					01:37:54					
Hansen, Charleen Skrøder	Grålum	2	1:47:12	01:58:47	01:47:12										
Hansen, Esben	QUALITY HOTEL	1	1:24:44							01:24:44					
Hansen, Frank	DRAMMEN BALLKLUBB	1	1:13:33												1:13:33
Hansen, Fredrik	Gamle Fredrikstad	3	1:22:36	01:23:10	01:22:36				01:28:20						
Hansen, Frode Ulvik	Ås	1	1:37:15						01:37:15						
Hansen, Grete Lill	ESSO RAF SPORT	1	1:38:08												1:38:08
Hansen, Hanne	INFOTJENESER	1	1:27:32									1:27:32			
Hansen, Henrik	Grålum	1	1:15:10		01:15:10										
Hansen, Haakon	Elvågatraverne	1	1:16:01			01:16:01									
Hansen, Ida-Anette Holm	Frederik II vgs	1	1:17:12				01:17:12								
Hansen, Ingvild Solberg	SARPSBORG	1	1:36:54						01:36:54						
Hansen, Joachim	KONGSBERG DIGITAL	1	1:19:22								1:19:22				
Hansen, Karina	Gamle Fredrikstad	1	1:51:32				01:51:32								
Hansen, Karsten F.		1	1:17:51										1:17:51		
Hansen, Kathrine Ruud	Kvernhuset Allstars	7	1:12:28		01:16:36		01:14:30		01:13:31	01:17:04	1:12:28	1:12:56		1:19:42	
Hansen, Kim Andre	SON	1	1:32:52	01:32:52											
Hansen, Kristian	Lillehammer	1	1:41:01	01:41:01											
Hansen, Kristin	HUNNDALEN	1	1:30:46						01:30:46						
Hansen, Lars	MARKEDSPARTNER	1	1:08:52								1:08:52				
Hansen, Lars Andre		1	1:50:13											1:50:13	
Hansen, Lars-Erik	Rolvsøy	2	1:06:23	01:07:19					01:06:23						
Hansen, Lina	Askim	1	1:24:56		01:24:56										
Hansen, Linn Therese	Grålum	1	1:03:20	01:03:20											
Hansen, Lise Borgen		1	1:07:09									1:07:09			

Glommaløpet 10 miles individuelt
Historikk

Hansen, Marie Therese Brinchmann	Fagerstrand	1	1:58:40		01:58:40										
Hansen, Marius	Tønsberg	6	1:42:05		01:42:26		01:51:35					1:48:13	1:42:05	1:44:36	1:44:13
Hansen, Marius	Mysen	1	1:17:02	01:17:02											
Hansen, Mette	FREDRIKSTAD KOMMUNE	1	2:20:10									2:20:10			
Hansen, Morgan	PRODOK AS	1	1:31:49									1:31:49			
Hansen, Morten	Fredrikstad IF	12	1:23:49	02:12:16	01:45:51	01:36:32	01:46:41	01:41:53	01:30:41	01:38:51	1:23:49	1:26:36	1:26:02	1:32:42	1:41:46
Hansen, Morten	Moss	1	1:32:12			01:32:12									
Hansen, Nils Henrik Bjæring	SOLKYSTEN LK	1	1:29:21											1:29:21	
Hansen, Nina Bakke	OCR NORWAY	1	1:32:54								1:32:54				
Hansen, Odd Henning	Halden	1	2:07:28	02:07:28											
Hansen, Ole Johnny	Fredrikstad	4	1:15:17	01:28:17		01:20:00	01:15:17	01:21:56							
Hansen, Ole Kristian	Kronos Titan	1	1:33:48		01:33:48										
Hansen, Peter Sigmund	Sellebakk	1	1:40:23			01:40:23									
Hansen, Rolf		1	2:40:26												2:40:26
Hansen, Ronny		2	1:50:14						01:50:14	02:03:22					
Hansen, Stig Gøran	Rygge IL	1	1:26:56			01:26:56									
Hansen, Stine	TEAM SMARTFISH FUJI /SKILØPERNE	2	1:29:12								1:29:12	1:32:11			
Hansen, Stine	Skiløperne / Team Medex	1	1:31:21			01:31:21									
Hansen, Terje		1	1:53:03							01:53:03					
Hansen, Terje	Gamle Fredrikstad	1	1:34:55	01:34:55											
Hansen, Terje Holstad	Fredrikstad IF	12	1:13:55	01:42:23	01:54:48	01:32:44	01:29:43	01:35:53	01:21:00	01:27:00	1:18:43	1:17:54	1:13:55	1:15:38	1:17:20
Hansen, Therese Marie		1	1:35:18											1:35:18	
Hansen, Thomas		1	1:24:42							01:24:42					
Hansen, Thomas Rene	BSV Triatlon Klubb	4	1:11:12					01:17:25	01:11:12	01:11:50		1:21:50			
Hansen, Tone B	MARKEDSPARTNER	1	1:48:53									1:48:53			
Hansen, Tone Elin Venbakken	Langhusløperne	1	1:46:58			01:46:58									
Hansen, Tone Merete		1	1:56:18							01:56:18					
Hansen, Torkil Skancke	IMTECH	1	1:44:12											1:44:12	
Hansen, Tron	IMTECH	1	1:35:14											1:35:14	
Hansen, Trond-Vidar Due	SELLEBAKK	3	1:19:47					01:22:29	01:19:47				1:31:54		
Hansen, Truls	Fredrikstad	1	1:41:39			01:41:39									
Hansen, Vidar Boye		3	1:20:21							01:48:39		1:22:57	1:20:21		
Hansen, Vilde. Stenklev	Gressvik	1	2:15:23	02:15:23											
Hansen, Wenche Brodtkorb		4	1:33:23					01:33:23	01:37:55	01:45:54		1:35:38			
Hansen, Øystein	GRESSVIK	1	1:34:48					01:34:48							
Hansen, Åsmund	Gressvik	1	1:09:55			01:09:55									
Hansesætre, Stein-Martin	Conocophillips BIL	1	1:22:32	01:22:32											
Hanssen, Frank	Sellebakk	1	1:09:59			01:09:59									
Hanssen, Jan Frode	RÅDE LØPEKLUBB	1	1:34:46												1:34:46
Hanssen, Jo Andre	Rolvsøy	1	1:17:22	01:17:22											
Hansson, Bård	Chg-Meridian	1	1:28:50		01:28:50										
Hansteen, Cato	Romerike Ultraløperklubb	3	1:06:51				01:13:38		01:11:33		1:06:51				
Haraldsen, Anna		1	1:54:35											1:54:35	
Haraldsen, Sindre	Fredrikatad IF	3	1:19:46						01:20:08	01:31:38	1:19:46				

Glommaløpet 10 miles individuelt
Historikk

Haraldseth, Kenneth	Kråkerøy	2	1:05:45	01:05:45	01:05:48										
Haraldsson, Snorre		1	1:09:29										1:09:29		
Hareide Berg, Tobias		1	1:45:48									1:45:48			
Hareide, Kenneth	TEAM LUMBAGO	2	1:11:31									1:11:31		1:16:57	
Harsem, Magnus	FREDRIKSTAD	1	1:25:01					01:25:01							
Harsem, Terje	Gamle Fredrikstad	1	1:31:07				01:31:07								
Harstad, Elisabeth	BEGBYFURIA	1	1:26:40									1:26:40			
Hartig, Carsten	Greåker	3	1:31:09	01:43:17	01:31:09	01:40:44									
Hartmann Johannessen, Tina	Fagerstrand	1	2:01:19	02:01:19											
Hartviksen, Jenny	Gamle Fredrikstad	1	1:18:27			01:18:27									
Hasle, Bjørn	Moss	2	1:17:45		01:17:45	01:18:01									
Hasle-Finstad, Jannicke	Yven	4	1:31:03	01:59:12	01:51:43							1:31:03		1:32:14	
Hasle-Finstad, Oddbjørn	Grønn Jobb AS	3	1:20:00			01:29:29		01:28:33				1:20:00			
Haslerud Stjern, Sondre		1	1:24:44										1:24:44		
Haslie, Anders	Vestby	2	0:58:41			00:58:41		01:00:37							
Haslie, Marit	Sportsklubben Vidar	1	1:01:57					01:01:57							
Hasløgård, Trine Lise	Gressvik	1	1:43:37	01:43:37											
Hassel, Lars Petter	Hafslundsøy	5	1:29:10	01:44:27		01:39:59	01:29:10	01:31:36	01:39:01						
Hassel, Veronica	Hafslundsøy	1	1:44:26	01:44:26											
Hasselblom, Jeanette	STRÖMSTAD	1	1:46:45						01:46:45						
Hasselgård, Vegard Ringsby		1	1:18:16									1:18:16			
Hasselstrøm, Kaja	Fredrikstad IF	6	1:08:03	01:08:03		01:12:34			01:18:47		1:14:54	1:22:46	1:26:38		
Hassing, Tove Elisabeth	Fredrikstad IF	2	1:30:51								1:38:47	1:30:51			
Hasvold, Helge	FREDRIKSTAD KOMMUNE	1	1:33:19									1:33:19			
Hatlelid, Maria		1	1:30:31											1:30:31	
Hattestad, Erik	Gimle if	2	1:10:51		01:10:51		01:11:21								
Hattevig, Ralph		1	1:09:43											1:09:43	
Hauer, Olav	Trøgstad	1	1:19:18		01:19:18										
Hauer, Robert	Teamrh84-Bademiljø	2	1:16:15	01:19:30									1:16:15		
Haug, Adrian	Askim	1	1:15:30			01:15:30									
Haug, Hallgeir	Lyn Ski	1	1:13:39	01:13:39											
Haug, Lene		1	1:42:02								1:42:02				
Haug, Ole Petter	Rakkestad	1	1:15:03		01:15:03										
Haugan, Rune	TILTAKSGRUPPA FOKUS	1	1:12:06											1:12:06	
Haugan, Truls	GAMLE FREDRIKSTAD	1	1:48:18					01:48:18							
Haugbro, Tom Andreas	TEAM PURESIENCE FUJI/SAGA	1	1:41:57							01:41:57					
Hauge, Anette	Oslo	2	1:06:16	01:06:16			01:06:27								
Hauge, Eirik Eng	Grålum	2	1:30:06	01:31:07			01:30:06								
Hauge, Hilde		3	1:33:19						01:39:28	01:45:22	1:33:19				
Hauge, Jon Petter		1	1:40:20								1:40:20				
Hauge, Kåre Rune	Oslo	1	2:00:31	02:00:31											
Hauge, Lars	Greåker IF	10	1:07:26	01:16:29	01:13:24	01:15:02	01:11:41	01:12:52		01:12:21	1:07:54	1:08:40	1:07:26		1:14:20
Hauge, Ole Fredrik	Europris	2	1:23:40						01:23:40	01:29:26					
Hauge-Allahdadi, Hamid	Gressvik	2	1:15:09	01:15:09	01:21:42										

Glommaløpet 10 miles individuelt
Historikk

Haugen Bråthen, Lisbet	RUDSBYGD	1	1:34:13											1:34:13	
Haugen, Elin Engeli	Frederik II vgs	2	1:44:06				01:44:06	01:56:36							
Haugen, Kim	BLODSMAK SK	1	1:22:05											1:22:05	
Haugen, Linn	Vear	1	1:20:39		01:20:39										
Haugen, Morten	Rolvsøy	1	1:41:59				01:41:59								
Haugen, Renate	RENATE HAUGEN	1	1:28:11									1:28:11			
Haugerud, Fredrik Myhre		1	1:18:47										1:18:47		
Haugerud, Henning	DSV ROAD	1	1:07:43									1:07:43			
Haugesten, Mari	Halden	1	1:31:57		01:31:57										
Haugland, Morten	Fredrikstad	1	1:21:48	01:21:48											
Haugland, Per Ove	NYLENDE IF	5	1:07:51						01:07:51	01:11:31	1:10:01		1:10:14	1:19:20	
Haugli, Christian	Crossfit Askim	1	1:17:22				01:17:22								
Haugseng, Petter	Bøler IF / Bøler IF Friidrett	1	1:16:08					01:16:08							
Haugstad, Frode	Eikefjord	1	1:24:51			01:24:51									
Haukeli, Eirik		1	1:49:12												1:49:12
Haukeli, Espen		1	1:33:18												1:33:18
Haukeli, Hans Øivind	SPK FONNA	1	1:25:00											1:25:00	
Haukeli, Linda	RFF	1	1:25:00											1:25:00	
Haukelid, Ruben	Kråkerøy	1	1:06:14		01:06:14										
Hedin, Anne Kari		1	1:30:57											1:30:57	
Hedin, Pål Espen	BORGEN IL	1	1:08:28											1:08:28	
Hedlund Andersen, Hege		1	1:40:31								1:40:31				
Hedlund, Marie		2	1:42:59						01:47:04		1:42:59				
Hegerstrøm, Sonja	Kongsberg	1	1:31:45		01:31:45										
Hegge, Loke	Oslo	2	1:33:48	01:33:48		01:36:46									
Hegge, Rene	Valencia	8	1:19:45	01:33:49	01:26:01	01:30:50	01:31:46	01:32:05		01:36:50			1:19:45	1:32:29	
Heggenes, Tommy	GREÅKER	1	1:10:37					01:10:37							
Heggenes, Tommy Tveter	TRØSKEN IL	2	1:09:20						01:12:49		1:09:20				
Hegrenæs, Andreas	Andreas Hegrenæs	1	1:45:31		01:45:31										
Heia, Tom Erik		1	1:08:54										1:08:54		
Heiberg, Anette		3	1:37:02									1:37:27	1:37:02	1:43:43	
Heiberg, Gunn-Marit	Kondis	1	1:40:52					01:40:52							
Heidenberg, Marius		1	1:21:36								1:21:36				
Heidenberg, Steinar	Team Paxster	1	1:54:57	01:54:57											
Heien, Halvor	HiØ	1	1:42:23	01:42:23											
Heier, Andreas Johansen	Heier Performance Center	5	1:11:18	01:19:55	01:11:18	01:12:51	01:13:50		01:13:22						
Heier, Hege Kristin		2	1:30:18						01:30:18	01:44:24					
Heier, Per Arne		1	1:22:36									1:22:36			
Heier, Ragnar		1	1:21:59										1:21:59		
Heieren Hansen, Cathrine		1	1:41:40							01:41:40					
Heieren Hansen, Ole Christoffer	Ole Christoffer Heieren Hansen	1	1:17:04						01:17:04						
Heines, Hans Erik	Sarpsborg FK	2	1:31:32				01:37:23				1:31:32				
Heines, Per Christian	Zenith Survey	4	1:28:40				01:39:58		01:39:33		1:31:23		1:28:40		
Heines, Tuva	Zenith Survey	3	1:28:40	01:39:52	01:28:40		01:38:26								

Glommaløpet 10 miles individuelt
Historikk

Heinrich, Kjell	Team Nordic Trail	1	1:11:28						01:11:28						
Helan, Nvar Gøran	Rolvsøy	1	1:47:17	01:47:17											
Heldal, Karianne	Sarpsborg	2	1:28:44	01:28:44	01:31:32										
Helgesen, Eirik Møgster	Fredrikstad	2	1:07:55		01:07:55	01:13:56									
Helgesen, Jane		1	1:47:19											1:47:19	
Helgesen, Martin	Sarpsborg IL	5	1:02:28						01:09:03	01:13:56	1:02:28			1:06:47	1:08:48
Helgesen, Melonie		1	1:37:10											1:37:10	
Helgesen, Simon	Løplabbet	1	1:08:23	01:08:23											
Helgesen, Simone Vikran		1	1:23:08											1:23:08	
Helgestad, Ida	Halden	1	1:33:44		01:33:44										
Heli-Hansen, Morten		1	1:28:05										1:28:05		
Hella, Helge	Romerike Friidrett / Helge Hella	1	1:08:47				01:08:47								
Helland, Fredrik Forbord	Kun med for å slå Laget til Sebastian Ho	1	1:25:11	01:25:11											
Helle, Aleksander	Gamle Fredrikstad	1	1:13:59	01:13:59											
Helle, Christian Thorsnes	Borregaard	1	1:26:16	01:26:16											
Helle, Sandra Katrine	Gamle Fredrikstad	1	1:29:20	01:29:20											
Hellerud, Mats	Moss IL	2	0:54:31			00:54:31	00:56:49								
Hellerud, Nanna		1	1:33:36										1:33:36		
Helli, Erik	GIF SKI	2	1:15:49								1:15:49			1:20:24	
Helli, Erik	Gjelleråsen Ski	1	1:23:14				01:23:14								
Hellmuth, Franziska	Ski	2	1:34:30	01:34:30			01:36:20								
Helminsen, Kristoffer	Fredrikstad Skiklubb	1	1:12:54								1:12:54				
Hendset, May Kristin		5	1:37:02						01:37:02	01:51:03	1:59:10	2:00:16	1:47:02		
Henning, Kim	Team Paxster	1	1:38:38	01:38:38											
Henning, Sanne Marie	Grålum	1	1:30:39	01:30:39											
Henriksen, Aleksander	Team Egg	3	1:11:23	01:13:57					01:11:23						1:33:57
Henriksen, Andreas	Sarpsborg	2	1:05:43		01:07:46			01:05:43							
Henriksen, Andreas Glosli Næss	Ise	2	1:25:53	01:25:53	01:27:01										
Henriksen, Bengt	Oslo	4	1:22:38					01:40:35	01:22:38	01:27:06	1:35:53				
Henriksen, Espen		1	1:28:49								1:28:49				
Henriksen, Jan Erling		1	1:48:08								1:48:08				
Henriksen, Jonas Nordby	Gamle Fredrikstad	2	1:13:01		01:13:01	01:21:35									
Henriksen, Julia Alvær	Råde	1	1:48:53		01:48:53										
Henriksen, Kamilla	Sperrebotn	1	1:37:20			01:37:20									
Henriksen, Mats	Fredrikstad	1	1:20:10	01:20:10											
Henriksen, Roar	Torp	5	1:23:52	01:34:46	01:30:38	01:41:25	01:35:10		01:23:52						
Henriksen, Silje Grande		1	1:41:33										1:41:33		
Henriksen, Sindre	TISTEDAL	3	1:33:59					01:33:59	01:36:40	01:48:16					
Henriksen, Stian	Greåker	2	1:31:59	01:31:59	01:37:18										
Henæs, Henrik	Moss	1	1:38:47	01:38:47											
Heramb Johansen, Anders	SWECO	1	1:23:42								1:23:42				
Herikstad, Vetle	Fredrikstad	1	1:19:27		01:19:27										
Herikstad, Yngve	Sarpsborg	1	1:33:23		01:33:23										
Herlitz-Olsen, Gunilla	Klavestadhaugen	1	1:37:08		01:37:08										

Glommaløpet 10 miles individuelt
Historikk

Herlitz-Olsen, Kristoffer	Klavestadhaugen	1	1:33:35		01:33:35										
Hermanrud, Kristine	Oslo	2	1:25:44		01:27:44	01:25:44									
Hermansen, Hanne Jeanett Bang	Larvik	2	1:45:00			01:45:00							1:59:04		
Hermansen, Jarle S.	NAVERNE	1	1:24:12												1:24:12
Hermansen, Kine	Grålum	1	1:34:01	01:34:01											
Hermansen, Kristine	Fredrikstad IF	3	1:15:43								1:15:43	1:19:40	1:22:46		
Hermansen, Mirjam Randa	Bergen	1	1:49:18		01:49:18										
Hermansen, Per	Rygge IL / Ryggejoggen	4	1:13:59			01:19:38		01:16:04	01:16:39				1:13:59		
Hermansen, Thomas A	ROLVSØY VEKTLØFTERKLUBB	2	1:23:20									1:23:23		1:23:20	
Hermansen, Vidar	FREDRIKSTAD SKIKLUBB	2	1:13:26							01:28:03	1:13:26				
Hermstad, Magnus		1	1:17:56					01:17:56							
Hernes, Børge	JAR	1	1:45:31		01:45:31										
Hernholm, Ina Hansen	Halden	1	2:00:01	02:00:01											
Herse, Kristian	Oslo	1	1:28:42	01:28:42											
Hertzberg, Mette	Åsgårdstrand	2	1:47:39			01:47:39	01:47:51								
Hervik, Andreas	Gamle Fredrikstad	4	1:21:07	01:29:11	01:24:16	01:21:07	01:25:47								
Hesjedal, Randi	Spydeberg IL	1	1:24:03			01:24:03									
Hetland, Henning	OSLO	2	1:26:28					01:46:36						1:26:28	
Hetland, Hilde	Beito	1	1:44:01			01:44:01									
Hetland, Jostein	Kråkerøy	1	1:13:09			01:13:09									
Hetlelid, David		1	1:33:59							01:33:59					
Heuch, Cesilie	Sandvika	1	1:31:45			01:31:45									
Heyerdahl Nyquist, Tor Omar	Øystre Slidre IL	2	1:04:48	01:04:48	01:05:47										
Hildebrand, Fredrik	JM NORGE AS	2	1:15:12						01:15:12	01:23:18					
Hinsch, Malte	Northern Runners / Sissies Sind Schuld	4	1:04:51						01:05:27	01:07:15	1:04:51	1:05:50			
Hinsch, Malte Sebastian	Northern Runners / Eriks Fanklubb	1	1:02:25				01:02:25								
Hinseth, Sindre	Råde	1	1:18:19		01:18:19										
Hisdal, Erling	IK Tjalve	4	0:59:38	01:06:35	01:03:58	01:02:59	00:59:38								
Hjardar, Espen	Kvernhuset Old Star	6	1:10:03		01:18:27		01:17:04		01:16:23	01:15:16	1:10:03	1:12:56			
Hjelkrem, Nora Wasenius	Moss	1	1:31:55		01:31:55										
Hjelkrem, Rino	Moss	1	1:31:55		01:31:55										
Hjelle, Anette	Gjerdrum	1	2:09:06			02:09:06									
Hjelle, Øivind	Moss	2	1:39:16		01:39:16					01:44:43					
Hjelleset, Jon	Skiptvet	1	1:27:12			01:27:12									
Hjelstuen Askeland, Guro	Gamle Fredrikstad	1	1:39:16			01:39:16									
Hjelvin, Erik	PFIZER AKTIV	1	1:28:43											1:28:43	
Hjemdal, Ingeborg	ASKIM	1	1:34:09							01:34:09					
Hjemly, Håkon		1	0:56:29										0:56:29		
Hjermstad, Marianne	FOSSUM IF	1	1:16:21								1:16:21				
Hjermstad, Ragnhild	FOSSUM IF	1	1:10:47								1:10:47				
Hjerpseth, Dag	TEAM SPORTSMANDEN	1	1:19:33							01:19:33					
Hjerpseth, Monika	TEAM SPORTSMANDEN	1	1:31:29							01:31:29					
Hjorthaug, Erling	Vestby	1	1:06:12			01:06:12									
Hoel, Lasse Jarle	Lillestrøm	1	1:29:12	01:29:12											

Glommaløpet 10 miles individuelt
Historikk

Hoen Johansen, Mathias	Oabik	1	1:35:45			01:35:45									
Hoen, Christian	Nittedal IL	1	1:07:27			01:07:27									
Hoff, Kathrine	KNAPSTAD	2	1:26:47					01:45:25	01:26:47						
Hoff, Line	Hamar IL	1	1:18:21						01:18:21						
Hoff, Sebastian	Hobøl	3	1:00:51	01:00:51	01:04:53	01:08:18									
Hoff, Yvonne		1	1:27:27												1:27:27
Hofmo, Elise	MARKEDSPARTNER	1	1:58:09									1:58:09			
Hofosseter, Øyvind		1	1:22:51									1:22:51			
Hognestad, Sondre	Moss	1	1:11:27		01:11:27										
Hogsted, Jens	Team Princess	1	1:14:50						01:14:50						
Hogsted, Jens Petter	SKI	2	1:22:37			01:23:19					1:22:37				
Holand, Tabita Ulstein	Sarpsborg	1	1:45:28		01:45:28										
Holberg, Janne	Moss	3	1:30:26		01:30:26					01:38:38		1:34:26			
Hole, Jørgen	ÅS IL / SKILØPERNE	3	1:11:09									1:14:11	1:11:09	1:18:44	
Holen, Jarl-Håvard	SEMPRO AS	1	1:43:10									1:43:10			
Holm Hansen, Ida-Anette		1	1:18:56										1:18:56		
Holm, Charlotte	Ytre Enebakk	1	1:32:48	01:32:48											
Holm, Erik	Denofa	3	1:10:14	01:13:52	01:10:14		01:15:47								
Holm, Erling Dokk		1	1:18:35										1:18:35		
Holm, Line	Hafslundsøy	1	1:48:05		01:48:05										
Holmberg Aasen, Camilla	Nøtterøy	1	1:49:16		01:49:16										
Holmberg Aasen, Kenneth	Færder	1	1:49:17		01:49:17										
Holme, Egil	Fredrikstad IF	3	1:09:55							01:20:41		1:12:18	1:09:55		
Holme, Knut Veiulf	GAMLE FREDRIKSTAD	1	1:49:07						01:49:07						
Holme, Simen		1	1:39:32											1:39:32	
Holmen, Kjell Runar	Østbygda IL	2	1:33:37				01:33:37	01:33:38							
Holmesland-Karlsen, Ida	Oslo	1	1:39:15		01:39:15										
Holmestrand, Anna Kristine		1	1:52:07								1:52:07				
Holmestrand, Bjørn		1	1:32:59								1:32:59				
Holm-Hansen, Fredrick	Gamle Fredrikstad	1	1:54:57		01:54:57										
Holm-Nilsen, Eirik	LARKOLLEN	1	1:13:21					01:13:21							
Holmquist, Henrik	Fredrikstad Skiklubb	1	1:29:39	01:29:39											
Holmquist, Hugo	Fredrikstad Skiklubb	2	1:10:50	01:12:13	01:10:50										
Holmskau, Kristine		1	1:35:48										1:35:48		
Holmskog, Stian	PENTEX AS	3	1:23:42							01:23:42		1:25:54	1:28:48		
Holst, Viktoria	Gressvik	1	1:36:45				01:36:45								
Holt, Audun	Halden Skiklubb	1	1:45:52				01:45:52								
Holt, Samuline	Halden	1	2:01:37				02:01:37								
Holt, Thor-Erik	Kråkerøy	1	1:19:34	01:19:34											
Holte, Henrik	Kråkerøy	1	1:20:01	01:20:01											
Holte, Tonny	Sturla	5	1:09:43						01:09:43		1:11:53	1:21:42	1:14:26	1:29:56	
Holten Hjemdal, Ingeborg	Kråkerøy	2	1:28:19		01:28:19	01:33:01									
Holten, Eivind		1	1:22:37						01:22:37						
Holten, Line Henriette	Fredrikstad	5	1:23:24	01:30:06	01:28:20	01:33:00				01:34:09	1:23:24				

Glommaløpet 10 miles individuelt
Historikk

Holter, Theodor	Greåker	1	1:02:40	01:02:40											
Holter, Tonje	Sellebakk	1	1:27:44		01:27:44										
Holtet, Andrea	Fosser	1	1:38:30			01:38:30									
Holth, Anette	ASPIRE BRANDS	1	1:44:11							01:44:11					
Holth, Jonas	Fredrikstad	10	1:25:59		01:34:29	01:41:39	01:32:24	01:39:09	01:38:32	01:33:31	1:26:26	1:32:52	1:31:41	1:25:59	
Holth, Kristine		1	1:38:31								1:38:31				
Holth, Merethe		1	1:25:18								1:25:18				
Holt-Olsen, Theodor	ISE	1	1:49:41	01:49:41											
Holum, Magnus	Sarpsborg	1	1:35:47	01:35:47											
Homstvedt, Johanne	Kråkerøy	1	1:46:15	01:46:15											
Homstvedt, Oddbjørn	F.I.L. BORG	1	1:04:23								1:04:23				
Homstvedt, Stian	SKI	1	1:50:32			01:50:32									
Hongve, Torkjel	Siggerud IL	3	1:11:18					01:11:18		01:17:29	1:15:44				
Hope, Emilie	Trondheim	1	1:25:56		01:25:56										
Hop-Hansen, Ane-Marthe	Gamle Fredrikstad	1	1:36:57				01:36:57								
Horgheim, Julius	KONGSTEN IF	2	1:16:33									1:16:33	1:24:54		
Horgheim, Oda	KONGSTEN IF J06	1	1:38:55								1:38:55				
Horn, Helge Jacob	SKI	1	1:21:34						01:21:34						
Horne, Kristoffer	Oslo	1	1:36:13			01:36:13									
Horne, Lasse		1	1:14:19										1:14:19		
Horpestad, Bjørn Håkon	HORPESTAD NØDSLAKT	1	1:34:11											1:34:11	
Hoti, Faton Elde	Trosvik	2	1:09:07	01:09:07	01:11:40										
Hov, Martine	Ørje	1	1:38:46			01:38:46									
Hovde, Kristian	Spydeberg	1	1:37:29	01:37:29											
Hovde, Kristine	TEAM HEIDERØD	3	1:35:44									1:37:49	1:35:44	1:52:04	
Hovden, Anna Kristina	Oslo	2	1:12:58			01:17:42		01:12:58							
Hovden, Per Christian	Get_A_Little_Fit	1	1:47:47			01:47:47									
Hovind, Carl-Fredrik	Rolvsøy	1	2:00:54				02:00:54								
Hovind, Eirik Kamstrup		1	0:58:19									0:58:19			
Hovland Bøe, Andrea	FREDRIKSTAD	1	1:33:48					01:33:48							
Hovland, Idar	Nexans BIL Halden	1	1:25:19				01:25:19								
Hovland, Lars	Moss	2	1:34:39		01:39:39	01:34:39									
Hovland, Magnus	Fredrikstad	1	1:52:38			01:52:38									
Hox, Karianne	Team Hoxli	1	1:50:59					01:50:59							
Hox, Lars	Fredrikstad IF	3	1:08:52				01:08:52						1:14:16	1:16:28	
Hryn, Piotr	ADAMEKS	2	1:15:40									1:15:40	1:18:55		
Hugubakken, Oliver	ELGÅ	1	1:16:44						01:16:44						
Hugubakken, Tommy	Tønsberg	4	1:14:07		01:26:37	01:19:52		01:14:36	01:14:07						
Hugubakken, Trond	OSLOFJORD TRIATLON	1	1:14:08								1:14:08				
Hulby, Benedikte	Jessheim	1	1:57:58	01:57:58											
Hulby, Truls	UCK Triatlon / Norconsult	2	1:25:29	01:31:52	01:25:29										
Hult, Christer	Halden løpeklubb	7	0:59:24			00:59:56			00:59:24	01:04:01	1:05:03	1:07:58	1:06:05	1:08:16	
Hult, Hans Petter	Halden	1	1:20:24	01:20:24											
Hult, Jostein	Bøler Klatreklubb	1	1:15:38			01:15:38									

Glommaløpet 10 miles individuelt
Historikk

Humberset, Marianne		1	1:26:02												1:26:02
Humlekjær, Cathrine		1	1:37:43									1:37:43			
Humlekjær, Merethe	HUMLEFJELLET	2	1:41:57										1:41:57	1:48:20	
Humlekjær, Rino	HUMLEFJELLET	2	1:27:27										1:27:27	1:39:59	
Huneide, Henning		1	1:20:22									1:20:22			
Hunn, Linn		1	1:31:54										1:31:54		
Hurthi, Ingvild	Nabolaget	2	1:16:41		01:16:41		01:21:10								
Hurthi, Ola	Nabolaget	1	1:21:26		01:21:26										
Husaini, Pazar		1	1:39:03							01:39:03					
Huse, Alexander		1	1:14:21								1:14:21				
Huse, Christian	Robust Coaching	3	1:12:20	01:24:05		01:17:56		01:12:20							
Huse, Maria Stovik	Grålum	1	1:29:44	01:29:44											
Huseby, Gro Sofie Grimseth	NES PÅ Hedmarken	1	1:27:24			01:27:24									
Huseby, Liv Erikka Grimseth	Halden	3	1:23:21	01:23:21	01:26:17	01:38:20									
Huseby, Mari Hauge	Halden	1	1:54:18					01:54:18							
Huseby, Trine	Halden	1	2:18:48	02:18:48											
Huser Bakker, Alexander		1	1:05:35								1:05:35				
Husic, Selma	Borgenhaugen	1	1:38:21			01:38:21									
Hustoft, Yngve	YNGVE HUSTOFT	1	1:30:39								1:30:39				
Huth, Emma	Gamle Fredrikstad	2	1:45:58			01:45:58				01:47:55					
Huth, Håkon	Sarpsborg	1	1:15:54				01:15:54								
Huuse, Kristine	Askim	1	1:46:53	01:46:53											
Hvidsten, Henrik	Trollsvingen Fitness	1	1:19:28		01:19:28										
Hygen, Hans Olav	Østmarka OK	1	1:46:55			01:46:55									
Hygen, Kristin Stubban	Østmarka OK	1	2:11:32			02:11:32									
Hysestad, Hans Joakim	Eidsberg	1	1:20:06	01:20:06											
Hystad, Inger Lise	Østbygda IL	5	1:08:16	01:16:19					01:08:16			1:09:41	1:11:09	1:14:36	
Häbler, Morten	Fredrikstad IF	2	1:11:01								1:11:01				1:14:19
Hængsle, Håkon	Gamle Fredrikstad	1	1:50:23		01:50:23										
Hæren, Tina	TRØSKEN IL	1	1:31:59												1:31:59
Høe, Thomas	Saltnes Sportsklubb	1	1:20:37			01:20:37									
Høe, Øivind	Rygge il.	1	1:23:36		01:23:36										
Høgberg Johansen, Mikael		2	1:21:32							01:24:16			1:21:32		
Høgberg Johansen, Theres		2	1:20:11							01:24:18			1:20:11		
Høgmo, Aleksander	Fredrikstad	1	1:32:44	01:32:44											
Høgmo, Hanne	Hanne Høgmo	1	1:29:33				01:29:33								
Høgstad, Jonas	Drammen	1	1:21:02	01:21:02											
Høgsæt, Frøydis		1	1:33:16										1:33:16		
Høidahl, Henrik		1	1:05:47										1:05:47		
Høidahl, Henrik	Oslo	1	1:40:28	01:40:28											
Høidahl, Kristine	Trondheim	1	1:22:02	01:22:02											
Høidahl, Ole	Torp	1	1:53:14	01:53:14											
Høie, Karl-Martin	Gamle Oslo Løpelaug	2	1:18:54	01:18:54	01:29:49										
Høier, Birthe Lundestad	FREDRIKSTAD TRIATLONKLUBB	1	1:39:57											1:39:57	

Glommaløpet 10 miles individuelt
Historikk

Høier, Maria Therese	BRYNILD GRUPPEN B.I.L.	1	1:34:56									1:34:56			
Høiland, Kjetil	Tønsberg	1	1:32:24			01:32:24									
Høili, Odd Espen	Vesterøy	1	1:35:46			01:35:46									
Høistad, Emilie	Sarpsborg	1	1:51:38			01:51:38									
Høisæther, Erik	Yven	2	1:29:18				01:36:38				1:29:18				
Høland, Vegard	Team NSF	2	1:28:18			01:28:18			01:30:32						
Høstlund, Charles	Drøbak	1	1:01:01				01:01:01								
Høvik, Geir Arne	Kynningsrud - Nordic Crane	1	1:34:35	01:34:35											
Høvik, Marie	Halden	1	1:33:35			01:33:35									
Høydal, Audun		1	1:51:56											1:51:56	
Høye, Andreas	SLEVIK IL	1	0:52:59								0:52:59				
Høye, Christian	Feriegjengen	1	1:18:43		01:18:43										
Høye, Nina Monique	Feriegjengen	1	1:44:57		01:44:57										
Høyum, Carl Erik	Rolvsøy	1	1:21:17			01:21:17									
Høyum, Charlotte	Manstad	2	1:35:44				01:35:44		01:38:37						
Høyvik, Erik		1	1:05:03									1:05:03			
Høyaas, Lene Christine	KLAVESTADHAUGEN	4	1:47:31					01:47:31	01:47:48	02:14:27	1:51:46				
Haabeth, Audun		1	1:02:07									1:02:07			
Haabeth, Ingeborg Marie		1	1:23:13										1:23:13		
Haabeth, Jørn	Fredrikstad IF	6	1:10:37				01:13:57	01:12:27				1:18:21	1:10:37	1:18:49	1:14:58
Haabeth, Ole Audun		3	0:59:38										0:59:38	1:02:40	1:05:38
Haabeth, Sjur	KRÅKERØYTANNLEGENE	3	1:10:56									1:13:24	1:10:56		1:14:21
Haaby, Aina	RAKKESTAD FSC	1	1:25:44											1:25:44	
Haagensen, Jeanette	Sperrebotn	1	1:53:48	01:53:48											
Haagensen, Olaf		1	1:11:25								1:11:25				
Håkensen, Janne		1	1:21:59								1:21:59				
Håkonsen, Mari	Kråkerøy	1	1:25:11	01:25:11											
Håkonsen, Sebastian Helfred	Fredrikstad	1	2:18:45	02:18:45											
Haakaas, Erik	Trøgstad SK - Ski / Trøgstad SK	2	1:06:30	01:06:30					01:17:34						
Haakaas, Julian Teige	Trøgstad Skiklubb	1	1:10:09						01:10:09						
Håland Johansen, Sebastian	Kråkerøy	1	1:17:22	01:17:22											
Haaland, Anders	OSLO	2	1:12:02					01:12:02		01:18:21					
Haaland, Fredrik Moen	Kråkerøy	1	1:20:19		01:20:19										
Håland, Hilde	Manstad	2	1:27:47	01:27:47		01:29:05									
Haalien, Ola	JLT Norway	1	1:36:48						01:36:48						
Haalien, Stine	Oslo	2	1:16:37			01:16:41			01:16:37						
Haarseth, Anette	Sandefjord	1	1:50:42		01:50:42										
Haartveit, Erlend Ystrøm	FREDRIKSTAD	1	1:14:44					01:14:44							
Håvik, Claus	Team Ronja Isabell	1	1:25:26					01:25:26							
Håvik, Sohaila Shakari	Team Ronja Isabell	1	1:48:39					01:48:39							
Ibsen, Pernille Otilie	Gressvik	2	1:19:29		01:19:29	01:26:49									
Idland, Cicilia	Halden Triathlonklubb	2	1:09:54				01:09:54			01:14:17					
Idris, Abdallah	Fredrikstad	1	1:37:52	01:37:52											
Igdun, Sarah		1	1:28:18								1:28:18				

Glommaløpet 10 miles individuelt
Historikk

Igland, Eivind	Hevingen IL	2	0:58:43		00:59:03	00:58:43									
Ihle, Guttorm	Team Bons	1	1:43:43				01:43:43								
Ihle, Ulrika		1	1:28:36								1:28:36				
Ihlen, Jane	Spydeberg	1	1:50:06		01:50:06										
Imrik, Elisabeth		1	1:43:09												1:43:09
Imrik, Lasse		2	1:35:12						01:35:12	01:45:35					
Imrik, Voica		2	1:35:12						01:35:12	01:45:34					
Indrevoll, Ann-Hege	Femirun	5	1:39:26				01:46:51	01:51:28	01:42:17	01:43:24	1:39:26				
Indstøy, Morten		2	1:23:33								1:28:18	1:23:33			
Ingar Ødegård, Bjørn	Yven	1	1:22:13	01:22:13											
Ingdahl, Inger Marie		1	1:18:58										1:18:58		
Ingebrigsten, Marthe Christine		1	1:40:26											1:40:26	
Ingebrigtsen, Albert	Sarpsborg	4	1:20:20		01:20:20	01:27:39	01:37:24		01:25:58						
Ingebrigtsen, Sandra Merete	Hosle	4	1:31:31		01:33:16	01:31:31	01:46:22						1:33:02		
Ingvoldstad, Terje	Modum Friidrettsklubb / Smultringgjen	1	1:22:49						01:22:49						
Isachsen, Bjørn	Team Kondis	2	1:37:56	01:48:38	01:37:56										
Isaksen, Jan Erik	BORREGAARD	1	1:08:53									1:08:53			
Isaksen, Kasper Husvik	Gamle Fredrikstad	1	1:21:23	01:21:23											
Ivarsson, Elin	Halden Pharma	1	1:40:11	01:40:11											
Iversen, Arne	Cowi	4	1:19:18	01:43:05	01:46:02			01:27:38						1:19:18	
Iversen, Hans Petter	BRAVIDA	3	1:08:14						01:08:14		1:09:45	1:18:31			
Iversen, Hege		2	1:32:05						01:32:05	01:43:38					
Iversen, Lisbeth	HVALER BOOT CAMP	1	1:48:48							01:48:48					
Iversen, Maria Kristin	Sarpsborg	2	1:37:26		01:37:26	01:40:50									
Iversen, Marianne	BORGENHAUGEN	1	1:41:27						01:41:27						
Iversen, Monica		1	1:20:08								1:20:08				
Iversen, Pete	Fredrikstad IF	2	1:27:12											1:27:51	1:27:12
Iversen, Rebecca	SARPSBORG	1	1:41:42						01:41:42						
Iversen, Siri Jordal	Kråkerøy	3	1:21:20	01:21:20	01:23:36				01:34:46						
Iversen, Thomas	Borgenhaugen	1	1:18:03	01:18:03											
Jacobsen, Anne-Synnøve	Gjøvik Friidrettsklubb	2	1:05:55		01:05:55	01:09:47									
Jacobsen, Chris	TEAM PT	1	1:37:04							01:37:04					
Jacobsen, Dan-Petter	COWI	2	1:36:04									1:36:04	1:38:16		
Jacobsen, Ea	Gressvik	1	1:58:33		01:58:33										
Jacobsen, Elin	Sarpsborg	9	1:15:58	01:29:19	01:24:06		01:20:42	01:16:38	01:15:58			1:18:57	1:19:24	1:24:56	1:25:16
Jacobsen, Ingrid	Oslo	1	1:22:52			01:22:52									
Jacobsen, Jacob Wierenfeldt	Slowmo	5	1:30:17	01:41:32		01:32:37		01:30:17	01:36:20	01:39:39					
Jacobsen, Karsten		1	1:16:33										1:16:33		
Jacobsen, Knuterik	SOON	1	1:53:13							01:53:13					
Jacobsen, Petter Magnus	GAMLE FREDRIKSTAD	2	1:36:51					01:40:17			1:36:51				
Jacobsen, Paal Espen		1	1:26:30											1:26:30	
Jacobsen, Renate		1	1:29:18											1:29:18	
Jacobsen, Roy Victor	VÆRSTE	1	1:22:22							01:22:22					
Jacobsen, Steinar	SARPSBORG BANDYKLUBB	2	1:26:31									1:29:27		1:26:31	

Glommaløpet 10 miles individuelt
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Jacobsen, Tor	Born to run	1	1:45:07						01:45:07						
Jacobsen, Victor	Yven	1	1:26:37	01:26:37											
Jacoby, Petra	Hosle	2	1:04:50			01:04:50	01:06:15								
Jahreie, Thomas Bæk	Kråkerøy	2	1:27:00	01:27:00	01:29:21										
Jahren, Ole Henrik	Sarpsborg	1	1:33:51		01:33:51										
Jakobsen, Aleksander Thers	Moss	1	1:16:02			01:16:02									
Jakobsen, Audun Gjelstad	Idrottslaget i BUL	1	1:01:21				01:01:21								
Jakobsen, Audun Krogstad	Oslo	1	1:04:54	01:04:54											
Jakobsen, Espen	Kråkerøy	1	1:15:22	01:15:22											
Jakobsen, Fredrik	Gamle Fredrikstad	1	1:39:52				01:39:52								
Jakobsen, Kathrine	Gressvik	1	1:55:35	01:55:35											
Jakobsen, Ken-Robert	Oslo	2	0:59:14	01:02:16			00:59:14								
Jakobsen, Lau		1	1:04:33											1:04:33	
Jakobsen, Lill Anita	FIF	1	1:44:31	01:44:31											
Jakobsen, Margareth	FSC MYSEN	2	1:21:56									1:21:56	1:25:12		
Jakobsen, Martin Gautestad	Skjeberg	1	1:32:57	01:32:57											
Jakobsen, Nicolai	Råde	2	1:39:39		01:39:39	01:44:06									
Jakobsen, Tone	PRIVAT	1	1:36:56							01:36:56					
Jamissen, Leif Morten	SATS SARPSBORG	4	1:07:41						01:12:27	01:15:44		1:14:12	1:07:41		
Janas, Katarzyna	Degernes	1	1:48:03		01:48:03										
Jansen, Bjørn	Gressvik	2	1:56:31		01:56:31	02:00:33									
Jansen, Cathrin		2	1:32:07								1:32:07	1:33:05			
Jansen, Kristine	Gamle Fredrikstad	2	1:31:29	01:31:29	01:35:21										
Jansen, Svein Oskar	Fredrikstad IF	4	1:31:34								1:36:21	1:31:34		1:34:32	1:41:11
Jansen-Bekke, Merethe		1	1:41:57											1:41:57	
Janssen, Kristian	Nøtterø Rønners	1	1:14:14			01:14:14									
Jarlsberg, Karoline	Sarpsborg	2	1:39:31	01:39:31	01:48:04										
Jeksrud, Arne Aleksander		3	1:18:07									1:18:07	1:19:05	1:25:36	
Jelsnes, Henriette	Østbygda IL	3	1:22:07			01:25:30		01:22:07	01:28:33						
Jemieljanczyk, Rafal	Borgenhaugen	3	1:14:39	01:19:19			01:14:39				1:20:01				
Jensen, Andreas	Sankthanshaugen Løpeklubb	1	1:05:54			01:05:54									
Jensen, Anette Isabelle	Slemmestad	1	1:09:42				01:09:42								
Jensen, Cathrine Mariann	Gressvik	4	1:29:45	01:35:17	01:29:45	01:33:59	01:33:40								
Jensen, Frank Jørgen	Varteig IL	1	1:16:19			01:16:19									
Jensen, Heine	Greåker	8	1:17:35	01:50:53	01:33:19	01:32:56	01:28:27		01:26:29		1:17:35	1:19:19	1:19:54		
Jensen, Haakon	Vesterøy	1	1:51:32	01:51:32											
Jensen, Ingar	Mysen	2	1:19:08		01:19:08	01:23:13									
Jensen, Jørgen	IMTECH KRISTIANSAND AS	1	1:21:05											1:21:05	
Jensen, Kikki	KIKKI JAY	4	1:13:13								1:13:13	1:19:59	1:16:04	1:20:54	
Jensen, Kristine Skifjeld	NCC Norge	1	1:19:33			01:19:33									
Jensen, Kristoffer Reinholt	Team Eurobrigtsen	2	1:17:17					01:17:17			1:44:27				
Jensen, Morten	Plankebyen Dart Klubb	5	1:10:47		01:24:12			01:24:35			1:14:30		1:10:47		1:18:22
Jensen, Ole	Gjensidige Sport Øst	3	1:17:55				01:17:55				1:19:35		1:23:07		
Jensen, Petronella	Fredrikstad IF	2	2:04:40		02:04:40	02:17:41									

Glommaløpet 10 miles individuelt
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Jensen, Petter Kvamme	Bygdø IL	3	1:13:10			01:37:19					1:15:57		1:13:10		
Jensen, Richard	KRÅKERØY	1	1:04:22					01:04:22							
Jensen, Rikhard	Fredrikstad	1	1:43:59			01:43:59									
Jensen, Ronny	Gamle Fredrikstad	2	1:31:04		01:42:34	01:31:04									
Jensen, Simen Bård Hansen	Grålum	1	1:51:49		01:51:49										
Jensen, Simon Rw	Manstad	2	1:21:12		01:21:12			01:32:32							
Jensen, Stein	FREDRIKSTAD	5	1:15:38					01:28:43		01:34:10		1:15:38	1:15:42	1:20:29	
Jensen, Steinar		1	1:42:44										1:42:44		
Jensen, Tom Gunnar		1	1:20:16								1:20:16				
Jensen, Torstein	TJC	3	1:27:10							01:37:23		1:27:10		1:36:16	
Jenshagen, Frode		3	1:21:31						01:21:31	01:29:32	1:40:19				
Jenssen, Kristian Riise		1	1:17:19								1:17:19				
Jensø, Børre	ABBON AS	1	1:27:23							01:27:23					
Jerjos, Aeham	Fredrikstad	1	1:40:18	01:40:18											
Jernberg, Vigdis		2	1:22:47									1:28:39	1:22:47		
Jessesen, Glenn	SARPSBORG	1	1:15:52						01:15:52						
Jessesen, Jon-Vidar		2	1:17:14						01:17:14	01:28:45					
Jhooti, Kiran	Drammen	2	1:19:15	01:19:15		01:20:38									
Jobotn, Odd-Bjørnar	Hitra Friidrettsklubb	2	1:05:40	01:05:40	01:06:23										
Johanessen, Pål	OPPEGÅRD	1	1:37:55						01:37:55						
Johannessen, Bjørn	HALDEN IL	3	1:01:12						01:24:31				1:01:12		1:03:37
Johannessen, Espen	TEAM BTS	4	1:20:08								1:27:24	1:27:45	1:20:08	1:31:34	
Johannessen, Freddy		1	1:45:46							01:45:46					
Johannessen, Joar Martin	BLINKEN AS	1	1:22:31								1:22:31				
Johannessen, Jørgen	Rolvsøy	4	1:22:20	01:25:52	01:36:42				01:22:20	01:27:57					
Johannessen, Jørgen	Fredrikstad	1	1:26:21	01:26:21											
Johannessen, Linda	Sperrebotn	1	1:51:19			01:51:19									
Johannessen, Malin	TEAM BTS	1	1:31:34											1:31:34	
Johannessen, Marte Emilie	Fredrikstad	1	1:46:25		01:46:25										
Johannessen, Martin	Kråkerøy	4	1:10:06	01:10:06	01:10:30	01:10:55	01:11:49								
Johannessen, Martin	Team BTS	2	1:03:07				01:03:07	01:12:04							
Johannessen, Mona	Romerike Runners Team	3	1:13:47					01:13:47	01:16:12	01:25:33					
Johannessen, Monika Sand	Denofa	3	1:32:09				01:32:09		01:35:59	01:45:26					
Johannessen, Ola Daniel	Fredrikstad IF	2	0:59:10		00:59:10		01:07:02								
Johannessen, Per- Øivind	Kråkerøy	1	1:31:21	01:31:21											
Johannessen, Robert	Kent Johannessen AS	1	2:10:01	02:10:01											
Johannessen, Robin	GAARDS-SERVICE AS	1	1:23:36											1:23:36	
Johannessen, Trine		1	1:39:22												1:39:22
Johansen, Anders	Sarpsborg	1	1:10:35		01:10:35										
Johansen, André Sahlin	Gamle Fredrikstad	4	1:27:49		01:31:55	01:27:49			01:33:12	01:48:12					
Johansen, Anette Hovind	KRÅKERØY	1	1:27:01						01:27:01						
Johansen, Anne-Christin		1	1:33:57										1:33:57		
Johansen, Astrid	Oslo	1	1:45:30			01:45:30									
Johansen, Belinda Marie		1	1:50:11												1:50:11

Glommaløpet 10 miles individuelt
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Johansen, Bengt Petter	ØSTFOLD ENERGI	2	1:27:46									1:35:54	1:27:46		
Johansen, Bjørn	Kolbotn	1	1:31:38			01:31:38									
Johansen, Camilla	Sarpsborg	2	1:46:09	01:58:04				01:46:09							
Johansen, Desiré	Halden	1	1:45:32		01:45:32										
Johansen, Eirik	Hesseng	1	1:17:49			01:17:49									
Johansen, Elin Marie		2	1:27:49										1:27:49	1:34:37	
Johansen, Elise Marg	Moss	1	1:37:17			01:37:17									
Johansen, Emil	Fredrikstad	1	1:21:04		01:21:04										
Johansen, Espen R.		2	1:26:30									1:28:16			1:26:30
Johansen, Finn Markus	Gressvik	3	1:02:33	01:06:02	01:02:33										1:08:17
Johansen, Geir Thomas	Fredrikstad	1	1:23:12	01:23:12											
Johansen, Grunde Weum	Sperrebotn	1	1:13:22			01:13:22									
Johansen, Hans P	Oslo	1	2:16:38				02:16:38								
Johansen, Hedvig	Askim	1	2:03:44		02:03:44										
Johansen, Henning	COWI BIL	2	1:18:08										1:18:08	1:20:12	
Johansen, Henrik	SWIX	1	1:03:07											1:03:07	
Johansen, Ina Sofie Dahl	Fredrikstad	1	1:11:14			01:11:14									
Johansen, Jan Roger	Grålum	4	1:19:25			01:28:29	01:37:10		01:40:39						1:19:25
Johansen, Janne Kjellberg	Fredrikstad IF	3	1:10:02				01:13:34	01:14:33						1:10:02	
Johansen, John Are	Fjellhamar	2	1:18:06		01:18:06					01:22:12					
Johansen, John Henrik	Fredrikstad	1	1:35:32		01:35:32										
Johansen, Jonas	SARPSBORG	1	1:52:02						01:52:02						
Johansen, Jon-Petter	Fredrikstad	1	1:28:58	01:28:58											
Johansen, Jørgen	SOLKYSTEN LK	2	1:17:31										1:17:31	1:24:58	
Johansen, Karoline	Fredrikstad Triatlonklubb	1	1:17:40						01:17:40						
Johansen, Kathe	Briste Eller Bære	1	1:47:59		01:47:59										
Johansen, Kathrine Beate	Kråkerøy	2	1:51:56	02:01:22	01:51:56										
Johansen, Ken Michael	FREDRIKSTAD	2	1:35:20					01:35:20		01:52:21					
Johansen, Kim	ROUND TABLE FREDRIKSTAD	3	1:31:23						01:31:23			1:35:36		2:00:21	
Johansen, Kim Ole Gravdal	Rolvsøy	1	1:40:47	01:40:47											
Johansen, Kjell Arne	Fredrikstad IF	10	1:15:37		01:29:17	01:27:53	01:23:45	01:22:46	01:20:43	01:22:43	1:17:38	1:15:37	1:17:15	1:19:30	
Johansen, Kjetil	Sarpsborg	5	1:32:04	01:48:20	01:32:04	01:36:08	01:33:42		01:32:04						
Johansen, Kristin	Heimly Runners	1	1:37:15						01:37:15						
Johansen, Lindis	FREDRIKSTAD TRIATLONKLUBB	1	1:41:15							01:41:15					
Johansen, Linn Desire	FREDRIKSTAD TRIATHLON	2	1:25:18										1:25:26	1:25:18	
Johansen, Linn-Therese		1	1:26:27								1:26:27				
Johansen, Loyd	Kronos Titan	1	1:12:01		01:12:01										
Johansen, Malin	Gamle Fredrikstad	1	1:23:48	01:23:48											
Johansen, Martin	Degernes	1	1:36:24	01:36:24											
Johansen, Martin Christopher		1	1:20:52								1:20:52				
Johansen, Mona	COWI BIL	2	1:20:50										1:20:50	1:24:52	
Johansen, Odd	Råde	4	1:19:43		01:24:32	01:19:43		01:31:59	01:21:57						
Johansen, Odd Hilberg	Råde	5	1:15:40	01:28:30						01:24:34			1:18:07	1:15:40	1:23:03
Johansen, Ole Martin	Sarpsborg	2	1:08:01	01:08:01	01:09:02										

Glommaløpet 10 miles individuelt
Historikk

Johansen, Ole Reidar		1	1:24:54							01:24:54					
Johansen, Per Kristian		1	1:14:21										1:14:21		
Johansen, Pål Andre	FREDRIKSTAD FOTBALLKLUBB	1	1:26:01											1:26:01	
Johansen, Rita		1	1:30:56									1:30:56			
Johansen, Stein		1	1:11:42										1:11:42		
Johansen, Stein Ivar	Greåker	6	1:11:00	01:27:44			01:15:45		01:14:36	01:21:04	1:11:00	1:12:11			
Johansen, Stein Morten	St.Croix Innebandyklubb	2	1:14:18	01:18:41	01:14:18										
Johansen, Stian André	Manstad	1	1:24:38	01:24:38											
Johansen, Tanja		3	1:44:06										1:53:33	1:44:06	1:45:21
Johansen, Thea Fardal	Sarpsborg	1	1:28:24	01:28:24											
Johansen, Tor Magnus	Toko	1	1:33:02			01:33:02									
Johansen, Tore André	KRÅKERØY UNGDOMSSKOLE	3	1:14:39							01:15:21	1:14:39		1:19:30		
Johansen, Truls	Askim	2	1:05:48				01:06:05							1:05:48	
Johansen, Turid	Skjærhalden	3	1:36:09	01:49:34								1:38:58	1:36:09		
Johansen, Turid	FREDRIKSTAD SKIKLUBB	2	1:29:42										1:29:42	1:35:26	
Johansen, Vegard Ulrik	Sarpsborg	2	1:34:56	02:13:33											1:34:56
Johansen, Øystein	Sarpsborg	3	1:31:58	01:32:20	01:31:58	01:38:42									
Johansson, Anette	SPENST	1	1:40:52												1:40:52
Johansson, Jan	HCK	1	1:55:27									1:55:27			
Johansson, Mikael	HCK	1	1:19:00									1:19:00			
Johasson, Jan		1	1:50:10										1:50:10		
Joheim, Audun	Tolvsrød	1	1:14:16						01:14:16						
Joheim, Øyvind	Tolvsrød	5	1:25:44				01:33:40	01:37:25	01:30:05	01:38:25		1:25:44			
Johnsen, Brynjel	TRONVIK SKAENKERS	1	1:27:40								1:27:40				
Johnsen, Heidi		1	1:41:47										1:41:47		
Johnsen, Ingrid Marie		1	1:38:43								1:38:43				
Johnsen, Jane Lie		1	2:11:17							02:11:17					
Johnsen, John Andreas	Rolvsøy	1	1:20:49	01:20:49											
Johnsen, Lars Bjørnstad	Gamle Fredrikstad	1	1:32:18			01:32:18									
Johnsen, Lasse		1	1:35:47										1:35:47		
Johnsen, Linda		1	1:58:07										1:58:07		
Johnsen, Line Bjørnstad	Moss	1	1:56:08			01:56:08									
Johnsen, Mette Lise	Oslo	2	1:37:19				01:43:24							1:37:19	
Johnsen, Mina Alette	Hafslundsøy	2	1:39:28	01:45:18				01:39:28							
Johnsen, Ole Johan Føske	Torød	1	1:44:12		01:44:12										
Johnsen, Rune	Fana IL	1	1:06:27	01:06:27											
Johnsen, Siri Madeleine		1	1:54:14									1:54:14			
Jonassen, Christoffer	HRP AS	2	1:09:56			01:11:25	01:09:56								
Jonassen, Lone		1	1:50:14											1:50:14	
Jonassen, Magnus	FREDDY REINERTS LØPELAG	1	1:52:28								1:52:28				
Jonassen, Markus	Åsvang	2	1:20:05		01:37:57							1:20:05			
Jonassen, Martin	Eidsvoll	2	1:17:16		01:37:57							1:17:16			
Joneid, Ole Morten	Grålum	1	1:19:27		01:19:27										
Jonsson, Gunnar	Slitusprinterne / Team Sportsmanden	5	1:08:40		01:08:40	01:11:36	01:09:18		01:12:58	01:13:23					

Glommaløpet 10 miles individuelt
Historikk

Jonsson, Mikael		1	1:11:57												1:11:57
Joramo-Hustvedt, Svein Bjarte	GRESSVIK	1	1:29:01					01:29:01							
Jordan, Eva Karine	Asker	1	1:40:41	01:40:41											
Jordbræk, Mikael	Fredrikstad	2	1:53:57		01:53:57	01:56:31									
Josefsen, David	GAMLE FREDRIKSTAD	1	1:19:20						01:19:20						
Josefsen, Flemming	Statnett BIL	1	1:16:39		01:16:39										
Josefsen, Karianne	Sparebank 1 Østlandet BIL	1	1:26:59		01:26:59										
Josefsen, Kristin	Fredrikstad IF	1	1:24:46						01:24:46						
Josipovic, Jelena	NAV FREDRIKSTAD	2	1:34:04								1:38:53	1:34:04			
Josipovic, Vedran		1	1:34:18								1:34:18				
Juberg, Stefan	Grålum	1	1:12:33	01:12:33											
Juliussen, Jan-Erik	Tistedal	1	1:54:10				01:54:10								
Julsen, Ida	Kråkerøy	1	1:57:11			01:57:11									
Julsen, Martin Harald Arentz Sohlbe	Torsvik Oldboys	1	1:06:53	01:06:53											
Julsen, Mats	Oslo	1	1:07:16		01:07:16										
Julsen, Pernille	Borgenhaugen	4	1:12:30	01:19:26		01:12:30	01:15:38	01:23:52							
Julusmoen, June		2	1:17:31											1:17:31	1:19:45
Juul Hansen, Andreas	Degernes	1	1:32:06			01:32:06									
Jæger, Kristian	Råde	1	1:30:22	01:30:22											
Jønland, Endre Olav	Borgenhaugen	9	1:23:33	01:58:32			01:40:05	01:43:23	01:27:19	01:43:45		1:33:18	1:23:33	1:27:13	1:30:11
Jøransen, Mona	Frogner	3	1:15:01		01:16:27			01:15:01				1:21:13			
Jørgensen, Anikke	Fredrikstad IF	1	1:33:02	01:33:02											
Jørgensen, Christian	Fredrikstad	1	1:24:41		01:24:41										
Jørgensen, Geir	Fredrikstad IF	6	1:08:12	01:20:09			01:13:53				1:10:53	1:17:13	1:08:12	1:12:50	
Jørgensen, Hege		1	1:31:44										1:31:44		
Jørgensen, Jarle	Fredrikstad IF	3	1:10:51						01:13:03	01:20:50	1:10:51				
Jørgensen, Leif Roar	Fredrikstad IF	4	1:28:17						01:31:56	01:31:19	1:28:17	1:29:23			
Jørgensen, Petter	DANSKE BANK	1	1:01:27												1:01:27
Jørgensen, Steinar	Grålum	3	1:17:44		01:17:44	01:20:39	01:22:37								
Jørgensen, Øyvind	Rolvsøy	1	1:35:33	01:35:33											
Jørnholt, Christer		2	1:36:15						01:36:15	01:37:52					
Jørstad, Erik	Fredrikstad IF / Plantbased Runners	7	1:04:50				01:05:24		01:06:31	01:08:33	1:04:50	1:18:43	1:10:15	1:24:22	
Kahrs, Christian Riddervold	SLEVIK IL	1	0:58:29									0:58:29			
Kahrs, Marianne Riddervold	COWI	1	1:05:58									1:05:58			
Kairelis, Irmantas		2	1:08:20							01:09:32	1:08:20				
Kallaba, Ardit	Oslo	1	1:53:10		01:53:10										
Kallasten, Bjørn Kristian	Ås IL	2	1:04:23		01:04:23	01:05:36									
Kaltenborn, Kristian	Oppegård IL	1	1:34:20			01:34:20									
Kampenhøy, Anders	Borgenhaugen	1	1:13:31				01:13:31								
Kampenhøy, Anja	Borgenhaugen	1	1:11:59				01:11:59								
Kampenhøy, Anja	Borgenhaugen	1	1:02:42	01:02:42											
Kanestrøm, Dag Viggo		1	1:44:54								1:44:54				
Kanstrup, Stian	KRÅKERØY	1	1:24:54						01:24:54						
Karesch, Joshua		1	1:25:29										1:25:29		

Glommaløpet 10 miles individuelt
Historikk

Karlsen, Aleksander Castro	Torp	1	1:29:55			01:29:55									
Karlsen, Bjørn Dahlby		1	1:07:59								1:07:59				
Karlsen, Christoffer Myrvold	FREDRIKSTAD	1	1:22:14						01:22:14						
Karlsen, Eirik	Sellebakk	1	1:38:37			01:38:37									
Karlsen, Eirik Andre	Obos Østfold	1	1:29:24		01:29:24										
Karlsen, Geir	TEAM ROMSÅS ROADRUNNERS	2	1:43:09							01:44:26	1:43:09				
Karlsen, Ivar	Gressvik	1	2:02:37	02:02:37											
Karlsen, Jan Erik	SENTRUM KAMPSPORT - SARPSBORG	1	1:24:35											1:24:35	
Karlsen, Jon Andre		1	1:33:46									1:33:46			
Karlsen, Kenneth K	KRÅKERØY	1	1:18:46					01:18:46							
Karlsen, Kristian		1	0:53:26								0:53:26				
Karlsen, Maria Dahle	Gressvik	5	1:28:38	01:40:17	01:36:01		01:28:38		01:33:56			1:37:08			
Karlsen, Mathias	Skogens Kongler	2	1:01:34		01:02:18	01:01:34									
Karlsen, Morten	COGNACLOSJEN	2	1:07:48								1:07:48			1:10:23	
Karlsen, Morten	Fredrikstad IF	1	1:30:17			01:30:17									
Karlsen, Rolf	BUL	2	1:05:09									1:05:09			1:09:14
Karlsen, Sindre	ÅS	1	1:30:17			01:30:17									
Karlsen, Svein-Åge	Rygge IL	5	1:00:25				01:04:44		01:00:25	01:08:28	1:00:48	1:05:56			
Karlsen, Terje	Oslo	1	1:37:21		01:37:21										
Karlsen, Vidar Lothe	BRYNILD GRUPPEN	3	1:10:40						01:16:05	01:20:27	1:10:40				
Karlsrud, Emma	Askim	1	1:17:53				01:17:53								
Karlsson, Anders		1	1:19:56										1:19:56		
Karlsson, Kjærstin	Kråkerøy	5	1:26:22	01:41:31		01:38:30		01:39:45			1:26:22	1:29:44			
Karlsson, Mikael	TEAM ISARPSBORG	1	1:31:20							01:31:20					
Karlstad, Stine	Vestby	1	1:14:03			01:14:03									
Karlstad, Tore		1	1:20:21										1:20:21		
Karslsen, Ina Susanne		1	1:52:34									1:52:34			
Karstensen, Bjørn	Treningsveggen	1	1:37:03	01:37:03											
Karstensen, Linn Therese	Borgenhaugen	3	1:34:28		01:43:49								1:34:28	1:48:11	
Karstensen, Sandra Elene Andrea Sk	Gamle Fredrikstad	2	1:35:22	01:35:45			01:35:22								
Kasbohm, Ellen Karine	Yven	5	1:17:48				01:26:28	01:27:54			1:25:51		1:17:48	1:24:09	
Kasbohm, Joakim	Oslo	1	1:14:10				01:14:10								
Kasbohm, Joakim Henrik	OSLO	1	1:11:35					01:11:35							
Kase, Ask Nødtveidt	Kråkerøy IL	1	1:27:05	01:27:05											
Kaspersen, Remi	Sarpsborg	1	1:26:28		01:26:28										
Kaspersen, Steve	ROMERIKE ULTRALØPERKLUBB / TEAM	4	1:05:50							01:13:35	1:05:50		1:07:21		1:22:50
Kaste, Per Øyvind	Jurulen IL	3	1:31:06	01:31:06	01:34:05	01:38:23									
Kaugerud, Torunn	SARPSBORG	1	1:33:43						01:33:43						
Kauhanen, Irina	Engelsviken	1	1:42:37			01:42:37									
Kaur, Satpal	Sarpsborg	5	1:33:44			01:54:06	01:42:53	01:48:18	01:33:44	01:45:40					
Kavli, Micheline Roko	Team Kavli	4	1:19:55	01:27:53			01:33:08		01:25:22				1:19:55		
Kavli, Stig	Sarpsborg	2	1:19:06				01:29:40						1:19:06		
Kawka, Anna	Gamle Fredrikstad	2	1:32:48	01:37:27		01:32:48									
Kawka, Pawel	Sellebakk	1	1:39:58			01:39:58									

Glommaløpet 10 miles individuelt
Historikk

Kazinci, Kirsti Margrethe	GRESSVIK	2	1:34:59						01:34:59	02:04:11					
Kedziora, Norbert		3	1:11:58				01:16:51			01:16:01	1:11:58				
Keiserud, Helene	Tårnåsen	1	1:27:43	01:27:43											
Kielland, Erik		2	1:26:19											1:34:42	1:26:19
Kilde, Fredrik	Fredrik Kilde	1	1:28:43	01:28:43											
Kildebo, Geir	Halden	1	1:21:40				01:21:40								
Kilebu, Johannes	Manstad	1	1:12:03	01:12:03											
Killerud, Stian	Sarpsborg	1	1:19:39		01:19:39										
Kimmell, Oliver David	FREDRIKSTAD	1	1:20:13					01:20:13							
Kingsrød, Ulf	BORGENHAUGEN	1	1:19:49						01:19:49						
Kirkebak, Jakob	MOSS	1	1:07:10						01:07:10						
Kirkebø, Anne Sofie	Fredrikstad	1	1:47:56		01:47:56										
Kirkebø, Stine	Skjærhalden	1	1:22:07				01:22:07								
Kirkeluten, Ole Jørgen	Breaking Limits	1	1:26:11		01:26:11										
Kirkeng, Anne Marit	ØSTBYGDA IL	3	1:23:51							01:31:32		1:24:58	1:23:51		
Kirkeng, Hans Olaf	ØSTBYGDA IL	3	1:23:43							01:32:54	1:23:43		1:39:14		
Kirkeng, Tommy Andre	ØSTBYGDA IL	2	1:15:21							01:19:13		1:15:21			
Kirkerød, Anders	Sarpsborg	3	1:25:06			01:25:06	01:26:52		01:26:42						
Kirkerød, Jonas		3	1:08:57						01:19:48	01:43:41	1:08:57				
Kittilsen, Hege	Bøler IF Friidrett	1	1:21:11				01:21:11								
Kittilsen, Sara	Torp	2	1:33:22	01:33:22		01:35:43									
Kivedal, Bjørnar Karlsen		1	1:26:53								1:26:53				
Kjeldsen, Mathias	Lillehammer	1	1:12:34			01:12:34									
Kjellesvig, Tellef	FREDRIKSTAD SKIKLUBB	4	1:15:24							01:33:40	1:15:24	1:19:15		1:25:02	
Kjellvik, Richard	Manstad Sprint/Ultra/Tri	5	1:09:13						01:12:52		1:09:13	1:13:45	1:12:13	1:24:43	
Kjensmo, Hilde	Gamle Fredrikstad	1	1:49:15	01:49:15											
Kjensmo, Ole	Multiconsult AS	1	1:24:37			01:24:37									
Kjerkreit, Halvor	SARPSBORG KULTURSKOLE	1	1:21:31											1:21:31	
Kjernsbæk, Hans Martin	Denofa AS	1	1:34:43	01:34:43											
Kjernsvik, Solveig	Yven	1	1:46:09		01:46:09										
Kjærvik, Trond	MAURA	1	1:07:17					01:07:17							
Kjølberg Klonteig, Eirik	Brynild Gruppen Bil	3	1:04:15						01:08:01				1:04:15		1:20:20
Kjølberg Klonteig, Laila		1	1:30:38										1:30:38		
Kjøll, Øystein Harley	IDE&DEKORVERKSTEDET IL	2	1:30:43									1:30:43	1:31:56		
Kjølle, Silje	SK Svette	1	1:32:02						01:32:02						
Kjøniksen, Magne	E-Co Energi BIL	2	1:20:38						01:20:38				1:22:15		
Kjørvik, Tormod	Fredrikstad IF	1	1:22:25												1:22:25
Klashaugen, Marthe	Sarpelona	1	2:29:06	02:29:06											
Klausen, Glenn	Skjeberg	4	1:10:30				01:10:32	01:10:30	01:13:38				1:14:43		
Klausen, Per Kristian	KONGSTEN IF	1	1:30:58											1:30:58	
Klausen, Simen	Fredrik Kilde	1	1:34:58	01:34:58											
Klauset, Kristine		1	1:48:14									1:48:14			
Klavestad Hansen, Marius	Sarpsborg	1	1:01:08	01:01:08											
Klavestad Moen, Eirik	ÅS	1	1:26:03		01:26:03										

Glommaløpet 10 miles individuelt
Historikk

Kleiveland, Olav		2	1:03:34								1:03:34		1:07:07		
Kleiven-Jørgensen, Martin	Rolvsøy	1	1:16:09		01:16:09										
Klemetsen, Marie Støle	Gressvik	1	1:39:14	01:39:14											
Klemetsen, Tom-Rune	Team Klemetsen	2	1:16:27	01:16:27			01:17:58								
Kleven, Steffen	Team Slow-Mo	1	1:37:45		01:37:45										
Klevås, Tora Camilla	Fredrikstad Kommune	3	1:36:08				01:40:05				1:41:25			1:36:08	
Klipper, Espen	FREDRIKSTAD	1	1:46:21					01:46:21							
Kløkstad Faraasen, Sandra	Halden	2	1:29:48	01:30:55	01:29:48										
Knape, Magnus	FREDRIKSTAD SYKKELKLUBB	1	1:07:56									1:07:56			
Knoff, Linn Helene	Askim	1	1:38:55	01:38:55											
Knudsen, Aina	Fredrikstad IF	2	1:30:59	01:34:03	01:30:59										
Knudsen, Anne-Karine Winther	FAMILY SPORTS CLUB FREDRIKSTAD	1	1:40:07									1:40:07			
Knudsen, Bente	HVALER	1	1:34:39											1:34:39	
Knudsen, Christer	Re-Visjon AS	3	1:03:10	01:06:50	01:03:10	01:06:47									
Knudsen, Gunnar		2	1:15:30							01:33:27	1:15:30				
Knudsen, Hauk Lille-Schulstad	Sarpsborg	1	1:30:16	01:30:16											
Knudsen, Ronny		1	1:07:45										1:07:45		
Knutsen, Katrine	Grålum	1	1:30:26				01:30:26								
Knutsen, Kjetil	Tjøme Løpeklubb	1	1:28:32			01:28:32									
Knutsen, Stine		2	1:46:36								1:46:36	1:54:24			
Knutsen, Trine	Stavanger	1	1:33:24				01:33:24								
Knutsson, Steven	Sarpsborg	1	1:40:11			01:40:11									
Kobberdal, Njård Kylstad	PwC BIL	1	1:05:43	01:05:43											
Kobbevik, Simen-Oliver	Fredrikstad	2	1:24:47	01:40:04	01:24:47										
Kolberg, Elisabeth	OSLO	1	1:25:35					01:25:35							
Kolstad, Anita	Tynset	1	1:35:12			01:35:12									
Kolstad, Eivind	Halden	1	1:18:42	01:18:42											
Kolstad, Helge	Sagene IF / ECO Stor AS	1	1:05:05				01:05:05								
Kolstad, Hilde		1	1:38:17										1:38:17		
Kolstad, Oline	Fredrikstad	1	1:59:00		01:59:00										
Kolstad, Simen Hanto	Oslo	1	1:02:47				01:02:47								
Kolverud, Kine		2	1:36:22						01:36:22	01:44:13					
Kongsberg, Henrik	CALL2ACTION	1	1:35:04								1:35:04				
Korperud-Stokvold, Aina	Sarpsborg	1	1:29:21			01:29:21									
Korsell, Øyvind	INFOTJENESTER AS	1	1:33:11								1:33:11				
Korsmo, Frode	Roterud IL	4	1:07:55			01:15:27	01:16:43		01:07:55	01:11:26					
Korum, Jørgen	Oslo	4	0:57:55		00:58:21		00:58:45			00:57:55	1:00:16				
Korum, Marius Håvåg	Atomen BIL	1	1:50:56	01:50:56											
Kowalska, Marta	SELLEBAKK	1	1:44:39						01:44:39						
Krabberød, Vegard	IFRONT	4	1:19:12						01:33:37		1:36:00		1:19:12	1:30:18	
Kraft, Arild	Skjeberg	2	1:37:43	01:41:08		01:37:43									
Krakeli Elton, Anne Kim	OSLO	1	1:24:11						01:24:11						
Krakeli, Anne Kim	Gamle Fredrikstad	1	1:24:17		01:24:17										
Kraugerud, Anna	Anna Kraugerud / Marker og Eidsberg S	1	1:47:11	01:47:11											

Glommaløpet 10 miles individuelt
Historikk

Kraugerud, Frode	Askim IF	8	1:04:44	01:14:30	01:09:22	01:10:35	01:07:34	01:12:08		01:38:57	1:04:44	1:06:14			
Kraugerud, Karen	Oslo	1	1:40:09	01:40:09											
Kraugerud, Randi Synnøve		3	1:25:44						01:32:14		1:29:49		1:25:44		
Kringen, Helga	Skiløperne	1	1:33:06						01:33:06						
Kristensen, Espen	Gressvik	1	1:30:50		01:30:50										
Kristensen, Espen Teksle	IØPS	2	1:18:39								1:18:39	1:19:34			
Kristensen, Knut	Fredrikstad	2	1:32:47		01:34:13	01:32:47									
Kristensen, Mona Kristin	Gressvik	1	2:08:59	02:08:59											
Kristensen, Monica	SOLKYSTEN LK	1	1:44:50											1:44:50	
Kristensen, Vidar	Konnerud	1	1:09:25						01:09:25						
Kristiansen Rustad, Kine		1	1:22:05							01:22:05					
Kristiansen, Aleksander Vold	RANHEIM	2	1:27:04						01:28:32			1:27:04			
Kristiansen, Anders	Borgenhaugen	1	1:20:52			01:20:52									
Kristiansen, Anna Vøllo	Borregaard	1	1:22:43		01:22:43										
Kristiansen, Camilla	Fredrikstad	1	1:42:12			01:42:12									
Kristiansen, Dag	Greåker IF	2	1:15:36				01:15:36		01:19:27						
Kristiansen, Eilen Marie		1	1:47:24											1:47:24	
Kristiansen, Eli Skaug	Askim	3	1:30:33	01:50:54	01:33:30		01:30:33								
Kristiansen, Flemming	Raufoss	1	1:20:10		01:20:10										
Kristiansen, Glenn	Romerike Ultraløperklubb	2	1:11:58						01:11:58				1:15:29		
Kristiansen, Gry	INFOTJENESTER	1	1:27:31									1:27:31			
Kristiansen, Hedda	Kråkerøy	1	1:53:06		01:53:06										
Kristiansen, Jeanette		3	1:17:50							01:27:31	1:17:50	1:21:26			
Kristiansen, Johanne Kvernstuen		1	1:29:27										1:29:27		
Kristiansen, Jonas Haave	Moss	1	1:24:42	01:24:42											
Kristiansen, Jørn	Pepperstad tøy og bøy	4	1:23:06			01:23:06	01:27:54	01:37:54		01:47:16					
Kristiansen, Kasper	Rasta	1	1:19:44			01:19:44									
Kristiansen, Kjetil	Likeblid	1	1:21:12		01:21:12										
Kristiansen, Malin		2	1:34:09						01:37:51					1:34:09	
Kristiansen, Maria	Manstad	1	1:37:46				01:37:46								
Kristiansen, Maud	Gressvik	2	1:41:10	01:42:54		01:41:10									
Kristiansen, Ole Martin	Opsund Uvel	5	1:18:31		01:25:14	01:37:21	01:18:31		01:24:19			1:45:50			
Kristiansen, Pia Therese		1	1:35:30												1:35:30
Kristiansen, Pål		1	1:18:37												1:18:37
Kristiansen, Pål Oliver	Kråkerøy	2	1:14:48		01:53:05								1:14:48		
Kristiansen, Roar	Gamle Fredrikstad	4	1:30:24		01:32:56	01:39:21	01:34:40	01:30:24							
Kristiansen, Simen	Gamle Fredrikstad	1	1:26:09	01:26:09											
Kristiansen, Stian	Sellebakk	4	1:33:39	01:33:39	01:37:28							1:41:52	1:34:12		
Kristiansen, Thomas		1	1:39:51									1:39:51			
Kristiansen, Tom Erik		1	1:38:48										1:38:48		
Kristiansen, Tonje Bøhn	SK VIDAR	1	1:13:57									1:13:57			
Kristiansen, Vegard	Sellebakk	1	1:24:38		01:24:38										
Kristiansen, Victor	Fredrikstad Ap	1	1:48:02					01:48:02							
Kristiansen, Øyvind	Ivrig IL	1	1:37:45			01:37:45									

Glommaløpet 10 miles individuelt
Historikk

Kristoffersen, Anders	Team Eurobrigsten	1	1:05:38		01:05:38										
Kristoffersen, Ann Charlott		1	1:38:11								1:38:11				
Kristoffersen, Bente Kihl		1	1:38:21												1:38:21
Kristoffersen, Lone Thode		1	1:36:54						01:36:54						
Kristoffersen, Nina		1	1:43:24										1:43:24		
Kristoffersen, Thomas	SPENNCON/HØNEFOSS	1	1:16:05											1:16:05	
Kristoffersen, Tom	Sarpsborg	5	1:18:59	01:34:29	01:26:53	01:31:00	01:22:04				1:18:59				
Kristoffersen, Vidar		2	1:18:54							01:39:20				1:18:54	
Kro, Andreas Fuskeland	GAMLE FREDRIKSTAD	1	1:27:01					01:27:01							
Kro, Tore August	Begby	4	1:05:42	01:08:15	01:05:42		01:10:30	01:09:11							
Krog, Gro		1	1:40:36								1:40:36				
Krogsmyr, Tore Philip	Fredrikstad	3	1:35:17	01:35:17	01:35:48	01:43:26									
Krogsrud, Lars	GRESVIK IF	6	1:05:36	01:15:50					01:05:36	01:08:17		1:06:06		1:08:10	1:10:10
Krogstad, Mads	KRÅKERØY	2	1:18:30					01:18:30	01:23:10						
Krogstad, Rita		2	1:46:28							01:57:21	1:46:28				
Krosby, Anders Johan	FREDRIKSTAD SKIKLUBB	5	1:17:17			01:36:45			01:23:23	01:32:52	1:17:17		1:19:02		
Krossby, Magnus	HVALER IL	3	1:17:11									1:18:43	1:17:11	1:26:28	
Kruse, Erik		1	1:15:16								1:15:16				
Kubberød, Elise		1	1:32:55										1:32:55		
Kubberød, Marie		1	1:21:28										1:21:28		
Kulblik, Martin	Sarpsborg	2	1:11:57				01:11:57	01:23:08							
Kull, Trine		2	1:33:36							01:45:37			1:33:36		
Kullberg, Cathrine	RUSTAD IL	1	1:24:21									1:24:21			
Kullberg-Marcussen, Just		3	1:18:53									1:19:17	1:18:53	1:28:42	
Kullerud, Anette	Eir Trening	2	1:37:52		01:37:52						1:49:26				
Kultorp, Caroline	Sarpsborg	2	1:18:01				01:19:55	01:18:01							
Kultorp, Trond Vegar	TØNSBERG	1	1:09:43					01:09:43							
Kumela, Dominik		1	1:07:22								1:07:22				
Kummervold, Ivar		1	1:03:36										1:03:36		
Kure, Hans Magnus	Cowi	2	1:09:09			01:09:09				01:11:12					
Kure, Tor-Einar	Fredrikstad	1	1:34:50	01:34:50											
Kvale, Vilde Granne	Strandbygda IL	2	1:11:07	01:11:07	01:11:55										
Kvalsvik, Geir	Fredrikstad IF	1	1:20:18								1:20:18				
Kvalsvik, Guttorm	NORSK HYDRO BIL	2	1:18:05							01:35:24		1:18:05			
Kvalsvik, Lars	KRÅKERØY IL	2	1:14:16									1:21:12	1:14:16		
Kvalsvik, Magnus	KVALSVIK BYGG AS	1	1:20:04											1:20:04	
Kvalvik, Daniel	TORVIKBUKT IL	1	1:34:28							01:34:28					
Kvalvik, Lars	KVALVIK BYGG AS	1	1:15:06								1:15:06				
Kvaløy, Idunn	Romerike Ultraløperklubb	2	1:33:16	01:37:50			01:33:16								
Kvame, Anders	Saltnes Jågg&Trim	3	1:01:22	01:02:55			01:01:22			01:08:04					
Kvame, Matilde	Yven	1	1:44:06		01:44:06										
Kvammen, Tone Lyngvær		1	1:53:57												1:53:57
Kvarekval, Anders	Sarpsborg	3	1:09:15	01:10:11		01:12:04	01:09:15								
Kvarv, Gøran	Askim	1	1:19:23		01:19:23										

Glommaløpet 10 miles individuelt
Historikk

Kvernen, Øyvind	Drøbak-Frogn IL / Hverdagstreneren	1	1:04:35						01:04:35						
Kvernland, Mette	LYSAKER	1	1:34:30						01:34:30						
Kvernmo, Fride		1	1:29:38										1:29:38		
Kvisberglien, Håvar	MOSS CK	1	1:17:56									1:17:56			
Kynningsrud, Daniel		1	1:28:41							01:28:41					
Kynningsrud, Hilde	Kynningsrud - Nordic Crane	1	1:46:31	01:46:31											
Kølbel, Gunn	Unger Fabrikker	1	1:32:31						01:32:31						
Lader Bruhn, Øyvind		1	1:27:28								1:27:28				
Landa Paulsen, Cathrine	Oslo	1	2:04:47		02:04:47										
Lande Johansen, Sverre	Sarpsborg IL	1	1:03:23				01:03:23								
Lande, Johannes	Hvaler IL	1	1:12:39		01:12:39										
Lande, Thomas	Gressvik	2	1:04:21	01:06:08	01:04:21										
Lande, Øystein Myksvoll	Hvaler IL	1	1:33:02		01:33:02										
Landeklint, Henrik	Fredrikstad IF	3	1:08:35							01:11:21		1:08:35	1:11:37		
Langballe, Tore	DRIV TRENING	1	1:22:48												1:22:48
Langdalen, Stian	Rema 1000	2	1:33:03			01:33:03	01:51:58								
Langedal, Simon	Østfold Energi	2	1:27:44	01:37:06	01:27:44										
Langgård, Eivind	Gressvik	1	1:17:14				01:17:14								
Langgård, Tomas	Njaal IF / MRC Oslo	1	0:58:37				00:58:37								
Langmo, Ådne	GL	1	1:09:45			01:09:45									
Langnes, Rune	Fredrikstad IF	8	1:08:03		01:13:18	01:13:15				01:15:46	1:10:32	1:11:03	1:08:03	1:11:46	1:16:20
Langsholdt, Elisabeth	Torp	2	1:28:58				01:35:53						1:28:58		
Langsholt, Jon	Borgenhaugen	1	1:33:07	01:33:07											
Langsholt, Marianne Åmli	ISE	1	1:51:21					01:51:21							
Langsholt, Ole Marcus	ISE	2	1:16:15					01:28:55	01:16:15						
Langva, Frank	KONGSTEN IF	2	1:19:57								1:22:34		1:19:57		
Langvik, Katrine Steen	Capgemini AS	1	2:29:48		02:29:48										
Langøy, Kristian	Kråkerøy	1	1:44:45	01:44:45											
Langøy, Magnus	Magnus Langøy	1	1:34:55	01:34:55											
Lanne, Michelle	Hafslundsøy	1	1:38:19	01:38:19											
Lantz Johansson, Erica	Tanumshede	1	1:39:54		01:39:54										
Lars, Hansen	MARKEDSPARTNER	1	1:13:53									1:13:53			
Larsen Isøy, Preben		1	1:45:39							01:45:39					
Larsen, André		2	1:12:04									1:12:04	1:19:25		
Larsen, Andreas	ASIK FLAMES	3	1:08:18									1:08:32	1:08:18	1:12:42	
Larsen, Anita		3	1:31:20								1:31:20	1:42:49	1:32:19		
Larsen, Annette	ROCKDRIVERS	4	1:37:14							01:56:46	1:37:14	1:44:17	1:44:30		
Larsen, Annika	Bardufoss	2	1:37:57		01:37:57							1:48:27			
Larsen, Bjørn Einar		1	1:16:58										1:16:58		
Larsen, Celine	Halden Pharma	1	1:44:39	01:44:39											
Larsen, Dani Mikael Østensvig	SELLEBAKK	1	1:30:28						01:30:28						
Larsen, Dennis	OSLO	3	1:17:02					01:28:39			1:20:35			1:17:02	
Larsen, Elisabeth	NAV FREDRIKSTAD	2	1:24:29								1:24:29	1:28:23			
Larsen, Emilie	Stavanger	1	1:32:16	01:32:16											

Glommaløpet 10 miles individuelt
Historikk

Larsen, Erlend		1	1:16:29								1:16:29				
Larsen, Erna	MOSSJONISTENE	2	1:38:40						01:38:40		1:41:10				
Larsen, Espen	Oslo	2	1:14:39	01:22:23	01:14:39										
Larsen, Finn Yngvar	Gressvik	2	1:23:30		01:30:51		01:23:30								
Larsen, Fred Morgan	Fredrikstad IF	7	1:03:56	01:10:30			01:03:56			01:11:06	1:03:58	1:05:52	1:07:43	1:11:20	
Larsen, Henriette Elisabeth		1	1:28:42								1:28:42				
Larsen, Julie		1	1:33:31								1:33:31				
Larsen, Julie Marie	IK Tjalve	3	1:00:01		01:15:46	01:06:58					1:00:01				
Larsen, Kenneth		3	1:14:09						01:14:09	01:17:27				1:20:31	
Larsen, Knut-André	Hevingen IL	5	1:05:39						01:07:12	01:06:44		1:05:39	1:06:33	1:11:13	
Larsen, Kristian	Grålum	4	1:20:38	01:20:47	01:22:05		01:33:30	01:20:38							
Larsen, Lasse		1	2:13:18							02:13:18					
Larsen, Martha		2	1:21:46								1:21:46		1:29:20		
Larsen, Martin	Fredrikstad	1	1:25:59		01:25:59										
Larsen, Martin Syver	HALDEN	2	1:18:30					01:18:30		01:32:05					
Larsen, Mona		2	1:36:53									1:36:53	1:41:36		
Larsen, Niels Erik	Langhus	1	1:30:38	01:30:38											
Larsen, Ole-Hermann Moen	Gamle Fredrikstad	2	1:26:00				01:26:00							1:40:55	
Larsen, Olga	Kråkerøy	2	1:50:41	01:59:23	01:50:41										
Larsen, Petter Sten		1	1:09:30										1:09:30		
Larsen, Stian Ludvigsen	Saltnes	1	1:28:22		01:28:22										
Larsen, Svend Aage	ROCKDRIVERS	3	1:26:09							01:29:30		1:26:09	1:29:28		
Larsen, Terje	Sarpsborg	1	1:58:39		01:58:39										
Larsen, Thomas Førland	Sarpsborg	1	1:48:15	01:48:15											
Larsen, Tim-Christian		1	1:21:45							01:21:45					
Larsen, Tomas	Tistedal	1	1:25:59		01:25:59										
Larsen, Tom-Erik		1	1:19:33										1:19:33		
Larsen, Tor Håkon	Skien	1	1:27:26			01:27:26									
Larsen, Trym	Gressvik	1	1:13:27		01:13:27										
Larsen, Wenche		1	1:36:10												1:36:10
Larseng, Petter		1	1:18:08								1:18:08				
Larson, Eirik	GRÅLUM	1	1:26:21					01:26:21							
Larssen-Aas, Kari		1	1:21:14							01:21:14					
Larsson, Mats	Sarpsborg	1	1:21:54		01:21:54										
Lasken Nilsen, Line	GRANDAHL EIENDOMSMEGLING AS	1	1:41:18									1:41:18			
Lassen, Tale Vedeler	Kråkerøy	1	1:36:57		01:36:57										
Lauridsen, Ronja Eline	Fredrikstad	3	1:21:14	01:22:44	01:21:14			01:22:31							
Lauritsen, Jim	Sarpsborg	3	1:23:40	01:54:28				01:44:44					1:23:40		
Lauritzen, Elisabeth	RAKKESTAD SYKKELKLUBB	1	1:31:00											1:31:00	
Lauritzen, Iris Marie	Marker Orienteringslag	3	1:15:01		01:15:01	01:17:24			01:20:52						
Lauritzen, Karina Sandell	INFOTJENESTER	1	1:39:51									1:39:51			
Lauritzen, Maren Sofie	Halden	1	1:36:20			01:36:20									
Lausund Grinna, Mari	FIL Bamse Senior	1	1:32:10						01:32:10						
Lauvstad, Espen	HANDICARE	3	1:17:39							01:28:50	1:17:39	1:24:11			

Glommaløpet 10 miles individuelt
Historikk

Lavarez, Rolf	Eir Trening AS	1	1:20:16		01:20:16										
Lavik Nordby, Andreas		1	1:32:43										1:32:43		
Lavik, Kristoffer	Manstad	3	1:12:19	01:18:47		01:18:33	01:12:19								
Lawton, Daniel	Tranby	3	1:12:00				01:12:37		01:12:00		1:24:07				
Lazzeri, Caroline Tjersland	Rolvsøy	1	1:30:32	01:30:32											
Lee, Jim	TEAM AWESOME	1	1:00:17								1:00:17				
Lefsaker, Anita		1	1:59:04										1:59:04		
Lefsaker, Sverre		1	1:26:38										1:26:38		
Lehmann Syversen, Kian	LEHMANN & CO	1	1:21:37								1:21:37				
Leira, Hanne	Fredrikstad IF	1	1:26:58									1:26:58			
Leira, Hilde		1	1:36:17										1:36:17		
Leiro, Jesper	Gresvikif	1	1:07:25						01:07:25						
Leistad, Kjell	Askim	1	1:40:45			01:40:45									
Leknes, Joachim	Rygge IL	1	1:15:57	01:15:57											
Lerkerød, Kjersti	IL I BUL	1	1:06:16											1:06:16	
Lervang, Torbjørn	Fredrikstad IF	1	1:22:29	01:22:29											
Lervik, Andreas	SARPSBORG SYKLEKLUBB	5	1:26:49							01:47:30		1:32:41	1:26:49	1:49:05	1:48:58
Lervik, Nils Anders	Ørje	1	1:25:04		01:25:04										
Lervik, Tonje	Sellebakk	1	1:29:27	01:29:27											
Lervik, Trygve	FPOB	4	1:22:19						01:25:42	01:32:58	1:22:19	1:23:52			
Lesteberg, Karine	Spydeberg	1	1:29:41	01:29:41											
Lia Kristiansen, Stian	Varteig	2	1:10:31		01:10:31	01:14:53									
Liane, Hans Jørgen	Fredrikstad	1	1:26:30	01:26:30											
Liane, Lars-Ketil	FREDRIKSTAD SKIKLUBB	3	1:22:57						01:27:45	01:38:38		1:22:57			
Liborg, Kjell	Spydeberg	1	1:40:43			01:40:43									
Lie Bjerke, Karl Oskar		1	1:55:54							01:55:54					
Lie, Kjersti	MULTICONSULT	1	1:24:37									1:24:37			
Lie, Marte Johanne Bjerke	Fornebu	1	1:55:27	01:55:27											
Lie, Martin Forsberg	Fredrikstad Skiklubb	3	1:18:22	01:20:38			01:18:22	01:19:50							
Lie, Mille	Fredrikstad IF	2	1:13:46								1:13:46	1:14:47			
Lieberknecht, Lasse	Fredrikstad IF	4	1:06:23		01:06:23			01:07:41	01:11:30	01:13:23					
Liebermann, Elin	Rolvsøy	1	1:23:26	01:23:26											
Liebermann, Jon Erik	Østbygda IL	2	1:21:48			01:23:04	01:21:48								
Lied, Finn Ivar	Liabygda IL	1	1:00:21					01:00:21							
Lien, Amalie Hauge	Fredrikstad IF	1	1:26:25								1:26:25				
Lien, Elin	Skien	1	1:35:16	01:35:16											
Lien, Magnus	SKI	1	1:11:18					01:11:18							
Lien, Siv Gotland	Torød	1	2:09:19		02:09:19										
Lien, Steinar		1	1:05:07										1:05:07		
Lien, Torkel Hauge	Drøbak	1	1:28:21			01:28:21									
Liepina, Kristine	Frogner	3	1:26:35			01:28:44	01:26:35		01:30:12						
Lier, Eirik	Loyds	1	1:50:47			01:50:47									
Lier, Henrik	SKY BLAZERS	2	1:04:42							01:04:59	1:04:42				
Lier, Ole Christian	Fredrikstad IF	5	1:10:24				01:15:59		01:13:02		1:10:24	1:11:22			1:22:41

Glommaløpet 10 miles individuelt
Historikk

Lilleborge, Marthe		1	1:43:34							01:43:34					
Lilleby, Oscar		1	1:25:25									1:25:25			
Lillebø, Bjørn Arne		3	1:14:55										1:14:55	1:20:26	1:28:13
Lillelien, Siv	Rolvsøy	1	1:36:14	01:36:14											
Lillemoen, Stein Georg	Fredrikstad IF	1	1:31:07											1:31:07	
Lillestrand, Cathrine	TRØSKEN IL	1	1:41:48												1:41:48
Lillestrand, Finn Henry		1	1:20:38										1:20:38		
Lillevik, Mona	Storebrand Sport	3	1:19:41	01:19:41	01:21:32	01:21:44									
Limi, Mickey	Fredrikstad	1	1:53:43				01:53:43								
Lind Gaarden, Martin	Sarpsborg	3	1:14:49				01:14:49		01:26:12			1:19:38			
Lind, Glenn-David	Gamle Fredrikstad	1	1:32:25		01:32:25										
Lind, Guro Eline	Borgenhaugen	1	1:14:47	01:14:47											
Lind, Knut		2	1:25:57						01:27:27			1:25:57			
Lind, Sven-Erik		1	1:34:20										1:34:20		
Lindalen, Håvard	FLAMSK LØPEGRUPPE	1	1:27:33							01:27:33					
Lindberg, Per Arne Smittil	Gressvik	3	1:19:04	01:24:25	01:22:19	01:19:04									
Lindberg, Rebecca Vedvik	Engelsviken	1	1:24:53			01:24:53									
Lindberg, Remi Vedvik	Engelsviken	1	1:34:37			01:34:37									
Lindberg, Terje	NAV	1	1:53:51							01:53:51					
Lindblad, Geir	STRØMMEN VIDEREGÅENDE SKOLE	2	1:06:56							01:06:56				1:07:25	
Lindblad, Mette Lise		2	1:36:18							01:47:19		1:36:18			
Lindbæk, Sebastian	Askim	1	1:13:10		01:13:10										
Lindekleiv, Ole	FK VIGØR	2	1:28:45								1:30:17	1:28:45			
Linden, Noah	Fredrikstad IF	1	1:27:48									1:27:48			
Lindgjerdet, Michael		1	1:53:33										1:53:33		
Lindgren, Johakim	Achilles	1	1:39:45		01:39:45										
Lindh, Monica		2	1:33:57									1:34:48	1:33:57		
Lindkvam, Barbro		1	1:18:06									1:18:06			
Lindskog, Eva	Fredrikstad IF	1	1:26:15												1:26:15
Lindstad, Beate	MOTEK	1	1:18:33											1:18:33	
Lindstad, Christian	MOTEK AS	1	1:09:39											1:09:39	
Lindstrøm, Richard	Gamle Fredrikstad	7	1:10:44			01:14:04	01:12:45	01:19:28	01:10:44	01:17:55			1:16:34	1:21:56	
Lindvig, Jarl Andre		2	1:13:19						01:13:19	01:19:21					
Lindås, Stian	Oslo	1	1:06:15	01:06:15											
Lingaas, Sissel Henriette		1	1:44:05											1:44:05	
Linkas, Olav	Kristiansand S	1	1:04:31				01:04:31								
Linnerud, Mirjam	Fredrikstad	1	1:26:53		01:26:53										
Linnes, Benedikte	Sarpsborg	1	1:44:21		01:44:21										
Linnes, Karoline	Sarpsborg	1	1:44:21		01:44:21										
Lipoveci, Qendrim	Fredrikstad Politi IL	2	1:02:49		01:02:49			01:12:40							
Lisac, Joshua	FREDRIKSTAD	1	1:10:00					01:10:00							
Lium, Eva Marie	Fredrikstad	2	1:35:35		01:49:23	01:35:35									
Llorens, Vicent	Gressvik	2	1:20:11		01:20:11	01:22:39									
Lockhart-Pedersen, Gini	Windy City Striders	1	1:39:50						01:39:50						

Glommaløpet 10 miles individuelt
Historikk

Loennecken, Cathrine		1	1:12:12										1:12:12		
Loftus, Annette Veronica	GRESSVIK	1	1:42:55						01:42:55						
Loftaas, Lars		1	1:08:19									1:08:19			
Lohrmann, Marie	VISMA	1	1:33:02											1:33:02	
Lokøy, Asbjørn		1	1:49:27											1:49:27	
Lolland, Ulrik	Rygge IL	1	0:54:53			00:54:53									
Lomeland, Sondre Taugbøl	Sportsklubben Vidar	5	0:53:43	00:54:48	00:53:43	00:54:21	00:57:33	00:57:41							
Looyar, Hamse	Rygge IL	2	0:57:44		00:59:01	00:57:44									
López, Thea	Porsgrunn	2	1:38:53			01:40:06	01:38:53								
Lorange Ekstrøm, Annette	Sarpsborg	1	1:44:17	01:44:17											
Lorentzen, Dina	Fredrikstad	1	1:11:24			01:11:24									
Lorentzen, Henrik		1	1:14:55										1:14:55		
Lorentzen, Maria	ROCKWOOL KONDIS	1	1:23:16							01:23:16					
Ludvigsen, Christopher	SOFTLOGS	2	1:42:27							01:47:04	1:42:27				
Ludvigsen, Håkon Kruse	FAGERHØY LEIRSKOLE	1	1:03:42							01:03:42					
Ludvigsen, Jonathan		1	2:07:54								2:07:54				
Lukkassen, Thorgrim	Fredrikstad	1	1:41:43	01:41:43											
Lund, Anders		1	1:40:59												1:40:59
Lund, Annette	Grålum	1	1:29:02			01:29:02									
Lund, Erling A.	Team Light Flight	1	1:27:09	01:27:09											
Lund, Hans-Jørgen	Skiløperne/Team Sportsmanden/Langhu	4	1:08:13			01:16:20			01:11:50				1:08:13	1:11:26	
Lund, Håkon	Gressvik	2	1:14:01			01:14:01		01:14:30							
Lund, Ida Hammerseng	VIND IL	1	1:45:49							01:45:49					
Lund, Jacob Bolin	Langhus	1	1:23:28			01:23:28									
Lund, Kristian	Tingvalla Elektro AS	1	1:24:15				01:24:15								
Lund, Mari Hammerseng	KVERNHUSET BIL	1	1:21:32								1:21:32				
Lund, Marte	GREÅKER	1	1:21:23					01:21:23							
Lund, Ola Bråten	Oslo	1	1:11:58				01:11:58								
Lund, Per Kristian	VIND IL	1	1:25:44							01:25:44					
Lund, Stine	Røstjentene	1	1:52:09	01:52:09											
Lund, Tonje	Langhusløperne	2	1:57:10		01:57:10		01:57:31								
Lundberg, Terje	COMPUSOFT BIL	2	1:18:58									1:18:58	1:20:11		
Lundblad, Anders	Brumlebassen IL	1	1:17:54		01:17:54										
Lundblad, Ole-Marius	Trøgstad	1	1:15:09			01:15:09									
Lundblad, Tom	Gressvik	1	1:25:18				01:25:18								
Lunde, Amund	Kråkerøy	1	1:26:31	01:26:31											
Lunde, Anne-Marthe	Borgenhaugen	1	1:45:26		01:45:26										
Lunde, Anne-Marthe	Borgenhaugen	1	2:01:45	02:01:45											
Lunde, Bjørnar	Oslo	2	1:22:11	01:36:36		01:22:11									
Lunde, Elin	ISE	1	1:34:28		01:34:28										
Lunde, Harald		1	1:19:56										1:19:56		
Lunde, Kim Daniel	Team Tjukkas	1	1:36:31		01:36:31										
Lunde, Kristian	KARDIGAN AS	1	2:10:06											2:10:06	
Lunde, Lars Ystd	Sellebakk	1	1:33:49		01:33:49										

Glommaløpet 10 miles individuelt
Historikk

Lunde, Lars-Kristian	Slevik IL	2	0:58:40						00:58:40	01:01:24					
Lunde, Nina	Ørje	1	1:55:18		01:55:18										
Lunde, Simen	Hafslundsøy	2	1:23:12	01:27:52					01:23:12						
Lunde, Sondre Bauer		1	1:21:35										1:21:35		
Lundeby, Sven Arne	Støttepasninger for Slitne Menn på Gre	2	1:25:19				01:25:19	01:32:04							
Lundestad - Høier, Birthe		2	1:23:01								1:23:28		1:23:01		
Lundestad, Ida	Sarpsborg	2	1:10:33		01:10:33	01:20:41									
Lundestad, Sven		1	1:35:22												1:35:22
Lundestad-Kemi, Lucas	Sarpsborg IL	1	1:03:44		01:03:44										
Lundh, Kathrine	Grålum	2	1:29:18				01:29:18			01:47:22					
Lundseie, Linda	Tistedal	1	1:50:36	01:50:36											
Lundsrud Hansen, Alexander	Rakkestad	2	1:16:37		01:16:37	01:40:47									
Lundstein, Malene	Oppegård	1	1:30:30		01:30:30										
Lundstrøm, Ivar		5	1:27:25							01:35:27	1:27:25	1:29:16	1:29:45	1:48:31	
Luta, Dani	Borgenhaugen	1	1:17:26	01:17:26											
Lybeck, Torodd	FAGERNES IL	1	1:17:33									1:17:33			
Lybekk, Svein Olav	Nordlo BIL	1	1:38:09	01:38:09											
Lybæk, Tanja	Fredrikstad IF	2	1:32:34									1:37:47		1:32:34	
Lygård, Per Christian	Moss	2	1:15:47			01:16:19	01:15:47								
Lyngmo, Kristian	Fredrikstad IF	2	1:11:19	01:15:24					01:11:19						
Lynne, Camilla	Raadhuset Executive	4	1:28:06	01:58:48	01:28:06					01:56:52		1:38:21			
Lynne, Catharina	Raadhuset Executie	1	1:42:41	01:42:41											
Lynne, Cedric	Raadhuset Executive	2	1:13:34	01:35:20	01:13:34										
Lynne, Christian	Volvo Cars	2	1:21:17	01:21:17	01:33:37										
Lynne, Geir	Raadhuset Executive	6	1:24:57	01:25:02				01:27:40	01:24:57	01:56:51	1:26:24	1:38:21			
Lyrek, Trine	TRASTI & TRINE	2	1:24:41						01:26:46	01:24:41					
Lysaker, Sjur		1	1:20:53										1:20:53		
Lysfjord, Nina	OSLO	1	1:19:29					01:19:29							
Lyshaug, Eirik	Kråkerøy	1	1:04:40		01:04:40										
Lysne, Hege	Team Lysne	2	1:35:12	01:40:29	01:35:12										
Lysne, Øystein	Team Lysne	2	1:27:46	01:27:46	01:32:05										
Lystad, Hans-Petter	Askim	8	1:15:39	01:28:24	01:21:36	01:22:38	01:22:44	01:22:20	01:28:12				1:15:39	1:16:03	
Lystad, Martine	KSK	1	1:38:12	01:38:12											
Lystad, Melvin	Stavanger	3	1:07:14	01:10:23		01:10:02			01:07:14						
Lystad, Ole	Fredrikstad	6	1:27:44	01:43:36	01:27:44	01:30:02	01:28:43	01:32:10	01:33:54						
Lystad, Pål Robert	SAUGBRUGS BIL	2	1:10:25									1:10:25		1:11:24	
Lystad, Stian Berg		1	1:46:58							01:46:58					
Lyø Jeppesen, Christina		1	1:37:43												1:37:43
Løken, Egil	CK TOTENTRÅKK	2	1:12:57								1:12:57	1:17:50			
Løken, Geir Andre	Kråkerøy	3	1:25:53	01:33:45	01:25:53	01:28:35									
Løken, Gry	Råde	1	1:35:14			01:35:14									
Løken, Jørgen		2	1:02:31										1:04:13	1:02:31	
Løken, Markus Havnes	Bodal Discgolf	1	1:15:42	01:15:42											
Løkke, Anders	Spydeberg IL	2	1:36:25	01:40:36	01:36:25										

Glommaløpet 10 miles individuelt
Historikk

Løkke, Eline	Fredrikstad	1	1:24:40		01:24:40										
Løkke, Karianne		1	1:21:51										1:21:51		
Løkken Finess, Dag	Halden	1	1:19:41			01:19:41									
Løkken, Stian	Norangdal IL / Son Triathlonklubb	5	1:14:23	01:24:04	01:14:23	01:18:37	01:17:41								1:14:42
Løkkevik, Eivind	SKJEBERG	1	1:47:00					01:47:00							
Løland, Ole	TRIOVING	1	1:28:41									1:28:41			
Lønes, Andreas	Strikk & Drikk	1	1:35:45	01:35:45											
Lørdahl, Mari		1	1:41:40									1:41:40			
Løvfold, Jan		2	1:24:10									1:37:31	1:24:10		
Løvfold, Lene		1	1:50:02								1:50:02				
Løvik, Kjersti	Kråkerøy	3	1:23:59		01:23:59		01:25:25	01:26:25							
Løvik, Tomas	Kråkerøy	4	1:14:52	01:21:27	01:14:52		01:25:25	01:22:57							
Løvvig Lind, Hilde		1	1:37:18									1:37:18			
Løvås, Even	Halden IL	2	0:53:19				00:54:09	00:53:19							
Løvås, Even Bentzen	HALDEN IL	1	1:00:00							01:00:00					
Løvås, Even Buer		2	1:01:36								1:01:36	1:12:01			
Løvås, Ingjerd Buer	HALDEN IL	2	1:29:10							01:45:08	1:29:10				
Løwen Andersen, Halvor	Fredrikstad	1	2:00:57		02:00:57										
Laabak, Reidar	FREDRIKSTAD POLITIIDRETTSLAG	1	1:24:43									1:24:43			
Laastad, Endre	Team Breaking Limits	1	1:27:41		01:27:41										
Laastad, Rosa-Linn	BFG Bergen Løpeklubb / #Smilepuls	1	1:16:58		01:16:58										
Madai, Peter	Oppegård	2	1:27:11	01:27:58	01:27:11										
Madsen, Asbjørn	Manstad	2	1:30:38				01:38:27							1:30:38	
Madsen, Iren	Manstad	2	1:40:14		01:40:14		01:52:40								
Magnussen, Emil	Kråkerøy	1	1:00:53						01:00:53						
Magnussen, Emil Orten	Kråkerøy	3	1:02:17	01:03:01							1:02:17		1:05:15		
Magnussen, Heine	FREDRIKSTAD TRIATLONKLUBB	4	1:08:57						01:09:43	01:14:21	1:08:57	1:11:07			
Magnussen, Jørn Gisle	SKJEBERG CK	2	1:15:56						01:15:56	01:27:56					
Magnussen, Kenneth	Gjensidige Sport øst	1	1:48:52				01:48:52								
Magnussen, Kurth Asle		1	1:06:05										1:06:05		
Magnusson, Karin	FIK REN-ENG	1	1:07:36									1:07:36			
Mahle, Magnus	Rælingen	1	1:45:15	01:45:15											
Maican Lara, Santo Angel	MOSSJONISTENE	2	1:12:05									1:12:05		1:13:45	
Maiset, Dag	FRISKIS & SVETTIS FREDRIKSTAD	1	1:34:37											1:34:37	
Maiset, Herman Femtehjell	FRISKIS & SVETTIS FREDRIKSTAD	1	1:33:39											1:33:39	
Mallasvik, Helene	Sarpsborg	1	1:34:11		01:34:11										
Malm, Andreas	Fredrikstad	1	1:57:36	01:57:36											
Malm, Erik Andreas		4	1:23:38						01:27:45	01:35:08				1:25:12	1:23:38
Malmo, Tim Fredrik	Tistedal	3	1:13:41	01:16:04	01:13:41	01:13:48									
Malmquist, Stine	Halden	1	1:57:32		01:57:32										
Mandji, Marcel		1	1:33:24										1:33:24		
Mandji, Therese Leonardsen		2	1:34:22								1:38:10		1:34:22		
Marco Arroyo, Ruben	Fredrikstad IF	2	0:56:46					00:56:46					0:59:02		
Marhaug, Andre Østbye		1	1:14:50											1:14:50	

Glommaløpet 10 miles individuelt
Historikk

Mariedatter, Maya	Fredrikstad IF	1	1:34:21									1:34:21			
Marjavara, Kenneth	Råde	1	1:20:44		01:20:44										
Marken, Nikolai		2	1:15:02											1:15:02	1:35:53
Markussen, Kari	Oslo	1	1:47:26		01:47:26										
Markussen, Magne	KINGSRØD TRANSPORT	2	1:09:42						01:17:13		1:09:42				
Markussen, Silas	Sarpsborg	1	1:36:55	01:36:55											
Markussen, Thomas	Gressvik	1	1:34:34		01:34:34										
Marman, Matias		1	1:40:12								1:40:12				
Marongiu, Marco	LØRENSKOG	1	1:17:30					01:17:30							
Marthinsen, Hanne	MARKEDSPARTNER	1	1:40:19									1:40:19			
Marthinsen, Martin Andreas	Skjeberg	1	1:28:33	01:28:33											
Marthinsen, Ole Bache	Rolvsøy	1	1:41:52	01:41:52											
Marthinussen, Siv	Gressvik	1	1:41:38	01:41:38											
Martinez, Ruben	KRÅKERØY	1	1:24:59						01:24:59						
Martins, Alex		1	1:38:42							01:38:42					
Martinsen, Arne Alfei	Moelv	4	1:45:31	02:01:48			01:45:31	01:51:45	01:45:32						
Martinsen, Arne-Johan	Fredrikstad IF	1	1:11:10												1:11:10
Martinsen, Bjørn Arild	AKTIV FOR EPILEPSI	2	1:33:20							01:44:34				1:33:20	
Martinsen, Cathrine	twr Lundmarks	1	1:13:47			01:13:47									
Martinsen, Erik		1	1:22:01										1:22:01		
Martinsen, Fredrik	Fredrikstad	5	1:05:49				01:05:49				1:07:24	1:09:21	1:17:23	1:30:17	
Martinsen, Ingar		3	1:17:52								1:17:52		1:19:19	1:23:12	
Martinsen, Jan	NESODDEN	1	1:36:27											1:36:27	
Martinsen, Jøran Edell	Husets Ølklubb	1	1:22:21	01:22:21											
Martinsen, Katrine		1	1:59:16											1:59:16	
Martinsen, Kim Rossing	Gressvik	1	1:21:39			01:21:39									
Martinsen, Marius	Grinete å sur på Løpetur	2	1:10:23		01:10:34	01:10:23									
Martinsen, Mathis	FAMILY SPORTS CLUB FREDRIKSTAD	1	1:40:07									1:40:07			
Martinsen, Mia		1	1:33:53										1:33:53		
Martinsen, Ole-Jacob		1	1:16:31										1:16:31		
Martinsen, Petter	FREDRIKSTAD	1	1:11:56						01:11:56						
Martinsen, Rune		1	1:40:18								1:40:18				
Martinsen, Siw		1	1:40:18								1:40:18				
Martinsen, Stian	Oslo	1	0:59:14		00:59:14										
Martinsen, Tommy Audil	Saltnes	1	1:46:34				01:46:34								
Martinsen-Evje, Sindre		5	1:20:22							01:32:54	1:20:22	1:26:10	1:28:49	1:31:47	
Martinussen, Bjørn Tore	Sarpsborg	1	1:06:24		01:06:24										
Mathiasen, Ingrid Oldervik	Fredrikstad Kommune	4	1:12:49					01:26:18	01:16:27		1:12:49		1:23:16		
Mathiassen, Maria		1	1:20:29										1:20:29		
Mathisen, Frida		1	1:26:18										1:26:18		
Mathisen, Glenn	Heimly Runners	3	1:14:01						01:14:01			1:18:28			1:15:23
Mathisen, Hans Christian	Odin Sykkelteam	1	1:19:20		01:19:20										
Mathisen, Ida		1	1:35:35										1:35:35		
Mathisen, Jeanette	Skjeberg	1	2:06:39			02:06:39									

Glommaløpet 10 miles individuelt
Historikk

Mathisen, Mads Strøm	GREÅKER	1	1:30:31					01:30:31							
Mathisen, Raymond	ROCKWOOL MOSS	1	1:09:25							01:09:25					
Mathisen, Roger	JACKON	2	1:24:51											1:24:51	1:29:02
Mathisen, Stian	FREDRIKSTAD TRIATHLONKLUB	1	1:08:17												1:08:17
Mathisen, Stian		1	1:57:29							01:57:29					
Mathisen, Thea	Fredrikstad IF	1	1:06:22			01:06:22									
Mathisen, Tia	Horten	1	2:08:23		02:08:23										
Matland, Christian Bro	Fredrikstad	3	1:10:00			01:13:17		01:10:00	01:24:24						
Matland, Lene Bro	Fredrikstad	3	1:22:31		01:22:31			01:25:52			1:26:43				
Maurland, Andrea	Lærdal IL	2	1:13:32	01:23:55	01:13:32										
Mcgrath, Margaret	Halden	6	1:16:50		01:16:50	01:21:55	01:23:10				1:21:56		1:17:45	1:21:37	
Mcneill, Alasdair	Kråkerøy	2	1:42:51		01:42:58				01:42:51						
Medic, Amra		1	1:46:58							01:46:58					
Mehmeti, Antigona	Yven	1	1:59:46	01:59:46											
Meisingset, Magne	STATNETT BIL	1	1:13:56												1:13:56
Meisler, Hans Bjarne	Frogner	1	2:11:10	02:11:10											
Melby, Jøran		1	1:54:13												1:54:13
Melby, Kristian	Skjeberg	2	1:21:36		01:21:36	01:23:14									
Melby, Mads	FRAMBU BIL	1	1:18:27								1:18:27				
Melby-Olsen, Lena		1	1:25:50									1:25:50			
Meldalen, Anita	Oslo	1	1:34:19		01:34:19										
Melgaard, Kristian	RRBIL	1	1:30:18											1:30:18	
Meli, Erik	Grålum	1	1:20:22		01:20:22										
Mellberg, Eva Marie		1	1:27:22										1:27:22		
Melleby, Mia Therese	Borgenhaugen	1	1:25:00				01:25:00								
Melleby, Rune	Spydeberg	2	1:17:05	01:32:03	01:17:05										
Melleby, Tine	Borgenhaugen	1	1:29:22	01:29:22											
Mellem, Kristine		1	1:53:45										1:53:45		
Melnes, Kristine	Fredrikstad	1	1:50:10	01:50:10											
Messelt, Berit	TEAM MESSELT	1	1:11:41									1:11:41			
Meyer, Caroline	Kråkerøy	1	1:41:07		01:41:07										
Michaelsen, Camilla		1	1:24:45									1:24:45			
Michaelsen, Ina	Oslo	1	1:36:52	01:36:52											
Michelsen, Aurora	Rolvsøy	2	1:41:58	01:45:16			01:41:58								
Midtbø, Gro	Kråkerøy	4	1:19:59	01:20:12	01:19:59	01:22:54	01:34:35								
Midtfjeld, André	Sarpsborg SK	1	1:06:16				01:06:16								
Midtsjø, Håvard Andreas	Rolvsøy	2	1:42:04	01:50:29	01:42:04										
Mikalsen, Eirik	Fredrikstad	1	1:20:20		01:20:20										
Mikkelstrup, Morten	Kråkerøy	1	1:13:27	01:13:27											
Minge, Andreas	Askim	1	1:01:41		01:01:41										
Minge, Eirik	Øpil	1	1:54:12			01:54:12									
Minge, Julia	Grålum	1	1:54:12			01:54:12									
Minge, Jørgen	Sarpsborg	3	1:22:04		01:22:04	01:22:22	01:29:57								
Minge, Martin		1	1:14:04									1:14:04			

Glommaløpet 10 miles individuelt
Historikk

Minge, Richard	Assemblin AS	1	1:43:11			01:43:11									
Minge, Torill	KONDIS	1	1:53:25												1:53:25
Minge, Ulf	Assemblin	3	1:29:12	01:29:12	01:31:30	01:38:13									
Minge, Victor J	Oslo	2	1:53:34	01:53:34	02:00:52										
Minkar, Mahesh	KRÅKERØY	1	1:12:53						01:12:53						
Mizdin, Vian	Skee	1	1:33:42		01:33:42										
Mjønes, Marit		1	1:37:49									1:37:49			
Mo, Dagfinn	Moss IL / Moss IL/ Lightflight	5	1:05:51		01:11:38	01:13:15		01:06:49				1:06:38	1:05:51		
Mo, Fridtjov	LIGHT FLIGHT JR.	1	1:20:18								1:20:18				
Mobakken, Ellen		3	1:27:38						01:32:01	01:37:33	1:27:38				
Modahl, Einar	FREDERIK II VGS	1	1:17:52							01:17:52					
Modahl, Monica	ISE	1	1:35:00					01:35:00							
Modahl, Runar Saur	Fredrikstad Skiklubb	1	1:18:18						01:18:18						
Moe, Karoline		1	1:32:16											1:32:16	
Moe, Kristoffer	Robust Coaching	3	1:13:21	01:15:24	01:13:21			01:26:08							
Moe, Marianne	ROMERIKE ULTRALØPERKLUBB	4	1:13:58						01:30:39	01:16:40	1:29:07		1:13:58		
Moe, Mia	BEGBI IL	1	1:08:50								1:08:50				
Moe, Stine	Grålum	1	1:38:27	01:38:27											
Moe, Terje		2	1:12:14						01:20:31		1:12:14				
Moen Pinås, Marianne	Fredrikstad IF	2	1:35:22					01:43:47					1:35:22		
Moen, Aleksander	Halden IL	2	1:14:18			01:14:18								1:23:11	
Moen, Alexander	Øvfre Bankveien / Medtekpartner	1	1:06:16				01:06:16								
Moen, Andrè	Halden Pharma	1	1:51:58	01:51:58											
Moen, Andreas	Greåker	2	1:32:01	01:45:30	01:32:01										
Moen, Daniel	VARTEIG ELVELØP	1	1:44:31												1:44:31
Moen, Kristian		1	1:35:44							01:35:44					
Moen, Morten	Grålum	7	1:26:34				01:33:08	01:30:19		01:26:56	1:26:34		1:32:55	1:39:14	1:44:33
Moen, Thor	FREDRIKSTAD SKIKLUBB	2	1:24:03							01:32:43				1:24:03	
Moen, Øyvind	RAGA ROCKERS	1	1:58:22							01:58:22					
Moeskau, Malin		1	1:49:19							01:49:19					
Moi, Hanne Marie	Greåker	1	1:51:03	01:51:03											
Molenda, Emilia	Oslo	1	1:52:00	01:52:00											
Monen, Knut	ALBATROSS IL	1	1:38:41											1:38:41	
Monkvik, Per-Owe	Sarpsborg IL	2	1:11:18					01:11:38			1:11:18				
Monsen, André		1	1:33:13										1:33:13		
Monsen, Frode	Team Sportsmanden	1	1:12:22			01:12:22									
Monsen, Ingunn	Sportsklubben Vidar	3	1:15:00		01:21:40					01:25:33		1:15:00			
Monsen, Trude		1	1:33:13										1:33:13		
Morfjord, Thomas	Tønsberg Triatlonklubb	2	1:11:48		01:12:09	01:11:48									
Morger, Runa	GLOMMA TANNKLINIKK	2	1:30:52								1:36:11		1:30:52		
Mork, Heidi	KRÅKERØY	1	1:30:25						01:30:25						
Mork, Stian	MOSS	1	1:12:07						01:12:07						
Morset, Tora Larsen		1	1:46:58									1:46:58			
Morstad, Karin Mathilde	Kondistreninga Gran	2	1:35:06			01:37:05						1:35:06			

Glommaløpet 10 miles individuelt
Historikk

Mortensen, Fredrik	Gamle Fredrikstad	2	1:39:12			01:40:40				01:39:12					
Mortensen, Marius	Greåker	2	1:31:18				01:38:30						1:31:18		
Mortensen, Unni	Oslo	1	1:46:27				01:46:27								
Mostad Hansen, Jonas	Fredrikstad	5	1:18:16	01:42:24			01:29:37	01:34:24	01:18:16	01:26:22					
Motzfeldt, Inga		1	1:49:04											1:49:04	
Mouland, Sven O.	TIRC	1	1:36:07											1:36:07	
Mujkanovic, Dzenana		1	1:53:38							01:53:38					
Munikar, Mahesh	Kråkerøy	3	1:10:24		01:10:24			01:16:45		01:20:06					
Myhre Haugerud, Fredrik		1	1:17:18								1:17:18				
Myhre, Anne		1	1:46:59							01:46:59					
Myhre, Frida	Obos Østfold	2	1:27:45		01:27:45	01:33:57									
Myhre, Kjersti	Friskis	8	1:18:18	01:23:31	01:20:31	01:20:39	01:18:52	01:20:32	01:19:34		1:18:18				1:20:40
Myhre, Susanne	Tolvsrød	1	1:17:22			01:17:22									
Myhre, Trygve K	Gressvik	1	1:36:46			01:36:46									
Myhren, Karoline	FIL Bamse Senior	1	1:23:22						01:23:22						
Myhren, Siri Mette	Renobil	1	2:00:55	02:00:55											
Myhrer, Kristine	Skiptvet	1	1:50:11		01:50:11										
Myhrvold, Anita	BOLT DESIGNSTUDIO	1	1:38:21									1:38:21			
Myklebust, Hanne	Oslo	1	1:40:43	01:40:43											
Müller, Gloria	Nmbui	1	1:07:58				01:07:58								
Müller, Heidi		1	1:43:09								1:43:09				
Mylrangam Gopalan, Bharath Kumar		1	1:21:27								1:21:27				
Myran, Rolf Arild	Rødberg	9	1:08:54	01:14:20	01:15:31	01:11:16	01:11:00	01:08:54	01:12:02	01:14:04	1:10:57	1:11:05			
Myrhaugen, Gørill Lødding		1	1:50:53									1:50:53			
Myrstad, Jonas		1	1:19:27							01:19:27					
Myrvang, Frode	Askim	1	1:18:35			01:18:35									
Mysen, Julie Marie		1	1:17:31										1:17:31		
Møgster, Marianne	FREDRIKSTAD	1	1:37:34					01:37:34							
Møller, Lars Petter	Kråkerøy	5	1:26:44		01:52:43	01:38:36		01:33:42	01:28:55	01:26:44					
Møller, Simen		1	1:10:10								1:10:10				
Møller-Eriksen, Morten		2	1:29:13											1:35:32	1:29:13
Månsson, Aleksander	Borgenhaugen	1	1:39:13		01:39:13										
Mårtensson, Tobias	Gressvik	2	1:18:25			01:21:34	01:18:25								
Måwe, Thomas	Gressvik	2	1:24:41				01:24:41	01:29:52							
Naidu, Afsana	Sarpsborg	1	2:16:37	02:16:37											
Nakken, Eirik	Oslo	1	1:09:49	01:09:49											
Nandedkar, Kiran	Runner's High	2	1:28:37					01:28:37	01:45:04						
Navestad, Espen	SARPSBORG IL	1	1:11:48												1:11:48
Navestad, Thomas	Yven	1	1:30:18			01:30:18									
Nergård, Sigrun	Fredrikstad	1	1:35:20		01:35:20										
Nergaard, Snorre André	Oppegård	1	1:36:53				01:36:53								
Nergård, Thomas	TRE TETTE OG EI BADEHETTE	1	1:20:13								1:20:13				
Nes, Lars Marius	Knapstad	1	1:04:57		01:04:57										
Nesengen, Bjørge	Fredrikstad Triathlon Klubb	3	1:04:46					01:05:37					1:04:46	1:06:25	

Glommaløpet 10 miles individuelt
Historikk

Ness, Ivar	HVALER VOLLEYBALLKLUBB	3	1:17:34									1:19:59	1:17:34	1:19:04	
Nesse, Marius	Fredrikstad	1	1:20:48		01:20:48										
Nesteby, Mari	Sport og Spill	1	1:19:02			01:19:02									
Neuhaus, Stephan	OSI FRIIDRETT	1	1:04:46												1:04:46
Neukamm, Christian	Oslo	1	1:22:22		01:22:22										
Nguyen, Claudia	Sarpsborg	4	1:36:01		01:52:24	01:40:03			01:36:01	01:46:36					
Nguyen, Jenny	Kråkerøy	4	1:27:27	01:35:04	01:32:38	01:27:27		01:32:40							
Nguyen, Simon Pettersen		1	1:26:23							01:26:23					
Nichele, Stefano	Fredrikstad	4	1:09:49		01:09:49	01:16:11			01:14:55		1:13:06				
Nicholson, Colin	TEAM AWESOME	1	1:16:47								1:16:47				
Nicolaysen, Emil	Grålum	2	1:29:08	01:39:40	01:29:08										
Nicolaysen, Jens Kristian	Bruno Nordlies IF	1	1:15:53		01:15:53										
Nicolaysen, Malin	Sarpsborg	1	1:33:22		01:33:22										
Nielsen, Daniel Erik	SOLBERGMOEN	1	1:46:46						01:46:46						
Nielsen, Grethe		2	1:40:32								1:42:34	1:40:32			
Nielsen, Per	COWI BIL	2	1:15:12										1:15:12	1:15:13	
Nielsen, Peter	Skien	1	1:23:57	01:23:57											
Nielsen, Simen	Kalnes	1	1:27:43	01:27:43											
Nielsen, Trine		2	1:28:20									1:28:20	1:39:30		
Nikqi, Arben	Kråkerøy	1	1:53:52	01:53:52											
Nilsen, Arnt Inge	Alltid Beredt	2	1:18:37			01:18:37		01:31:36							
Nilsen, Bjørnar	SARPSBORG	1	1:20:52					01:20:52							
Nilsen, Cecilie Augensen	SK Vidar	1	1:16:51			01:16:51									
Nilsen, Claus	Nittedal IL	1	1:14:59			01:14:59									
Nilsen, Daniel	Skjeberg	1	1:28:24	01:28:24											
Nilsen, Erik Moursund	Hafslundsøy	6	1:21:20			01:27:14	01:21:20	01:22:16	01:27:56	01:39:31	1:31:04				
Nilsen, Fredrik	Fredrikstad	1	1:37:42		01:37:42										
Nilsen, Hanna	Fredrikstad	1	1:39:43		01:39:43										
Nilsen, Ida Angell	Skjeberg	1	1:28:09			01:28:09									
Nilsen, Joachim	GRESSVIK	1	1:17:31					01:17:31							
Nilsen, Jørgen	Behandlerverket	4	1:14:28	01:15:50					01:14:28	01:17:57				1:18:31	
Nilsen, Jørn		1	1:17:04											1:17:04	
Nilsen, Jørn Espen	Fredrikstad IF	5	0:57:34	01:03:28			00:57:34	01:02:32			1:06:04		1:07:59		
Nilsen, Kristian	Tjøme Løpeklubb	3	1:22:59			01:22:59	01:25:38	01:25:03							
Nilsen, Kristine	Gressvik	2	1:28:51	01:35:53	01:28:51										
Nilsen, Laila Strand	SARPSBORG KOMMUNE, TEAM OMSOR	1	1:51:06								1:51:06				
Nilsen, Lene	Fredrikstad	3	1:24:05		01:24:05						1:26:24	1:33:38			
Nilsen, Line Helene		1	1:45:20											1:45:20	
Nilsen, Line L.	Yven	2	1:36:58	01:48:30									1:36:58		
Nilsen, Lise Emilie	Lise Emilie Nilsen	1	1:27:42		01:27:42										
Nilsen, Mads	Sellebakk	1	1:32:48		01:32:48										
Nilsen, Marlene		1	1:42:16							01:42:16					
Nilsen, Mats Sjøgren	Sandviken Puls & Promille	1	1:12:19		01:12:19										
Nilsen, Mette Birgitte	Nittedal IL	1	1:42:55			01:42:55									

Glommaløpet 10 miles individuelt
Historikk

Nilsen, Per Harald	Fredrikstad IF	2	1:19:02				01:22:33		01:19:02						
Nilsen, Pål	RUNAWAY	1	1:20:48												1:20:48
Nilsen, Paal Tornes	Fredrikstad	5	1:17:11	01:17:11	01:20:23	01:20:35	01:17:14	01:20:41							
Nilsen, Rune	GRÅLUM	1	1:04:38						01:04:38						
Nilsen, Sigurd	Unger Fabrikker	2	1:24:54	01:47:59	01:24:54										
Nilsen, Steffen	Gressvik	1	1:36:41		01:36:41										
Nilsen, Thormod	GLASSTEAM	3	1:19:34							01:42:17	1:19:34				1:23:03
Nilsen, Tom	MOSSJONISTENE	2	1:28:09											1:29:15	1:28:09
Nilsen, Trine Bjerkeli		1	1:50:45										1:50:45		
Nilsen, Trond	Fredrikstad	2	1:10:57		01:32:04						1:10:57				
Nilsen, Trond Vidar		1	1:35:39									1:35:39			
Nilsen, Vidar	TEAM SPORTSMANDEN	1	1:02:31								1:02:31				
Nilssen, Inge	Nordre Ål Løpeklubb	2	1:36:25	01:50:53		01:36:25									
Nilssen, Pål-Helge	Northern Runners	7	1:07:34				01:18:13		01:14:43		1:07:34	1:10:59	1:10:00	1:08:29	1:12:30
Nilsson, Kristofer		1	1:54:14									1:54:14			
Nitter, Johanne Hjelle	Moss	1	1:08:19			01:08:19									
Njå, John-Olav		1	3:02:15							03:02:15					
Nodland, Geir	MARKEDSPARTNER	1	1:23:12								1:23:12				
Nome, Astrid	TRENINGSCAMP	1	1:29:16												1:29:16
Nome, Torfinn	TRENINGSCAMP	1	1:21:12												1:21:12
Norbye, Monica Talsnes	Monica Talsnes Norbye	1	1:58:30			01:58:30									
Norbye, Trond Talsnes	Trondheim	1	2:00:01			02:00:01									
Nord, Emil	Yven	6	1:18:08	01:24:58	01:27:44	01:22:53	01:23:18	01:18:08			1:18:32				
Nord, Kjersti		1	1:23:31				01:23:31								
Nord, Thomas Lanes	Borgenhaugen	1	1:15:17		01:15:17										
Nordbeck Jøransen, Mona		1	1:17:47								1:17:47				
Nordbrøden, Hanna Haugen	Fredrikstad	2	1:10:15		01:12:25							1:10:15			
Nordbrøden, Malene	Halden	1	1:37:08		01:37:08										
Nordby, Audun Pettersen	Fredrikstad Skiklubb	1	1:07:51				01:07:51								
Nordby, Pia Rendalsvik	Gamle Fredrikstad	1	1:41:19				01:41:19								
Nordbø, Håvard	Nordvis Mosjonsklubb	1	1:45:10						01:45:10						
Nordeide, Cathrine	LIERSKOGEN	1	1:32:51					01:32:51							
Nordeide, Linda		1	1:39:44									1:39:44			
Nordenhaug, Espen Andersen	HALDEN	1	1:12:28						01:12:28						
Nordgård, Erik	Kråkerøy	4	1:17:15	01:35:51	01:17:15		01:17:50	01:27:06							
Nordgård, Ida	Kråkerøy	1	1:41:40		01:41:40										
Nordgård, Ole	Kronos Titan	3	1:15:12		01:15:12		01:17:48	01:27:06							
Nordhaug, Tron	Askim Idrettsforening	1	1:23:23		01:23:23										
Nordheim, Carl Fredrik	Next Race Runners	2	1:16:48	01:16:48	01:17:08										
Nordheim, Kristoffer	Moss	3	1:11:17			01:22:11		01:18:22	01:11:17						
Nordhelle, Christian	GRESSVIK	1	1:06:32					01:06:32							
Nordli, Hanne	FREDRIKSTAD KOMMUNE	1	1:41:30									1:41:30			
Nordli, Nicolay	FREDRIKSTAD	1	1:35:07					01:35:07							
Nordli, Pernille		1	1:35:29							01:35:29					

Glommaløpet 10 miles individuelt
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Nordli, Vilja	TUNESKIPET BARNEHAGE	3	1:31:11								1:33:26		1:31:11	1:39:28	
Nordlie, Henrik	Sarpsborg	4	1:17:36	01:41:35					01:17:36	01:29:12				1:20:51	
Nordmelan, Kasper	KJØLHOLTÅSEN LANGLØPERLAG	1	1:13:23							01:13:23					
Nordmo, Christian	Sarpsborg	1	1:06:21	01:06:21											
Nordnes, Mona Lavoll	Fredrikstad Triatlonklubb	5	1:22:02				01:22:02			01:37:45	1:30:27	1:37:23			1:47:01
Nordrum Rakvåg, Irene	TEAM LUMBAGO	2	1:23:49									1:24:29		1:23:49	
Nordskog, Anette	SOL	1	1:58:01											1:58:01	
Nordstrand, Hildegunn Reitan	Gressvik	1	2:01:06	02:01:06											
Nordtvedt, Aleksander Vold	Ranheim	2	1:21:36			01:22:56	01:21:36								
Nordtvedt, Helene	TRONDHEIM	1	1:28:44						01:28:44						
Nordtveit, Siri		1	1:22:47										1:22:47		
Norema, Ivar	NOREMA	1	1:09:39											1:09:39	
Norenberg, Freddy	Gressvik IF	4	1:19:20				01:19:20	01:24:20	01:24:09	01:50:38					
Norgren, Harald	Norgreners	3	1:07:52	01:08:14	01:07:52	01:08:46									
Norli, Kine Vad	Halden	1	1:39:36		01:39:36										
Norli, Petter	VERITAS BIL	1	1:16:36											1:16:36	
Norum Herlofsen, Nora Louise	ISE	2	1:25:30	01:25:30	01:27:00										
Norum, Bjørn	COOP ØST	1	1:30:32											1:30:32	
Norvang, Christine	AKTIVITETSGJENGEN	1	1:42:25							01:42:25					
Norvik, Magnus	Gressvik	1	1:32:07				01:32:07								
Norås, Gunnar	Fredrikstad	1	1:11:09	01:11:09											
Noteng, Jens	Fredrikstad IF	3	1:40:18	01:41:36	01:40:18	01:41:29									
Noteng, Peder	Fredrikstad IF	4	1:18:52		01:28:21	01:22:22	01:18:52	01:23:45							
Noteng, Sigrid	Fredrikstad	1	1:52:11		01:52:11										
Nundal, Terje	Tjøme Løpeklubb/Friskis&Svettis Tønsb	7	1:28:35	01:36:59	01:28:35		01:30:55	01:31:52	01:32:45	01:43:42		1:28:45			
Nybakk, Daniel	TORP	3	1:34:29					01:57:07	01:34:29	01:37:50					
Nybakken, Camilla	Marker & Eidsberg Sparebank	2	1:23:16	01:25:14	01:23:16										
Nyberg, Tormod	Oslo	1	1:35:36			01:35:36									
Nyborg, Thor Erik	Spydeberg	4	1:03:02	01:03:18	01:03:02	01:06:03	01:07:31								
Nybøe Herse, Mari	Oslo	1	1:28:42	01:28:42											
Nybøe, Terje	Oslo	1	1:28:42	01:28:42											
Nyegaard Johansen, Camilla		1	1:16:24										1:16:24		
Nygård, Alf-Martin	Grålum	3	1:23:47	01:32:13	01:23:47		01:35:02								
Nygaard, Anne Mette		4	1:27:34									1:27:51	1:27:34	1:29:00	1:30:30
Nygaard, Henrik	Sørsia	1	1:13:45			01:13:45									
Nygård, Jon-Ivar	FREDRIKSTAD KOMMUNE	1	1:23:34									1:23:34			
Nygaard, Morten	RT27	2	1:17:17								1:17:17	1:21:50			
Nygård, Rune	Yven	1	1:15:30		01:15:30										
Nygård, Therese Wiklem	Soonløp	1	1:23:35	01:23:35											
Nygaard, Tore		1	1:40:04										1:40:04		
Nyland, Cathrine Graff		1	1:28:56										1:28:56		
Nylende, Thor Emil	KMK	1	1:18:44		01:18:44										
Nymark, Carl-Martin	Ski	2	1:07:57				01:07:57	01:19:08							
Nymo, Frank	LUNDBECK BIL	1	1:38:11											1:38:11	

Glommaløpet 10 miles individuelt
Historikk

Nyquist, Astrid	BFG Bergen Løpeklubb / Bhss BIL	1	1:25:36				01:25:36								
Nyquist, Karl Jostein Heyerdahl	Øystre Slidre IL	3	0:56:26	00:56:26	00:56:50			01:01:58							
Nyquist, Tor Erik Heyerdahl	Øystre Slidre IL	3	1:04:25	01:04:51	01:04:25		01:25:36								
Nyseth, Thor-Erik	Unger Fabrikker	2	1:33:55	01:34:46	01:33:55										
Nystad, Espen		2	1:12:41						01:14:30				1:12:41		
Nysted, Arild	Kråkerøy	2	1:14:35	01:32:52			01:14:35								
Nysted, Arne	DRAMMEN	2	1:19:57					01:22:31	01:19:57						
Nysted, Hans-Kristian	GREÅKER	2	1:21:56					01:21:56			1:26:55				
Nystuen, Susann	Sarpsborg	1	2:01:27			02:01:27									
Nyvoll, Sigmund		1	1:14:50										1:14:50		
Nyvoll, Sindre		1	1:20:48										1:20:48		
Nyaas, Wenche		1	1:38:37									1:38:37			
Næsfeldt, Christoffer Raude	Halden løpeklubb	1	1:16:22	01:16:22											
Næss, Solveig	ÅS	1	1:39:31	01:39:31											
Nøstdal, Ingrid	Gamle Fredrikstad	2	1:24:45				01:24:45		01:35:09						
Nøstvik, Bjørn	Halden Triathlonklubb	6	1:00:56				01:00:56	01:01:26	01:04:46	01:14:18	1:03:11	1:06:25			
Odberg, Marie Gilstedt	Oslo	1	1:32:17	01:32:17											
Odden, Michael	Drammen	1	1:38:09		01:38:09										
Odvold Sivertsen, Gunn		1	1:28:33											1:28:33	
Ogre, Lene	Nemus	1	1:40:13						01:40:13						
Ogre, Marcus	Nemus	3	1:17:53					01:21:41	01:17:53				1:23:00		
Oksavik, Jostein Brå	NESODDEN IF	1	1:08:27									1:08:27			
Olafsen, Benedikte	Oslo	1	1:25:02			01:25:02									
Olafsen, Desiree	Gressvik	1	1:31:34			01:31:34									
Olafsen, Line		2	1:30:59											1:30:59	1:37:18
Olafsrud, Lars-Petter		1	1:27:28									1:27:28			
Olavesen, Ellinor	Gamle Fredrikstad	1	1:30:16	01:30:16											
Olavesen, Morten	FREDDY REINERTS LØPELAG	1	1:52:28								1:52:28				
Olavesen, Teodor	Gressvik	1	1:21:23				01:21:23								
Olin, Hege		2	1:40:24									1:47:16	1:40:24		
Oliversen, Daniel	TRØSKEN IL	1	1:23:21											1:23:21	
Oliversen, Magnus Oliver Skauge	Trøsken IL	1	1:10:55		01:10:55										
Oliversen, Mariah Emilie	Skjeberg	1	1:46:55		01:46:55										
Oliversen, Ole	Greåker	2	1:21:08	01:26:27	01:21:08										
Oliversen, Steinar	Sarpsborg	2	1:45:16	01:45:16	01:52:27										
Oliversen, Synne	TRØSKEN IL	1	1:34:39											1:34:39	
Olsen Wang, Heidi		1	2:38:55							02:38:55					
Olsen, Andreas Garder	KVERNHUSET BIL FREDRIKSTAD	1	1:01:05									1:01:05			
Olsen, Anne-Marte	Våler I Østfold	2	1:29:24			01:29:24	01:36:26								
Olsen, Bengt		1	1:21:56									1:21:56			
Olsen, Bent Olav	FREDRIKSTAD TRIATHLON	1	1:39:16											1:39:16	
Olsen, Cecilie Brox		3	1:32:04						01:32:04	01:40:40			1:33:19		
Olsen, Christian	Team Breaking Limits	1	1:39:57		01:39:57										
Olsen, Dan Thomas		1	1:18:05										1:18:05		

Glommaløpet 10 miles individuelt
Historikk

Olsen, Elin Saxegård	Sats Kråkerøy	1	1:21:49	01:21:49											
Olsen, Fanny	KRÅKERØY	1	1:53:31					01:53:31							
Olsen, Hedda	Sølvrevens Venner	1	1:29:49		01:29:49										
Olsen, Håkon Strand	Fredrikstad IF	2	1:18:01								1:18:01				1:20:32
Olsen, Ine Marlene		1	1:35:41										1:35:41		
Olsen, Inge Harald	FREDRIKSTAD SYKKELKLUBB	1	1:37:53							01:37:53					
Olsen, Jens Tommy	Oslo	1	1:25:49	01:25:49											
Olsen, John Vidar	RYGGEJOGGEN	2	1:27:32								1:30:35		1:27:32		
Olsen, Jorunn		1	1:24:40									1:24:40			
Olsen, Kent		1	1:18:14												1:18:14
Olsen, Kim	Fredrikstad IF	2	1:03:39											1:03:39	1:09:35
Olsen, Kim Roger		1	1:42:29									1:42:29			
Olsen, Kjell	Kolbotn	1	1:34:42			01:34:42									
Olsen, Lars Erik	Gressvik	1	1:18:23				01:18:23								
Olsen, Magne Strand	Fredrikstad IF	1	1:20:38												1:20:38
Olsen, Marianne	Langhus	2	1:47:02			01:47:02		01:59:31							
Olsen, Marius	Skjeberg	2	1:36:11	01:57:19	01:36:11										
Olsen, Monica	FEMIRUN	1	2:00:06								2:00:06				
Olsen, Morten	Hafslundsøy	1	2:08:17	02:08:17											
Olsen, Ole Kristian	Sleipner Motor	1	1:29:19						01:29:19						
Olsen, Per Marius		1	1:12:03										1:12:03		
Olsen, Preben	Sarpsborg	1	1:28:35	01:28:35											
Olsen, Roar	GIF-JOGGEN	2	1:36:02						01:36:02	01:48:55					
Olsen, Silje Skarning		3	1:44:25									1:44:58	1:47:04	1:44:25	
Olsen, Stig	Våler Joggeforening	6	1:29:00			01:30:52	01:29:00	01:33:48		01:36:23	1:32:32	1:35:45			
Olsen, Tommy-André		2	1:18:07							01:18:07	1:22:37				
Olsen, Tor-Eilert	Fredrikstad IF	1	1:18:46												1:18:46
Olsen, Ulf Roger	Torp	8	1:03:41	01:15:32			01:03:41	01:04:23	01:08:12	01:21:41			1:13:11	1:15:36	1:20:13
Olsen, Victor	KF BIL	2	1:30:07								1:30:07		1:31:11		
Olsson, Anders	SARPSBORG BANDYKLUBB	1	1:20:37											1:20:37	
Olsson, Anton	SARPSBORG BANDYKLUBB	1	1:23:31											1:23:31	
Olsson, Monica		1	1:45:33												1:45:33
Olstad, Petter	Sarpsborg	1	1:00:20		01:00:20										
Olstad, Sondre	Fram Running Club	1	1:00:53	01:00:53											
Olstad, Vebjørn	Fram Running Club	2	1:03:03	01:03:03	01:07:32										
Olstrøm, Inge	GRIMSRØD KAMERATENE	1	1:34:33											1:34:33	
Omarstrand, Jan Tore	Stabekk	1	1:19:26		01:19:26										
Omberg, Kirsti	SKILØPERNE	3	1:31:43								1:39:11		1:31:43	1:43:01	
Omberg, Magne	ROLVSØY	1	1:35:40					01:35:40							
Ones, Monica Linnea		1	1:58:28							01:58:28					
Onsrud, Pål	Gjøvik Friidrettsklubb	1	0:55:59		00:55:59										
Onstad, Britt Katharina		1	1:31:21									1:31:21			
Opdal, Morten	TEAM FIH	1	1:14:20											1:14:20	
Ophus, Ida Kristin	Sellebakk	2	1:42:50				01:42:50	01:44:40							

Glommaløpet 10 miles individuelt
Historikk

Ophus, Lars Maskin	Ælgrim Square Garden	1	1:42:39		01:42:39										
Ophus, Marius Andre	Sellebakk	4	1:27:19			01:34:31	01:27:42	01:27:19	01:30:07						
Oppedal, Sara Victoria	Hagan	1	1:57:54	01:57:54											
Opsahl, Elisabeth	Mysen	1	1:36:17			01:36:17									
Opsahl, Gaute	Løpekammeratene.	1	1:23:03			01:23:03									
Opsahl, Gaute Hemming	TRØMBORG I.L	2	1:14:51								1:14:51	1:15:35			
Opsahl, Marianne		2	1:11:50									1:11:50			1:46:54
Opsahl-Ben Ammar, Hanna	Kråkerøy	2	1:49:01	01:50:37	01:49:01										
Opstad, Fredrik		1	1:23:03											1:23:03	
Opstad, Nils	Torp	1	1:29:29	01:29:29											
Oraug, Pål	Sarpsborg IL	5	0:54:43	00:59:48	00:57:15						0:54:43	0:57:51	0:57:59		
Oraug, Tone	Slitusprinterne	3	1:19:04		01:22:12							1:22:32	1:19:04		
Orerød, Susanne	Tjøme Løpeklubb	1	1:26:55			01:26:55									
Ormholt, Stian		1	1:32:45									1:32:45			
Orring, Lasse	RT 27 FREDRIKSTAD	3	1:20:49								1:20:49	1:22:46	1:23:48		
Orud, Cathrine	Sponvika	2	1:27:35		01:28:28	01:27:35									
Orud, Eva	REGNBUEN	1	1:35:53											1:35:53	
Oseberg, Morten Andre Hoff	Tønsberg	1	1:07:36		01:07:36										
Oseberg, Rannveig	Tønsberg	1	1:33:45		01:33:45										
Osmani, Halim	Grålum	2	1:18:55		01:18:55		01:28:19								
Ostad, Tom	BLODSMAK BAND	2	1:29:34								1:29:34	1:38:27			
Ottersen, Ann-Kathrin		1	2:11:17							02:11:17					
Ottersen, Henrik	Advokatfirmaet Helland Ingebrigtsen	5	1:20:09						01:20:09	01:31:17	1:20:42	1:24:28	1:23:05		
Ottersten, Anders	KRÅKERØY	1	1:19:24						01:19:24						
Ottesen, Eirik M.	Sportsklubben Vidar	1	1:05:54					01:05:54							
Ottesen, Elin	SARPSBORG SPESIALISTSENTER	1	1:24:46								1:24:46				
Ottosen, Vera Vendela	Skjeberg	1	1:30:38		01:30:38										
Oustad, Hanne	VISMA CONSULTING	1	1:15:35							01:15:35					
Oustad, Morten		1	1:49:12							01:49:12					
Ovesen, Elias Johan	Gamle Fredrikstad	2	1:27:32	01:44:08	01:27:32										
Ovesen, Jakob Mikal	Gamle Fredrikstad	1	2:04:32		02:04:32										
Owren, Ingjerd	Oslo	2	1:22:45		01:22:50							1:22:45			
Pagoli, Audrey		1	1:55:47											1:55:47	
Pahle, Christian		1	1:39:11												1:39:11
Parmann, Espen	Tannkontoret	1	1:45:42	01:45:42											
Parmann, Theodor	Tannkontoret	1	1:45:42	01:45:42											
Parmer, Thomas	Oslo	1	1:22:19		01:22:19										
Patrick, Birger	MARKEDSPARTNER	1	1:22:45									1:22:45			
Paulen, Asgeir Austdal	PAULEN CATERING	1	1:45:34							01:45:34					
Paulsen, Andreas		1	1:32:21										1:32:21		
Paulsen, Hege	TUNESKIPET BARNEHAGE	2	1:42:30										1:42:30	1:48:48	
Paulsen, Ole	Mossjonistene	1	1:29:41						01:29:41						
Paulsrud, Frode	OSLO	1	1:27:00						01:27:00						
Paulsrud, Jo-Inge	BORGENHAUGEN	1	1:23:48						01:23:48						

Glommaløpet 10 miles individuelt
Historikk

Pedersen, Anders	Grålum	1	1:12:11	01:12:11											
Pedersen, Bo	Gressvik	1	1:58:31		01:58:31										
Pedersen, Camilla Tenvig		2	1:28:47									1:28:47	1:32:11		
Pedersen, Christian	Ski IL Ishockey	1	1:36:25					01:36:25							
Pedersen, Daniel	Halden	2	1:29:25		01:29:25		01:39:39								
Pedersen, Daniel	BERTEL O.STEEN FREDRIKSTAD	1	1:14:49											1:14:49	
Pedersen, Elna Marie		1	1:37:20								1:37:20				
Pedersen, Erik		1	1:35:36							01:35:36					
Pedersen, Frank G.	SKJEBERG CK	2	1:17:31											1:17:31	2:05:21
Pedersen, Hilde	Fredrikstad	1	1:23:25	01:23:25											
Pedersen, Inger Anne	Team Sportsmanden/Oppegård IL	1	1:24:39			01:24:39									
Pedersen, Jan Erik	VEIDEKKE BIL	1	1:14:11									1:14:11			
Pedersen, Julie Løvoll	Gamle Fredrikstad	1	2:23:01		02:23:01										
Pedersen, Linn- Marita	SKJEBERG CK	1	2:05:21												2:05:21
Pedersen, Mads Andreas	Yven	4	1:19:27	01:30:24	01:20:12	01:24:35	01:19:27								
Pedersen, Monica	Sellebakk	1	2:08:27		02:08:27										
Pedersen, Oda Kristin	Brynild Gruppen Bil	1	1:37:48						01:37:48						
Pedersen, Ole-Richard	Fredrikstad	3	1:17:20				01:25:39		01:17:20	01:28:22					
Pedersen, Sigvart F	Assemblin	1	1:50:09	01:50:09											
Pedersen, Stian	Europris/Skiløperne	1	1:33:56						01:33:56						
Pedersen, Stian	GREÅKER	1	2:00:06					02:00:06							
Pederstad, Lars	FREDRIKSTAD TRIATLONKLUBB	1	1:07:04								1:07:04				
Peersen, Reidar	SKIEN	1	1:23:09						01:23:09						
Pejby, Martin		2	1:19:52											1:19:52	1:27:26
Pereira, Maiara	Fedrikstad	1	1:51:44		01:51:44										
Pereira, Mailson	Fredrikstad	2	1:23:27	01:29:46	01:23:27										
Pereira, Sofia	GAMLE FREDRIKSTAD	1	1:48:17					01:48:17							
Pernäng Thormodsen, Elliot	Älvsjö	1	1:22:09		01:22:09										
Persen, Svend	Fredrikstad IF	1	1:16:25								1:16:25				
Person, Guro	SKI	1	1:09:49					01:09:49							
Persson, Daniel	Borgenhaugen	1	1:30:07		01:30:07										
Petersen, Mark	Søborg	1	1:29:51	01:29:51											
Pettersen Larsson, Mats	Sarpsborg	1	1:42:31	01:42:31											
Pettersen, Bjoern Ivar	Kronos Titan	1	1:40:14		01:40:14										
Pettersen, Christian	Sarpsborg	2	1:30:29	01:30:29				01:31:26							
Pettersen, Eli Birgitte	Vesterøy	5	1:23:10	01:41:57					01:29:23		1:23:10	1:28:14	1:31:48		
Pettersen, Frida Vardehaug	Tønsberg	1	2:08:23		02:08:23										
Pettersen, Geir	JACKON	4	1:16:30								1:16:30		1:21:38	1:27:57	1:35:56
Pettersen, Henrik	CROSSFIT FREDRIKSTAD	1	1:25:50								1:25:50				
Pettersen, Ida		1	1:45:44							01:45:44					
Pettersen, Jon	TEAM EUROPRIS	1	1:20:30								1:20:30				
Pettersen, Kathrine Almvik	LISLEBY HÅNDBALL	2	1:25:11								1:25:11			1:32:58	
Pettersen, Lars	Gressvik	2	1:14:10	01:17:13			01:14:10								
Pettersen, Lars-Fredrik	ROLVSØY	1	1:21:23					01:21:23							

Glommaløpet 10 miles individuelt
Historikk

Pettersen, Leif Roar	Hafslundsøy	1	1:22:10			01:22:10									
Pettersen, Lise Marie	Bane NOR BIL	7	1:15:28	01:20:16	01:17:35	01:16:32	01:15:49	01:20:11		01:19:14		1:15:28			
Pettersen, Marius	Frederik II	1	1:19:18		01:19:18										
Pettersen, Mats	Orkla BIL	5	1:00:38			01:01:49	01:01:31			01:03:13			1:00:38	1:02:41	
Pettersen, Mina		1	1:54:23							01:54:23					
Pettersen, Morgan Buckholm	Halden	1	1:27:52			01:27:52									
Pettersen, Per Åge	Cicignon old Boys	5	1:30:07	01:57:13		01:34:52			01:30:07	01:57:35	1:37:59				
Pettersen, Paal	KRÅKERØY	1	1:11:13						01:11:13						
Pettersen, Rebecka	SARPSBORG	1	1:41:40						01:41:40						
Pettersen, Roger	Grålum	1	1:54:08			01:54:08									
Pettersen, Sjur	Fredrikstad IF	5	1:25:43	01:26:20	01:27:02		01:29:05	01:38:11	01:25:43						
Pettersen, Sølvi	Bergen	1	1:46:15		01:46:15										
Pettersen, Thomas		1	1:54:29							01:54:29					
Pettersen, Tone Nordang	Løpeskjørt.No / Baktroppen Podkast	3	1:58:21		02:21:52	02:05:55	01:58:21								
Pettersen, Venche		2	1:42:10								1:42:10	1:43:14			
Petterson, Esther Száva	Sarpsborg	1	1:34:04	01:34:04											
Petterson, Trude	Torød	1	1:40:20		01:40:20										
Petterøe, Camilla	Vesterøy	1	1:56:36	01:56:36											
Pham, Kenneth	Moss	1	2:30:53	02:30:53											
Pietrzak, Marcin	Rolvsøy	1	1:27:14		01:27:14										
Pigla, Pawel	Rolvsøy	3	1:13:05	01:13:05	01:13:25			01:16:59							
Pihl, Kine Aileen	Oslo	1	1:18:10			01:18:10									
Pihlstrøm, Kristin		2	1:21:01										1:21:01		1:31:31
Pihlstrøm, Ole-Andreas	Greåker	2	1:14:10				01:14:10					1:16:34			
Pilestrand, Christian	TROLLDAEN	2	1:21:19							01:28:17			1:21:19		
Pinaas, Annika	Sarpsborg	1	1:27:40		01:27:40										
Pinaas, Elias	Sarpsborg	2	1:16:39	01:21:38	01:16:39										
Pinås, Fredrik	Fredrikstad IF	4	0:58:13	00:58:13	01:00:56		01:05:09	01:14:28							
Pinås, Hanna	Lillehammer	1	1:56:07	01:56:07											
Pinås, Marianne	Fredrikstad IF	1	1:41:01	01:41:01											
Pinaas, Simon	Sarpsborg	2	1:03:38	01:04:17	01:03:38										
Pinås, Tor Christian	Fredrikstad IF	4	1:03:34		01:13:26		01:05:15							1:03:34	1:11:22
Pisilrud, Håvard	Kapp	1	1:41:16			01:41:16									
Pladsen, Solveig		4	1:16:36						01:23:11	01:25:48	1:16:36	1:18:35			
Pladsen, Solveig	Gamle Fredrikstad	3	1:12:44		01:12:44	01:13:05		01:19:19							
Plata Franco, Oliver		1	1:10:57							01:10:57					
Pleym, Kjersti		1	1:29:01								1:29:01				
Plith, Johanna	Moss	1	1:38:45	01:38:45											
Poblete, Igor	Fredrikstad	1	1:27:28			01:27:28									
Pollen, Thfinstad		1	1:26:17								1:26:17				
Polyainov, Velimir		1	1:19:22								1:19:22				
Prang Orud, Eva	Grålum	1	1:47:08				01:47:08								
Pratumchai-Børresen, Vidar	OSLO	1	1:37:11						01:37:11						
Presno, Andrea Garcia De	OSI FRIIDRETT	2	1:12:04							01:16:16	1:12:04				

Glommaløpet 10 miles individuelt
Historikk

Prestegård, Henrik	Oppsal IF	1	1:40:10			01:40:10									
Presterud, Karl Erik	GRIMSRØD KAMERATENE	1	1:28:57											1:28:57	
Prestesæter, Peter Magnus	Gran	1	1:15:17		01:15:17										
Prestøy, Liv Astrid	Halden Pharma	1	1:48:19	01:48:19											
Preus, Christine	Team Spinnvill	1	1:51:45			01:51:45									
Preus, Fredrik Nemeth	Moss IL	1	1:19:57			01:19:57									
Prytz, Anders	Telenor BIL	1	1:08:45						01:08:45						
Prøitz, Isak Homlung	SPARTA IHK	1	1:23:57								1:23:57				
Prøitz, Tommy		2	1:07:10									1:07:10		01:07:16	
Puck, Tor-Anders	CL	1	1:21:39											1:21:39	
Putkowski, Andre Gerard	Fredrikstad IF	2	1:17:05								1:17:05	1:20:32			
Pålsson, Christina	Bjärred	2	1:32:09		01:47:12	01:32:09									
Qarbosh, Mukhtar		1	1:59:24										1:59:24		
Racans, Elviss	Fredrikstad	1	1:15:48			01:15:48									
Radavicius, Nerijus	FREDRIKSTAD	1	1:12:08						01:12:08						
Radgowska, Karolina		1	1:36:27								1:36:27				
Rakkenes, Håkon	Fredrikstad IF	2	1:34:26		01:34:26	01:43:11									
Rakkenes, Håkon	KRÅKERØY	1	1:51:36					01:51:36							
Raknerud, Kine Bettina	Crossfit Askim	3	1:24:48		01:24:48	01:27:14	01:29:19								
Raknes, Alf	Greåker	1	1:16:46		01:16:46										
Raknes, Marie Therese		1	1:40:19										1:40:19		
Raknes, Per	MARKEDSPARTNER	2	1:55:03								1:57:35	1:55:03			
Rakstad, Christer	Mysen	1	1:31:57	01:31:57											
Rakvåg, Atle	Studio SuS	1	1:31:43	01:31:43											
Ramberg, Bjørn	Gamle Fredrikstad	2	1:32:48	01:32:48	01:37:40										
Rambjør, Thomas	SARPSBORG	1	1:38:25					01:38:25							
Rambøl, Sigrid	SCHIBSTED ASA	1	1:44:53									1:44:53			
Ramdahl, Ingerid	Halden	1	1:50:18					01:50:18							
Ramon Sanches, Alex	HARD TRAIN EASY LIFE	1	1:18:18												1:18:18
Ramstad-Ekeberg, Solveig	PALKOM FREDRIKSTAD	1	1:43:16							01:43:16					
Ramsvik, Adrian	Hafslundsøy	1	1:33:00			01:33:00									
Rande, Espen	Løpekameratene	1	1:09:12				01:09:12								
Rangberg, Anbjørg	Tren Saltnes	2	1:17:20			01:17:20	01:18:48								
Rasen, André Hellne	Moss	1	1:20:19	01:20:19											
Rasmussen, Helge	Skiløperne	1	1:20:29			01:20:29									
Rasmussen, Helge Schie	HVALER KOMMUNE	2	1:15:00						01:16:24		1:15:00				
Rasmussen, Katharina	Oslo	2	1:31:17			01:32:28	01:31:17								
Rasmussen, Robert	ØSTBYGDA IL	1	1:08:58								1:08:58				
Rasmussen, Thomas E.	Fredrikstad IF	2	1:10:49								1:12:12		1:10:49		
Rasmussen, Tom-Arvid		1	1:15:54											1:15:54	
Rebni, Even	TEAM MJØSEN	1	1:11:45											1:11:45	
Rebnord-Jensen, Ole	Kråkerøy	1	1:10:01			01:10:01									
Reece, Robert	TEXAS	2	1:21:09						01:21:09	01:25:28					
Reed, Alexander	Skjeberg	1	1:24:52			01:24:52									

Glommaløpet 10 miles individuelt
Historikk

Reed, William	Skjeberg	1	1:19:55	01:19:55											
Refsgaard, Gustav	Nabolaget	1	1:32:09		01:32:09										
Refsgaard, Henriette	Nabolaget	1	1:59:38		01:59:38										
Refsli, Terje	Fredrikstad IF	3	1:29:30	01:35:36	01:29:30	01:31:28									
Reid, Lene		1	1:33:25										1:33:25		
Reiersen, Oscar	TRØSKEN IL	1	1:13:56									1:13:56			
Reiersgård, Jørn Kåre	Tolvsrød	5	1:20:07				01:29:31	01:29:29	01:21:23	01:30:16		1:20:07			
Reigstad, Alice	Fredrikstad	1	1:45:22			01:45:22									
Reitan-Gjersøe, Truls André	Særp Tropez Løpeklubb	1	1:15:56				01:15:56								
Rekvin, Andreas	Halden	2	1:56:11				02:00:33			01:56:11					
Rekvin, Charlotte	Halden	2	1:45:05		01:45:05	01:47:42									
Rekvin, Kristian	Tistedal	5	1:31:19		01:36:18	01:42:53	01:45:20		01:31:19	01:45:51					
Renberg, Roger		4	1:26:16								1:30:18	1:29:36	1:26:16	1:33:44	
René Gangfløt, Jonas	Fredrikstad	1	1:26:23		01:26:23										
Rennemo, Mette-Marit		1	1:26:52								1:26:52				
Resnis, Janis	Vestby	1	1:01:29			01:01:29									
Richardsen, Joachim	TORP	1	1:32:14						01:32:14						
Richardsen, Morten		1	1:33:03										1:33:03		
Riis Kjeldsen, Cecilia	Kråkerøy	1	1:47:28	01:47:28											
Riis, Anne Margot	TEAM NONSTOP	2	1:40:32									1:40:32	1:41:19		
Riis, Gunn-Tove	Fredrikstad IF	1	1:21:06			01:21:06									
Riise Jenssen, Elisabeth		1	1:37:07							01:37:07					
Riiser, Tarjei	Sellebakk	2	1:36:17		01:40:55	01:36:17									
Riiser, Una	Gamle Fredrikstad	3	1:29:51	01:29:51	01:40:55	01:36:18									
Rildå Bjørge, Eline	Fredrikstad IF	2	1:39:13		01:39:13	01:45:46									
Rindal, Sofie	Oslo	1	1:42:44			01:42:44									
Ringdahl, Espen	SKI LØPERNE	1	1:23:23									1:23:23			
Ringdalen, Daniel Fløtlo	Oslo	2	1:12:24		01:12:24	01:14:12									
Ringsrud, Christer		1	1:32:00										1:32:00		
Ringsrød Kristiansen, Fredrik	Assemblin	1	1:05:44		01:05:44										
Ringstad, Espen	Askim	1	1:38:03				01:38:03								
Ringstad, Linda	Askim	2	1:29:32		01:42:20		01:29:32								
Risa, Trond		1	1:24:50										1:24:50		
Rise, Jan	Skiptvet IL	1	1:42:20	01:42:20											
Rise, Øyvind	Røa Allianseidrettslag / Treningscamp	1	1:22:50	01:22:50											
Rishøi, Lars	STRÖMSTAD	1	1:27:20						01:27:20						
Rist, Marte Løvås	HALDEN IL	2	1:24:49							01:37:36	1:24:49				
Rive, Jan O	Sarpsborg IL	1	1:10:04			01:10:04									
Roald, Jan	LYSAKER	1	1:31:46						01:31:46						
Roaldsøy, Kurt	Reinsvoll	1	1:46:03	01:46:03											
Roberts, Espen A.	Oslo	2	1:03:18	01:03:18	01:04:00										
Robertsen, Daniel	GRESSVIK	4	1:17:03					01:33:29	01:20:59	01:20:26	1:17:03				
Robertsen, Raymond		2	1:45:24						01:45:24	01:58:22					
Rogndalen, Bjørn	Klavestadhaugen	3	1:22:32			01:38:45			01:22:32	01:38:49					

Glommaløpet 10 miles individuelt
Historikk

Rognerud, Hans Arve	Fredrikstad Kommune	1	1:12:42				01:12:42								
Rognli Nilsen, Malin	Klavestadhaugen	1	2:19:42	02:19:42											
Rognlien, Marie Sofie	Oslo	1	1:33:26	01:33:26											
Rohde-Moe, Tom	IMTECH	1	1:44:12											1:44:12	
Roll, Tonje	SØK	1	1:50:07					01:50:07							
Rolland, Thomas		2	1:38:14									1:39:22	1:38:14		
Rolstad, Guro		1	1:31:58									1:31:58			
Rolstad, Jon Øystein	SARPSBORG IL FRIIDRETT	1	1:06:18											1:06:18	
Roos, Katrine	Råde	1	1:33:48			01:33:48									
Roos, Mariann	Oslo	1	1:33:49			01:33:49									
Roos, Sabrina Therese	Kråkerøy	2	1:37:34	01:39:14	01:37:34										
Rosenvinge, Cathrine	Rakkestad	1	1:47:51	01:47:51											
Rosnes, Helge	PRIVAT	2	1:13:58									1:15:15			1:13:58
Rosnes, Magne	FREDRIKSTAD SKIKLUBB	2	1:10:11										1:10:11	1:14:04	
Rossow, Helene	OSLO	1	2:00:26					02:00:26							
Rostad, Hans Jørgen	Sarpsborg	3	1:28:17	01:28:17	01:32:27	01:41:01									
Rostad, Kristoffer	Råde	3	1:02:29		01:03:01	01:02:29		01:03:55							
Rostad, Lars Jørgen	Umoralens Høyborg	1	1:43:23			01:43:23									
Rostad, Rene	Begbyjoggen	1	1:35:46	01:35:46											
Rostad, Simen	Rolvsøy	1	1:17:50	01:17:50											
Rosten, Stine		1	1:40:11											1:40:11	
Roulund, Kjetil		1	1:45:53									1:45:53			
Roverso, Davide	ESMART SYSTEMS	1	1:18:21							01:18:21					
Rua Næss, Wenche	Hvittingfoss	1	1:39:21		01:39:21										
Rud, Magnus	Oslo	1	1:20:38			01:20:38									
Rudsrud, Ståle		2	1:31:25						01:31:25		1:31:57				
Rugsveen, Tor Kenneth		1	1:19:50								1:19:50				
Rundgren, Truls	MANSTAD	1	1:31:56						01:31:56						
Runhovde, Gerd		1	1:37:06										1:37:06		
Runhovde, Siv Rebekka	Oslo	2	1:47:30			01:53:55	01:47:30								
Rustad, Berit Kleiven	Sørumsand	1	1:44:42		01:44:42										
Rustad, Terje	Sørumsand	1	1:31:56		01:31:56										
Rustan, Knut	Borregaard Golfklubb	2	1:29:42			01:42:41	01:29:42								
Rustan, Knut Ole	ANTON CYKLETEAM	1	1:34:28									1:34:28			
Rustan, Knut Patrick		1	1:41:19										1:41:19		
Rutherford, Agnes	Kråkerøy	1	1:39:29				01:39:29								
Ruud, Anne	Tannkontoret	7	1:31:52	01:44:03					01:35:38	01:44:07	1:34:45	1:31:52		1:35:30	1:49:50
Ruud, Kristine	Sellebakk	1	1:23:33			01:23:33									
Ruud, Marie Therese	Sarpsborg	1	1:13:17			01:13:17									
Ruud, Nils Rudås	Østfold Energi	1	1:32:51	01:32:51											
Ruyter, Johanne	Askim	2	1:23:39			01:23:39	01:25:09								
Ruyter, Johanne	Chelsea FC	2	1:18:27	01:18:27					01:23:44						
Ruyter, Thomas	Cicignon IF	6	1:16:17	01:34:32		01:31:19	01:27:34	01:26:10	01:29:46				1:16:17		
Ruyter, Werner	Cicignon old Boys	5	1:22:33	01:43:59		01:36:58	01:56:50		01:26:19			1:22:33			

Glommaløpet 10 miles individuelt
Historikk

Ryan, Jostein		2	1:24:02											1:24:49	1:24:02
Rychlicki , Pawel	INFOTJENESTER	1	1:48:03								1:48:03				
Rydland, Randi Beate		2	1:46:35								1:46:35	1:54:24			
Rydstrøm, Christoffer	Halden	1	1:42:31	01:42:31											
Rygh, Ramona	Sponvika	1	1:56:31				01:56:31								
Rysjedal, Stisn	FREDRIKSTAD	1	1:32:29						01:32:29						
Ryste, Thomas	Bankett Løperne	1	1:46:18			01:46:18									
Rød, Terje	Fredrikstad IF	5	1:13:21		01:25:23						1:18:33	1:29:53	1:16:07	1:13:21	
Rødland, Heidi	STADION	1	1:36:55								1:36:55				
Rødningsby, Tine	PT Tine Rødningsby Trim og Velvære	2	1:23:27	01:23:27									1:25:32		
Rødsmoen, Stian	Tistedal	1	1:18:25		01:18:25										
Røed, Eiolf	Fredrikstad IF	1	1:05:02												1:05:02
Røhme, Amalie Agersborg	Oslo	1	1:50:45			01:50:45									
Røhr, Ole-Hermann	Rygge IL	6	0:55:38					00:56:06	00:56:50	00:59:26		0:58:22	0:55:38	0:58:24	
Rønneberg, Hedda Horn	RØA	1	1:26:09									1:26:09			
Rønnevig Larsen, Josefine	Skjeberg	1	1:52:57	01:52:57											
Rønning Vatne, Rasmus	FREDRIKSTAD	1	1:04:33						01:04:33						
Rønning, Glen Roger		1	1:18:51											1:18:51	
Rønning, Karoline	FREDRIKSTAD TRIATHLONKLUBB/ TEAM	2	1:22:02							01:22:02	1:23:01				
Rønning, Maria E.	KRÅKERØY	1	1:38:16						01:38:16						
Rønning, Stian	Kjeksløperne	1	1:17:40	01:17:40											
Rørberg, Alexander		1	1:08:46										1:08:46		
Røren, Tonny		1	1:44:13										1:44:13		
Røring, Aanon	Saugbrugs BIL	1	1:04:49						01:04:49						
Røraas, Else Grete	FEMIRUN	1	1:51:20								1:51:20				
Røste, Jan Arild Wallin		2	1:20:59										1:29:05	1:20:59	
Røsten, Oddvar	SK RYE / -NEITILLISENS	1	1:26:27											1:26:27	
Røysted, Ulf		1	1:28:23										1:28:23		
Rådahl, Astrid	Gamle Fredrikstad	1	1:32:02		01:32:02										
Rådahl, Heidi		1	1:32:09										1:32:09		
Rådahl, Rino	Fredrikstad IF	8	1:15:57	01:24:22	01:25:45		01:21:11		01:23:28	01:27:13	1:15:57	1:21:55	1:27:09		
Råen, Vegard	KRØDSHERAD IL	1	1:04:15											1:04:15	
Raagaard, Henrik Lund	Fredrikstad IF	5	1:14:45		01:26:12		01:15:54		01:14:45	01:24:57			1:39:09		
Rånes, Stein Kjetil	IF Frøy	1	1:25:38			01:25:38									
Sagen Andersen, Martin	RT 27 FREDRIKSTAD	3	1:17:32									1:19:50	1:17:32	1:22:25	
Sagen, Maria	Kråkerøy	2	1:36:38	01:36:38	01:37:26										
Saltnes, Eirik	Visma Smartskill	1	1:23:41						01:23:41						
Samstad, Geir-Rune	Sarpsborg	1	1:29:26				01:29:26								
Samuelsen, Anders		1	1:15:23											1:15:23	
Samuelsen, Finn	HØGSKOLEN I ØSTFOLD	1	1:28:09									1:28:09			
Samuelsen, Rigmor		1	1:40:00											1:40:00	
Samuelsen, Synnøve Wisløff	NØSTE HUSMORTRIM	1	1:17:02									1:17:02			
Sand, Espen	Vestby	4	1:10:40		01:10:40	01:13:45	01:17:27	01:42:57							
Sand, Victoria	Sarpsborg	1	2:30:47	02:30:47											

Glommaløpet 10 miles individuelt
Historikk

Sandbakk, Even		1	1:24:10									1:24:10			
Sandberg, Eirik Kjølstad	DNB Eiendom	1	1:13:42				01:13:42								
Sande, Thomas Eriksen	Sandebanden	3	1:20:10		01:26:01		01:20:10	01:25:01							
Sandegren, Theo		1	1:12:34											1:12:34	
Sandem, Kjetil	Norconsult BIL	2	0:57:37				00:57:37				0:59:30				
Sandem, Thorbjørn		1	1:30:22									1:30:22			
Sanden, Asbjørn	Bergen Bedriftsidrettslag	1	1:30:25		01:30:25										
Sandersen, Ole Petter		1	1:16:31										1:16:31		
Sandersen, Ole-Petter Mork	ULFVEN AS	2	1:19:39						01:27:27			1:19:39			
Sandmæl, Hilde	BRYNILD GRUPPEN	1	1:29:16									1:29:16			
Sandmæl, Merete	Moss	2	1:48:18				01:48:18	01:48:53							
Sandnes, Anne	PIR II	1	1:08:39											1:08:39	
Sandnes, Øyvind	Kråkerøy	1	1:44:41	01:44:41											
Sandnæs, Vidar	Drøbak-Frogn IL	2	1:36:21		01:37:09		01:36:21								
Sandsbraaten, Henrik	PwC	1	1:28:04			01:28:04									
Sandsbraaten, Ida	Skanska Aktiv	1	1:24:27			01:24:27									
Sandstad Røising, Marius		2	1:49:28								1:54:20	1:49:28			
Sandtangen, Christine	KPMG PULS	1	1:31:45							01:31:45					
Sandtangen, Petter	Hevingen IL	1	1:03:10						01:03:10						
Sandtnagen, Leif	IHK SPARTA SARPSBORG	1	1:31:46							01:31:46					
Sandvand, Johanne	NTNUI TRIATHLON	1	1:07:26								1:07:26				
Sandvand, John Einar		1	1:41:37								1:41:37				
Sandvik, Eivind	Gressvik	10	1:15:14	01:23:51		01:16:27		01:15:14	01:22:14	01:26:02	1:21:43	1:19:39	1:15:54	1:24:08	1:20:48
Sandvik, Knut Jostein	Klavestadhaugen	5	1:12:54	01:45:10					01:17:22		1:15:35	1:14:08	1:12:54		
Sandvik, Olav	Borregaard	1	1:49:38	01:49:38											
Sandvik, Per Rikard	Team TVT	2	1:17:44			01:17:44	01:18:10								
Sanengen, Sverre	Fredrikstad IF	2	1:32:50										1:34:24	1:32:50	
Sangphet, Inthiwa	Borgenhaugen	1	1:29:26	01:29:26											
Sanna, Ove		1	1:30:17							01:30:17					
Sanne, Nils	SOLKYSTEN LK	1	1:32:12											1:32:12	
Sannerholt, Merete	Skien Svømmeklubb	2	1:23:36						01:23:38			1:23:36			
Sannerholt, Tom Ivar	Skien Svømmeklubb	2	1:23:35						01:24:08			1:23:35			
Sannes, Emil	Yven	1	1:14:59	01:14:59											
Sannes, Torill	Fredrikstad	1	1:55:15	01:55:15											
Sannrud, Karianne Lønn	Fredrikstad	1	1:39:09			01:39:09									
Saugestad, Kjell	Kråkerøy	2	1:38:13	01:44:41						01:38:13					
Saxegaard, Jørgen	BEKKELAGET IFK	1	1:06:49											1:06:49	
Schaeffer, Maria	Sarpsborg	5	1:18:41	01:31:12	01:28:00	01:25:04	01:18:41	01:19:00							
Schei, Øyvind		1	1:37:42										1:37:42		
Schiager, Tore	BRYNILD GRUPPEN	1	1:23:58								1:23:58				
Schjefstad, Kim		1	1:31:15									1:31:15			
Schjerpen, Thomas	Fredrikstad	2	1:15:08			01:20:41					1:15:08				
Schmidt, Cathrine	Sarpsborg	3	1:28:48	01:42:23	01:28:48	01:43:27									
Schneider, Connie	Kongsberg IF / Team Kondis	1	1:41:56			01:41:56									

Glommaløpet 10 miles individuelt
Historikk

Schrøder, David	Borgmck	1	1:25:05				01:25:05								
Schrøder, Erlend	Grålum Velforening	2	1:17:38	01:17:38	01:20:26										
Schrøder, Glenn	Onitio Solutions Norge AS	2	1:12:21			01:13:20	01:12:21								
Schrøder, Thea	Grålum Løpeklubb	2	1:14:37	01:14:37	01:16:45										
Schultz, André	Follo Løpeklubb	1	1:11:34			01:11:34									
Schön, Siri Merete	OPPAKER	1	1:45:25						01:45:25						
Schøyen, Inge	Ullensaker/Kisa IL / Løpegruppa Jesshei	2	1:07:22	01:09:15	01:07:22										
Segui, Natali		1	1:37:13												1:37:13
Segui-Schimpke, Natali		1	1:36:36							01:36:36					
Seifert, Linn	Frederik II Videregående Skole	4	1:26:10			01:33:31	01:31:36	01:31:04			1:26:10				
Seim, Maria		1	1:56:53							01:56:53					
Seland, Petter	FREDRIKSTAD SKIKLUBB	1	1:15:37									1:15:37			
Selland, Henrik	Sperrebotn	1	1:45:40			01:45:40									
Selliseth, Tom	Fet Friidrettsklubb	2	1:02:57			01:05:23					1:02:57				
Seltveit, Ole Gunnar	Holmestrand	1	1:53:35	01:53:35											
Selvik, Liv Nora	Rygge	1	1:32:24		01:32:24										
Semlov, Bo	KØBENHAVN S	1	1:47:19					01:47:19							
Sendstad, Marte		1	1:07:38						01:07:38						
Serezhnikova, Olga	KVALØYA	1	1:32:29					01:32:29							
Setekleiv, Veronica		1	2:06:38							02:06:38					
Seterdahl, Ayna		1	2:08:41									2:08:41			
Sevaldrud, Mari	Jevnaker	1	1:28:59	01:28:59											
Severinsen Arefjord, Therese	Kråkerøy	2	1:37:25		01:37:25	01:40:33									
Shkodrani, Arber	Halden Pharma	1	1:45:43	01:45:43											
Shokhodko, Olena	Gressvik	1	2:02:12		02:02:12										
Sieling, Felix	Vossevangen CK	1	1:10:36			01:10:36									
Signebøen, Sondre	Tistedalen FL	1	1:04:22				01:04:22								
Signebøen, Tine Lund	Tistedal	1	1:25:49		01:25:49										
Sigstad, Mats	Barco	1	1:12:40			01:12:40									
Sigurdarson, Mani	Mani Sigurdarson	1	1:23:45		01:23:45										
Sigurdsen, Pål Ivar	Fredrikstad IF	3	1:12:46	01:12:46	01:13:57	01:17:13									
Sigurdsson, Oddur	BORGENHAUGEN	1	1:27:41					01:27:41							
Sigvaldsen, Pernille	Strusshamn	1	1:34:00			01:34:00									
Sigvaldsen, Robert	Flagget Hills	1	1:03:22		01:03:22										
Sigvartsen, Martinius	Sarpsborg IL	1	1:26:17	01:26:17											
Sikveland, Gunnar	Undheim IL	2	1:06:48	01:06:48		01:08:07									
Siljan, Henrik	Hafslundsøy	1	1:56:15	01:56:15											
Sillmann, Benjamin	Kråkerøy	1	1:28:49			01:28:49									
Simensen, Martin	Unger Fabrikker	2	1:21:41					01:21:41	01:31:14						
Simensen, Tina Susanne	Grålum	2	1:36:25			01:51:23			01:36:25						
Simenstad, Marte Dyve		1	1:47:09							01:47:09					
Simenstad, Mathias Dyve		1	1:35:43							01:35:43					
Simons, Nick		3	1:17:01								1:23:50		1:17:01	1:30:30	
Simons, Nick	SPROCKET AS	1	1:25:31							01:25:31					

Glommaløpet 10 miles individuelt
Historikk

Simonsen, Helge	SKILØPERNE	3	1:29:21						01:34:15		1:29:21	1:33:20			
Simonsen, Kent	Onsøy Runners	1	1:19:12					01:19:12							
Simonsen, Lars-Christian	Ski IL Friidrett	2	0:58:51				00:58:51				1:06:40				
Simonsen, Pål	Bodø Bauta løpeklubb / Bodø Bauta	2	1:08:08				01:08:16		01:08:08						
Simonsen, Simon	Sellebakk	1	1:30:59	01:30:59											
Simonsen, Sven	Fredrikstad IF	6	1:08:56			01:22:44			01:11:38	01:18:07	1:08:56	1:10:02		1:10:50	
Simonsen, Tobby		1	1:26:57										1:26:57		
Singdahlsen, Karl Filip	Singdahlsen AS	1	1:14:38	01:14:38											
Sivertsen, Jon Martin Bodal	Gamle Fredrikstad	2	1:34:57				01:34:57	01:37:30							
Sivertsen, Ulrik	G-Unit	5	1:13:29	01:23:21	01:13:29	01:18:02	01:21:05	01:23:17							
Siyad, Saynab	Halden løpeklubb	3	1:28:30		01:28:30	01:32:14	01:33:46								
Sjelmo, Sigrid		1	1:27:12									1:27:12			
Sjolte, Jørgen	Grålum	1	1:22:10		01:22:10										
Sjøberg, Karin Helena	SKI	1	1:24:14			01:24:14									
Sjøberg, Paterick	Brynild / Løpebataljonen	2	1:07:20	01:31:30										1:07:20	
Sjøblom, Marte	Follo Brannvesen	1	1:38:27						01:38:27						
Sjødahl, Helge Ronny		2	1:40:18							01:50:20	1:40:18				
Sjølie, Njål	Julelogen af Fredrikstad	6	1:13:24	01:32:45		01:30:01					1:13:24	1:28:22		1:23:56	1:25:59
Sjaaeng, Matilda	DAL	1	1:28:57						01:28:57						
Sjaastad, Jørgen	TEAM THEO	2	1:00:47						01:00:47	01:02:12					
Skadsheim, Petter	Moss	1	1:11:40			01:11:40									
Skaftun, Ann Kristin	Sarpsborg	1	1:52:53	01:52:53											
Skaftun, Frank	Team Sportsmanden	5	1:14:58	01:20:39		01:20:13	01:16:50	01:19:38	01:14:58						
Skaftun, Håkon	SARPSBORG IL	1	1:25:04							01:25:04					
Skagen, Arild	Saugbrugs BIL	2	1:26:21					01:26:21	01:27:42						
Skagen, Carl Erik Aabø	Berg IL	2	1:15:37					01:21:21	01:15:37						
Skajaa, Andreas	OSLOFJOR TRIALHLON	1	1:12:34											1:12:34	
Skaldehaug, Hanne	Bruvoll I.L.	1	1:36:48				01:36:48								
Skamsar Øien, Baard	FREDRIKSTAD	1	1:13:42					01:13:42							
Skar, Einar	Fredrikstad IF	6	1:24:46	01:51:23		01:46:54	01:44:25				1:24:46	1:27:55		1:39:45	
Skar, Nicholai	Gressvik	2	1:40:38	01:44:25	01:40:38										
Skaret, Elisabeth	Lørenskog Friidrettslag	1	1:32:30						01:32:30						
Skari, Eline	Skiløperne	1	1:34:11						01:34:11						
Skari-Hansen, Henriette	Denofa	1	1:33:14						01:33:14						
Skarpeteig, Harald	Bøler IF	1	1:00:17				01:00:17								
Skattebøl, Stine		1	1:30:13												1:30:13
Skau, Tor Henning	Trimklubben Tectak	1	1:30:30						01:30:30						
Skauen, Marius	Fredrikstad	1	1:21:10	01:21:10											
Skaug, Arne		1	1:48:29											1:48:29	
Skaug, Jan Tore	Svinndal	2	1:23:04	01:28:10	01:23:04										
Skaug, Rino	GAARDS-SERVICE AS	3	1:17:38										1:19:38	1:25:30	1:17:38
Skaug, Sondre	Fredrikstad IF	2	1:01:17										1:01:17	1:05:48	
Skaug, Steinar		1	1:19:33										1:19:33		
Skavern, Stian	Multiconsult BIL	3	1:02:58			01:04:02		01:02:58				1:18:24			

Glommaløpet 10 miles individuelt
Historikk

Skeid, Ola		1	1:04:58										1:04:58		
Skjelhaugen, Daniel	Hafslundsøy	3	1:05:46			01:05:46	01:16:48	01:14:38							
Skjelhaugen, Kristian	Sweco	1	1:19:37		01:19:37										
Skjelle Asbjørnsen, Ann-Kristin		1	2:01:57									2:01:57			
Skjelle, Henrik	Grålum	1	1:33:43			01:33:43									
Skjenken, Freddy	TEAM SKJENKEN	1	1:17:18											1:17:18	
Skjenken, Hans-Åge	TEAM SKJENKEN	2	1:34:03						01:34:03					1:50:57	
Skjenken, Sofie Ulfeng	Team Skjenken	1	1:32:42						01:32:42						
Skjervengen, Ole	Grålum	1	1:30:00	01:30:00											
Skjolden, August	Askim	1	1:31:31	01:31:31											
Skjolden, Jannicke	Askim	1	1:31:24	01:31:24											
Skjolden, Per Olav	Askim	3	1:10:37			01:10:37	01:15:33	01:17:52							
Skjærli, Thomas	Fredrikstad	1	1:23:44		01:23:44										
Skog, Alf Thode	BORGENHAUGEN	1	1:45:07						01:45:07						
Skogen, Flemming		1	1:22:22											1:22:22	
Skogheim, Eimund	SML	1	1:00:32		01:00:32										
Skoglund, Tina	Fredrikstad IF	2	1:28:17										1:28:17	1:30:19	
Skogsrud, Stine	Oslo	1	1:41:37	01:41:37											
Skoland, Anders	Oslo	1	1:21:22			01:21:22									
Skorpen, Ingvild	Greåker	2	1:13:38	01:14:36	01:13:38										
Skorpen, Ingvild Sprett	De Rosa Panterne	1	1:13:56					01:13:56							
Skotland, Erik	Avinor	2	1:47:21	01:55:55		01:47:21									
Skovdahl, Line Hatlen	Moss	2	1:48:18				01:48:18	01:48:53							
Skovly, Jarle	GR Elektro AS	3	1:14:26		01:29:10						1:19:46		1:14:26		
Skovly, Maja J	Kråkerøy	1	1:29:11		01:29:11										
Skramstad, Frank Mattis	Hernes IL	1	1:18:51			01:18:51									
Skramstad, Harry	Tønsberg	1	1:23:03		01:23:03										
Skreivang, Kristoffer	Sofiemyr	1	1:10:53			01:10:53									
Skrøder, Kjetil	NORDEA BANK NORGE	1	1:19:52									1:19:52			
Skulbørstad, Camilla	Gamle Fredrikstad	1	1:20:55		01:20:55										
Skullestad Karstensen, Sandra E A	Gamle Fredrikstad	2	1:31:39		01:31:39	01:32:37									
Skyum, Trym Erik	Paa Brygga	1	1:42:34		01:42:34										
Skaaden, Håvard		1	1:26:32										1:26:32		
Skåksrud, Mercedes	Frogner	2	1:51:44	01:59:12	01:51:44										
Skåksrud, Morten	Sellebakk	1	1:15:29		01:15:29										
Skånlund, Håvard	Skillebekk Regnskap	1	1:13:51	01:13:51											
Skår, Darlen		1	1:38:31										1:38:31		
Skaar, Espen	Østfold Energi	8	1:05:31	01:11:30	01:05:46	01:05:31	01:14:51		01:09:22	01:19:08			1:14:05	1:12:47	
Skaar, Silje	BDO Advokater	1	1:06:24		01:06:24										
Skaara, Geir	NORDEA BIL	3	1:39:10									1:42:42	1:39:10		2:04:44
Skåre, Susanna	Sellebakk	1	1:39:42		01:39:42										
Slabosevicius, Matas	Kråkerøy	1	1:45:09	01:45:09											
Slamova, Sarka	RT REVISJON AS	1	1:21:38											1:21:38	
Sletner, Dag Inge	KALNES VGS.	1	1:36:51							01:36:51					

Glommaløpet 10 miles individuelt
Historikk

Sletten, Eirik		1	1:22:48							01:22:48					
Sletten, Ola	Fredrikstad	1	1:39:06	01:39:06											
Sletten, Ulrikke		1	1:41:34										1:41:34		
Slettmyr, Morten	Moss	1	1:32:45			01:32:45									
Sloreby, Sivert	Sarpsborg	1	1:41:22	01:41:22											
Slydahl, Alf	BORGENHAUGEN	2	1:19:40					01:19:40	01:27:32						
Slåen, Rino	Halden	2	1:06:10			01:06:10	01:09:10								
Smeby-Diederich, Andreas	BANKID	1	1:03:46								1:03:46				
Smidesang, Anne	Nordre Ål Løpeklubb	2	1:18:20	01:22:04		01:18:20									
Smidesang, Aadne	Nordre Ål Løpeklubb	2	1:07:42	01:11:46		01:07:42									
Smith, Fredrik		1	1:18:50												1:18:50
Smolinska, Eunika	Rolvsøy	1	1:26:31	01:26:31											
Smørdal, Astrid Jahr	Oslo	1	1:48:05		01:48:05										
Smørsgård, Erling	Rolvsøy	1	1:17:36		01:17:36										
Smaaberg, Bjørn Arild	Sarpsborg IL	4	1:05:21			01:05:21		01:06:28	01:11:18	01:18:22					
Snekkerhaugen, Jostein	Heggedal	1	1:25:29			01:25:29									
Snildal Engen, Geirhild	Hytteplan Sport	1	1:36:55						01:36:55						
Snilsberg, Torgeir		1	1:23:32										1:23:32		
Snøløs, Erlend	Gamle Fredrikstad	1	1:24:53		01:24:53										
Sognlien, Tom	Fredrikstad IF	6	1:09:32							01:26:53	1:10:08	1:09:46	1:09:32	1:17:56	1:13:23
Sohlberg, Karoline	Gressvik	1	1:59:00		01:59:00										
Sohlberg, Merete	Gressvik	8	1:24:38	01:55:58	01:35:43	01:40:39	01:37:26	01:31:05	01:27:46	01:35:46	1:24:38				
Sohlberg, Thomas	Gressvik	4	1:31:38	01:55:58	01:35:43						1:37:07	1:31:38			
Sokhan-Sanj, Sassan		1	1:35:59												1:35:59
Sokolov, Nikolay	Sarpsborg	1	2:02:29	02:02:29											
Sola, Per Willy		1	1:12:59										1:12:59		
Sola, Øyvind		2	1:18:35	01:29:25									1:18:35		
Solarek, Kacper	Darzbor Szczecinek	1	1:18:32	01:18:32											
Solberg- Skogh, Anne-Beathe	HALDEN	1	1:31:04					01:31:04							
Solberg, Birgit	FEMIRUN	1	1:28:21								1:28:21				
Solberg, Emilie	Fredrikstad IF	2	1:23:57				01:23:57	01:35:19							
Solberg, Grete	Halden	1	1:27:56	01:27:56											
Solberg, Linda	COWI BIL	1	1:11:35									1:11:35			
Solberg, Morten	Opsund Uvel	4	1:22:03	01:22:13	01:22:03	01:22:04	01:25:26								
Solberg, Per Tore	INSTALLATØREN SARPSBORG AS	2	1:27:50								1:27:50	1:36:35			
Solberg, Pål Espen	IUS KOMPETANSE	1	1:24:51								1:24:51				
Solberg, Øivind	SOONLØP	4	1:06:53							01:06:53	1:08:58		1:20:06	1:25:48	
Solberg-Skogh, Anne-Beathe	Halden	3	1:26:14			01:33:31	01:31:36				1:26:14				
Solbjørg, Øystein	Halden	1	1:01:10			01:01:10									
Solbrekke, Aleksander	Gamle Fredrikstad	1	1:33:13	01:33:13											
Solbrekke, Rune	Solid	1	1:14:41		01:14:41										
Solerød, Even	BENGAN`S FASION	2	1:29:56						01:29:56			1:34:47			
Solgaard, Jon Magnus	OSLOFJORD TRIATLON KLUBB	4	1:10:09							01:21:21		1:10:09		1:17:59	1:22:24
Solgaard, Marianna	Fredrikstad	1	1:35:36	01:35:36											

Glommaløpet 10 miles individuelt
Historikk

Solhaug, Vegard	Søndre Ål Sportsklubb	1	1:00:56				01:00:56								
Solheim Skjolden, Karina	Askim	1	1:42:34	01:42:34											
Solheim, Camilla	Fredrikstad	1	1:43:50	01:43:50											
Solheim, Eirik		1	1:05:14								1:05:14				
Solheim, Lars	Raadhuset Executive	2	1:13:43	01:13:43	01:16:57										
Solheim, Tor Helge		3	1:24:15						01:29:58	01:31:23	1:24:15				
Solheim, Ørjan	GAN BIL	1	1:31:19	01:31:19											
Solholt, Anita	Berg IL	1	1:25:54				01:25:54								
Solli, Geir	BRYNILD GRUPPEN	3	1:26:58						01:26:58	01:49:02	1:27:48				
Sollie, Marius	Fetsund	1	1:13:48	01:13:48											
Sollie, Rikke	Fjerdingby	1	1:33:12	01:33:12											
Solstad, Mikael Rino	Asker	1	1:19:16		01:19:16										
Solvang, Mats	Kjells Venner	1	1:46:24	01:46:24											
Solvin Jacobsen, Julie	Tven	2	1:11:20		01:11:20			01:11:23							
Solvin, Benedicte	Modum Friidrettsklubb	1	1:10:08					01:10:08							
Solvold, Odd	IL Runar	1	0:58:41					00:58:41							
Soløy, Pavel	Fredrikstad	1	1:19:01	01:19:01											
Sondaj, Martin	Fredrikstad Skiklubb	4	1:06:16						01:06:16		1:14:15	1:13:41	1:08:15		
Song, Lili		1	1:29:13										1:29:13		
Soot, Kari	SKILØPERNE	1	1:40:27								1:40:27				
Sparling, Trond	Oslo	2	1:21:09	01:29:55			01:21:09								
Sperlin, Espen	Eidsberg	3	1:16:28			01:20:32						1:16:32	1:16:28		
Spernes, Øystein	Yven IF	2	1:06:03		01:06:03		01:08:27								
Sponheim, Richart	ROLVSØY	2	1:38:50					01:38:50	01:39:31						
Spro, Joakim	Gamle Fredrikstad	3	1:16:28	01:24:05	01:17:43						1:16:28				
Stabbetorp, Harald	SARPSBOG IL SVØMMEGRUPPA	1	1:39:02												1:39:02
Stabbetorp, Helene	Skjeberg	2	1:18:31		01:18:31	01:27:20									
Stabbetorp, Hilde		2	1:44:02										1:44:02		1:49:08
Stabursvik, Kaja	ÅS IL/TEAM SKIGO	1	1:09:40									1:09:40			
Staib, Axel Henrik	Rygge IL	1	1:27:56						01:27:56						
Stallvik, Kent-Åge Tokstad		1	1:14:46										1:14:46		
Stanes, Tor-Egil	Klavestadhaugen	1	1:50:45			01:50:45									
Stang, Annette Solgaard		1	1:42:18										1:42:18		
Stang, Kristoffer	#TEAMCHEMTRAIL	3	1:21:35									1:29:18	1:21:35	1:25:04	
Stang, Lars Henning		1	1:10:24										1:10:24		
Stang, Per Øivind	Rolvsøy	1	1:31:31	01:31:31											
Stang, Theodor	Oslo	1	1:28:06	01:28:06											
Stangebye, Thomas	Oslo	3	1:42:35	01:56:12	01:46:19		01:42:35								
Stangeland Fredheim, Christina		1	1:15:46								1:15:46				
Stavn, Rune	Stavn	1	1:14:24	01:14:24											
Stavnum, Ole-Mikael	Oslo	1	1:32:17			01:32:17									
Steen, Ingunn	Eidsberg	1	1:27:39	01:27:39											
Steen, Jørgen	Borgenhaugen	1	2:10:13	02:10:13											
Steen, Knut Willy	Sarpsborg IL	1	1:16:31		01:16:31										

Glommaløpet 10 miles individuelt
Historikk

Steen-Andersen, Per-Ragnar	Sarpsborg	1	1:50:42			01:50:42									
Steffen, Michael	Fredrikstad IF	2	1:20:40									1:21:29		1:20:40	
Steinsmo, Ida Marie	VÅLER MK	2	1:29:42						01:51:41		1:29:42				
Stenbekk Oliversen, Andrea	Klavestadhaugen	1	1:25:05		01:25:05										
Stenbekk, André	NETT-TJENESTER AS	1	1:36:21							01:36:21					
Stenberg, Anette	Sellebakk	3	1:22:33			01:30:54	01:29:16	01:22:33							
Stendal, Gry	Gry Stendal	1	1:37:35						01:37:35						
Stene, Kristin	ASKER	1	1:34:52					01:34:52							
Stene, Ole Martin	Gressvik Trail Runners	3	1:13:58	01:13:58	01:18:20	01:36:35									
Stene, Ørjan	SKI	1	1:19:50				01:19:50								
Stenrud, Ida Christin	Fredrikstad Fotballklubb	1	1:27:20						01:27:20						
Stenseng, Reidar	KONNERUD IL	2	1:20:22						01:20:22	01:26:00					
Stenshorne Storesund, Jon	LYSAKER	1	1:31:09						01:31:09						
Stensland, Benedikte		3	1:44:18							01:51:23	1:44:18		1:59:41		
Stensland, Ulf Henning	SELLEBAKK	1	1:21:10					01:21:10							
Stensrud, Johnny	Rygge IL	9	1:01:13			01:05:52	01:03:44	01:05:12	01:03:05	01:02:37	1:01:13	1:03:42	1:02:27		1:09:38
Sternfoss, Kristoffer	Cowi	1	1:18:17	01:18:17											
Stigberg, Susanne	Strömstad LK	4	1:24:34	01:37:11	01:31:15	01:32:20					1:24:34				
Stigen, Astrid	Fredrikstad IF	2	1:00:52	01:00:52						01:06:52					
Stigen, Erik	Fredrikstad Skiklubb	2	1:00:45						01:00:45			1:02:48			
Stigen, Jørgen	Fredrikstad Skiklubb	4	1:00:07							01:02:35	1:00:07	1:03:17		1:09:16	
Stigen, Rolf	Fredrikstad Skiklubb	1	1:07:21											1:07:21	
Stjern, Sondre	Romerike Ultraløperklubb	1	1:32:00					01:32:00							
Stobbe, Jan		1	1:38:28							01:38:28					
Stokkan, Daniel	Yven	1	1:23:20	01:23:20											
Stokke, Edvard	Sarpsborg Smådyrklinikk	1	1:19:18	01:19:18											
Stokkebekk, Ine Sofie	Høland Ungdom og Idrettslag	1	1:38:27			01:38:27									
Storbakken, Jon	GRÅLUM	2	1:48:16					01:48:16		01:55:23					
Stordal, André	CROSSFIT SARPSBORG	1	1:14:24								1:14:24				
Storeheier, Even	Ås	4	0:53:59	00:55:38				00:53:59	00:58:40	01:03:30					
Storehjelm, Leander	Fredrikstad	3	1:08:46	01:08:46	01:23:27	01:33:42									
Storehjelm, Thine	Fredrikstad	6	1:15:06	01:20:00	01:24:37	01:33:42	01:17:40	01:22:54					1:15:06		
Storvik, Victor	Borregaard	1	1:47:39	01:47:39											
Strand, Anette	Klavestadhaugen	3	1:34:12		01:34:12								1:42:50	1:37:32	
Strand, Hilde Renate	Halden løpeklubb	4	1:26:58	01:34:24	01:32:46		01:26:58	01:35:51							
Strand, Kristoffer	Sarpsborg	3	1:12:47	01:12:47			01:13:41	01:13:30							
Strande, Børge	FOSS & STRANDE ELEKTRO AS	2	1:15:07								1:15:07	1:17:33			
Strangel, Bjørn -Erik	ROLVSØY	1	1:11:49					01:11:49							
Straumen, Kristian	Sellebakk	1	1:29:23		01:29:23										
Stray, Preben	Oslo	2	1:27:55		01:27:55			01:34:52							
Strupstad, John Henry	FIK REN-ENG	1	0:55:34											0:55:34	
Stræte, Lene	Team Heier	1	1:59:41						01:59:41						
Stræte, Thomas	Manstad	1	1:03:18	01:03:18											
Strøm Sandtangen, Petter		1	1:08:18							01:08:18					

Glommaløpet 10 miles individuelt
Historikk

Strøm, Benjamin	Gimle IF	2	1:06:49		01:06:49	01:09:31									
Strøm, Henrik Alexander	Fredrikstad Padelklubb	1	1:21:25	01:21:25											
Strøm, Justine	Oslo	3	1:31:10	01:33:09	01:31:10	01:37:42									
Strøm, Maria	Klavestadhaugen	1	1:37:58	01:37:58											
Strøm, Rikke	Sarpsborg	3	1:13:00	01:13:00	01:13:32			01:15:54							
Strøm, Terje Willy	Skullerud Sportsenter	2	1:35:33	01:38:40	01:35:33										
Strøm, Veronika	Oslo	3	1:22:40	01:27:55	01:22:40	01:26:30									
Strømberg, Solveig	Gamle Fredrikstad	4	1:39:50	01:51:36				01:42:04	01:39:50	01:48:20					
Strømberg, Trym	Fredrikstad Skiklubb	1	1:13:39		01:13:39										
Strømland, Lars Frode	LUKE THE DRIFTER´S RUNNING TEAM	2	1:08:01									1:11:08	1:08:01		
Strømme, Christian	DC EIENDOM	2	1:23:30						01:36:50		1:23:30				
Strømnes, Maren-Sofie	MYSEN	1	2:29:58					02:29:58							
Strømnes, Stein	HAGAN	1	1:56:44					01:56:44							
Strømnes, Tor Erik	GAMLE FREDRIKSTAD	2	1:23:23					01:23:23	01:24:54						
Strømstad, Per Arve		1	1:35:05										1:35:05		
Stubberud Buer, Sandra	Rakkestad	1	1:32:08				01:32:08								
Stubberud, Atle	SARPSBORG IL	2	1:24:41										1:24:41	1:32:56	
Stubberud, Bente	Tønsberg	1	2:09:17	02:09:17											
Stubberud, Lars	Mysen	1	1:19:42		01:19:42										
Stubberud, Olav	Rakkestad	1	1:43:23	01:43:23											
Stubmo, Jo-Are	Nærsnes Løpeklubb / Bamford1869/ Te	1	1:24:01			01:24:01									
Sture, Jacob	FREDRIKSTAD	1	1:09:47						01:09:47						
Sture, Martin	Assemblin AS	7	1:03:44	01:10:02		01:12:38			01:07:31		1:03:44		1:05:54	1:09:26	1:09:40
Sture, Victor		1	1:26:06												1:26:06
Sturm, Linea	Tårnåsen	1	1:25:14				01:25:14								
Styve, Josefin	Umoralens Høyborg	1	1:27:09			01:27:09									
Stæa Johannesen, Stian		1	1:14:13										1:14:13		
Støen, Ida	Tiller	1	1:56:17			01:56:17									
Stølan, Helge	JACKON	2	1:17:16											1:17:16	1:26:38
Stølen, Ketil	Jessheim	3	1:32:37				01:33:53	01:32:37		01:33:08					
Stølen, Lars	Lkop	1	1:34:53	01:34:53											
Størmer, Siri	SK VIDAR	1	1:04:40									1:04:40			
Størset, Terje		1	1:06:21										1:06:21		
Støten, Hege	RAKKESTAD SYKKELKLUBB	1	1:41:04											1:41:04	
Støten, Madelen	Rakkestad	1	1:33:20		01:33:20										
Støwer-Kabo, Lars Morten	Sarpsborg	1	1:22:06	01:22:06											
Staaf, Marcus	Gressvik	1	1:51:20	01:51:20											
Staal Engebretsen, Thorild Cathrine		1	1:35:17											1:35:17	
Stålsett, Hanne	Gamle Fredrikstad	1	1:30:25	01:30:25											
Suleng, Håvard	Slependen	1	1:11:32				01:11:32								
Sund, Peter	Grønn Jobb AS	4	1:19:31	01:22:41	01:19:31	01:22:20	01:26:34								
Sundbye Hellum, Brynjulf	Kråkerøy	1	1:13:30	01:13:30											
Sunde, Anders	Saltnes Jågg&Trim	1	1:20:57	01:20:57											
Sunde, Kathrin	MOSSJONISTENE	2	1:17:34										1:17:34	1:22:40	

Glommaløpet 10 miles individuelt
Historikk

Sunde, Turid Holemark	PRIVAT	1	1:23:05										1:23:05	
Sunde-Eidem, Peder	Saltnes Jågg&Trim	1	1:24:16	01:24:16										
Sundell, Per Øivind	Rennebu IL	3	1:06:52		01:15:00								1:06:52	1:09:03
Sundfør, Bobby	Borregaard	1	1:20:57	01:20:57										
Sundt, Kaisa	Gressvik	1	1:27:40		01:27:40									
Svae, Sara	Slitusprinterne	1	1:13:09				01:13:09							
Svandal, Jan-Erik	Kondistreninga Gran	2	1:23:01			01:25:42	01:23:01							
Svandal, Magne	FREDRIKSTAD SKIKLUBB	2	1:09:48									1:09:48	1:15:53	
Svankil, Kristian		1	1:45:45							01:45:45				
Sveen, Arild	Gamle Fredrikstad	1	1:37:17	01:37:17										
Sveen, Kjetil André	Moelv	1	1:37:16	01:37:16										
Sveen, Malene		1	1:48:22									1:48:22		
Svello, Janne Helene	Sarpsborg	4	1:19:59	01:20:30	01:19:59	01:27:30							1:27:20	
Svello, Stine Marit		1	1:40:07										1:40:07	
Svendgård, Vegar	Ren-Eng FIK	1	1:05:34			01:05:34								
Svendsby, Vibeke	KJØLHOLTÅSEN LANGLØPERLAG	1	1:18:52							01:18:52				
Svendsen, Aksel Berg	Yven	1	1:18:39	01:18:39										
Svendsen, Andrè		1	1:29:43											1:29:43
Svendsen, Bjørn	Halden	1	1:19:04	01:19:04										
Svendsen, Cathrine Haneng		1	1:39:44									1:39:44		
Svendsen, Christer	Hagebrygg	1	1:28:25						01:28:25					
Svendsen, Dag Berg	YVEN IF	1	1:19:00								1:19:00			
Svendsen, Guro	GRÅLUM	1	1:50:07					01:50:07						
Svendsen, Jarle	GAMLE FREDRIKSTAD	1	1:25:39					01:25:39						
Svendsen, Jon Eivind		3	1:24:36								1:28:41	1:39:55	1:24:36	
Svendsen, Linn		1	1:26:23									1:26:23		
Svendsen, Marius Myren	Halden	1	1:13:06			01:13:06								
Svendsen, Odin		1	1:15:05									1:15:05		
Svendsen, Ole Petter		2	1:19:22							01:29:56	1:19:22			
Svendsen, Oline	Ttif	2	1:20:01		01:20:01	01:22:08								
Svendsen, Thomas Horvath	GRESVIK IF	1	1:16:33								1:16:33			
Svendsen, Torgeir Willy	Fredrikstad IF	1	1:54:49		01:54:49									
Svendsen, Victor Borge	Gimle IF	2	0:54:57				00:54:57				0:57:48			
Svenning, Astrid Engh		1	1:26:17								1:26:17			
Svensen, Morten	TRIOVING	1	1:28:41									1:28:41		
Svensen, Øyvind		1	1:31:46									1:31:46		
Svensson, Terje	Fredrikstad IF	9	1:13:59	01:31:01	01:25:00		01:26:48		01:20:18	01:28:00	1:17:04	1:22:23	1:13:59	1:22:32	
Svingen, Ina-Merethe		1	1:44:54								1:44:54			
Svåsand, Kai	GAMLE FREDRIKSTAD	1	1:20:53						01:20:53					
Syed Ahmad, Fairuz	Fredrikstad IF	3	1:17:42			01:22:21		01:17:42			1:28:13			
Syversen, Bernt	Afry	1	1:31:07				01:31:07							
Syversen, Geir	Fredrikstad IF	2	1:26:15									1:41:38	1:26:15	
Syversen, Janne	FREDRIKSTAD TRIATHLONKLUBB	3	1:34:59									1:48:32	1:34:59	1:37:32
Syversen, Karoline Elise Sola	Gressvik	2	1:12:13	01:12:13			01:15:40							

Glommaløpet 10 miles individuelt
Historikk

Syversen, Martin	Gresvik	1	1:20:23				01:20:23								
Syversen, Ole-Anders	Löplabbet	1	1:33:01			01:33:01									
Syversen, Roger	Fredrikstad IF	6	1:04:51		01:13:09		01:14:00			01:12:10	1:04:51	1:10:05		1:12:58	
Syversen, Stig Ove	TRANSCOM	4	1:20:18								1:20:18	1:34:36	1:37:20		1:24:58
Syversen, Tonje		1	1:23:38										1:23:38		
Syverstad, Dag Eivind	RÅDE IL	1	1:06:56									1:06:56			
Syvertsen, Knut Reidar		1	1:37:01										1:37:01		
Syvertsen, Martin Mikkelborg		1	1:19:04										1:19:04		
Sæbu, Erlend	Fagernes	1	1:04:35			01:04:35									
Sæby Aadahl, Marte	Skotbu	2	1:36:10		01:36:10		01:37:58								
Sælid Nikolaisen, Josefine	Gamle Fredrikstad	1	1:56:16				01:56:16								
Sælid, Maria	Gamle Fredrikstad	2	1:33:38			01:33:38	01:56:16								
Sæll, Ole Christian	Rygge IL / Ryggejoggen	6	1:23:31					01:32:05	01:25:37	01:27:58		1:23:31	1:26:36	1:32:30	
Sæter, Evy Kristine	NORCONTROL BIL	1	1:40:17								1:40:17				
Sæther, Monica	Bergen	1	1:44:05			01:44:05									
Sætremyr, Anita		1	2:00:21											2:00:21	
Søberg, Kjetil	Yven	1	1:46:56	01:46:56											
Søby, Heine		2	1:51:00											1:51:00	1:54:39
Søby, Jørn		1	2:04:26												2:04:26
Søby, Leif Arne		1	1:18:35												1:18:35
Söderberg, Helena	Sarpsborg	1	1:30:52			01:30:52									
Søgaard, Andrew		1	1:41:06												1:41:06
Sølvberg, Dag	Moss	2	1:13:56			01:14:39						1:13:56			
Sølvberg, Svein Arne	OPPEGÅRD IL	3	1:04:26									1:08:04	1:04:26	1:05:17	
Sølversen, Lars	Vivestad IF	2	1:50:33	02:04:53		01:50:33									
Sønstegård, Heidi	Berg IL	2	1:30:11	01:38:07	01:30:11										
Sønsterud, Lena-Marie	SKJEBERG	1	1:59:01						01:59:01						
Sønsterud, Truls	SKJEBERG	1	1:59:01						01:59:01						
Sønsthagen, Jorunn	IL JUTUL	1	1:35:23											1:35:23	
Sørby, Anders	Fredrikstad	1	1:07:38				01:07:38								
Sørbø, Tobias	ÅS	1	1:43:25	01:43:25											
Sørbøen, Hildegunn	Klavestadhaugen	1	2:01:01		02:01:01										
Sørensen, Dennis	Borgenhaugen	1	1:11:39	01:11:39											
Sørensen, Espen	Klavestadhaugen	1	1:29:18		01:29:18										
Sørensen, Geir-Steve		1	1:19:58								1:19:58				
Sørensen, Iris Torp	OSLO	1	1:23:50					01:23:50							
Sørensen, Lars Erik	Manstad	3	1:14:27			01:17:30		01:14:27	01:17:56						
Sørensen, Njål Sigurd Meistad	Kråkerøy	1	1:39:42		01:39:42										
Sørensen, Ole Kristian		6	1:14:52						01:17:12	01:20:24	1:14:52	1:19:01	1:16:05	1:28:32	
Sørensen, Sven Johan	RAKKESTAD SK	1	1:22:40											1:22:40	
Sørensen, Tom	MECA B.I.L	1	1:27:50								1:27:50				
Sørfjordmo, Øyvind	Oslo	1	1:28:27	01:28:27											
Sørgård, Tina Sofie	Fredrikstad	1	1:59:01	01:59:01											
Sørhagen, Guro	Team NSF Norsk Sykepleierforbund Vike	1	1:21:59			01:21:59									

Glommaløpet 10 miles individuelt
Historikk

Sørlie, Aleksander Walberg	Sarpsborg Sykleklubb	2	1:19:05										1:19:05	1:23:42	
Sørlie, Arnfinn	Sarpsborg Sykleklubb	3	1:20:14					01:30:36					1:20:14	1:30:43	
Sørlie, Kristin	Råde	2	1:43:47	01:47:27	01:43:47										
Sørskaar, Erlend	Oslo	1	1:29:01		01:29:01										
Sørum Hansen, Espen		1	1:39:07									1:39:07			
Sørvoll, Alexander	BRYNILD	2	1:21:24									1:26:32	1:21:24		
Søtorp, Ole Petter	GLOMMA TANNKLINIKK	1	1:15:56								1:15:56				
Søyland, Erling	CAD QUALITY	3	1:20:00										1:20:00	1:22:14	1:26:06
Såheim, Ingvild	Fredrikstad	1	1:41:11		01:41:11										
Saaliti, Salsabil	Oslo	1	1:36:59	01:36:59											
Takelund, Morten		1	2:34:01												2:34:01
Talberg Stang, Eli Kristin		1	1:47:08							01:47:08					
Tallis, Kathrine	SENTRUM KAMPSPORTKLUBB SARPSBORG	1	1:58:43												1:58:43
Tandberg, Pål	RSL	2	1:22:56										1:22:56	1:28:22	
Tangen, Eskild	Borgen	1	1:39:28	01:39:28											
Tangen, Linda Cathrine		2	1:28:59						01:28:59	01:39:57					
Tangen, Margit		1	1:35:40											1:35:40	
Tangen, Morten		1	1:24:17									1:24:17			
Tangen, Theodor	Oslo	1	1:37:09	01:37:09											
Tangerud, Mina Olava		1	1:28:41												1:28:41
Tapper, Terhi	Drammen	1	1:51:17			01:51:17									
Taranger, Rune	Drøbak	4	1:20:03		01:26:05	01:29:09	01:20:03	01:22:46							
Tegneby, Elisabeth	BRYNILD GRUPPEN	1	1:22:39								1:22:39				
Teien, Marte	Kynningsrud - Nordic Crane	1	1:41:05	01:41:05											
Teig, Christine	SK VIDAR	1	1:13:46											1:13:46	
Teig, Kjersti Aarum	BÅSTAD IL SKØYTER	1	1:23:01								1:23:01				
Teig, Robert	BÅSTAD IL SKØYTER	2	1:23:55								1:23:55	1:24:32			
Tellåsen, Emil	SKI	1	1:25:49		01:25:49										
Tellåsen, Nora	SKI	1	1:43:15		01:43:15										
Tepelis, Juras		1	1:15:06								1:15:06				
Tharaldsen, Ann Kristin	Fredrikstad IF	2	1:20:47											1:20:47	1:39:10
Tharaldsen, Maria	Fredrikstad IF	4	1:10:23	01:10:23	01:11:53	01:17:29		01:22:33							
Tharaldsen, Ole	Fredrikstad IF	4	1:16:17				01:16:17			01:23:09	1:16:19				1:21:49
Tharaldsen, Rune		1	1:27:27							01:27:27					
Thelin, Roberth	Strömstad Handbollsklubb	1	1:39:21	01:39:21											
Themte, Per-Åge	Saltnes	1	1:16:13	01:16:13											
Theodoridis, Nikolaos	Sarpsborg	1	1:18:53	01:18:53											
Thime, Anders		1	1:30:08											1:30:08	
Thingbø, Leif Ørjan	GRESSVIK	1	1:17:49					01:17:49							
Thinggaard, Håkon	BORGENHAUGEN	1	1:30:35						01:30:35						
Thirud, Edvard		1	1:34:24									1:34:24			
Thomassen, Christoffer	FREDRIKSTAD TRIATLONKLUBB	2	1:13:58									1:13:58	1:14:48		
Thomassen, Robin Nyhus	Gressvik	1	1:30:37		01:30:37										

Glommaløpet 10 miles individuelt
Historikk

Thomassen, Sindre	Borgen IL	1	1:31:55			01:31:55									
Thon, Camilla Krsticevic		1	1:28:27								1:28:27				
Thonvald, Eli Barbro Alvik	LILLESTRØM	2	1:26:27						01:34:10				1:26:27		
Thorbjørnsen, Rune	Oslo Kommune BIL	1	1:17:18					01:17:18							
Thorbjørnsen, Sindre	Ytre Enebakk Krepselag	1	1:45:45	01:45:45											
Thoresen, Espen	Tistedal	1	1:25:47		01:25:47										
Thoresen, Geir		1	1:33:53								1:33:53				
Thoresen, Linn	TRARA SKOLE	1	1:54:07							01:54:07					
Thoresen, Ole Kristian	Råde	5	1:17:26		01:20:25	01:21:18	01:17:26		01:18:22		1:22:17				
Thoresen, Ronny	Hafslundsøy	1	1:19:27		01:19:27										
Thoresen, Sandra		2	1:33:23						01:36:58		1:33:23				
Thoresen, Tone Camilla	Råde	2	1:25:56			01:25:56					1:35:53				
Thoresen, Vidar	Tistedal	1	1:36:03			01:36:03									
Thorgaard, Jens		3	1:17:33							01:32:04			1:17:33	1:24:26	
Thoring-Strømner, Åsmund	Rygge IL	6	1:12:53			01:12:53				01:20:39	1:14:28	1:19:08		1:20:15	1:23:15
Thornquist, Mario	Team Paxster	1	1:33:43	01:33:43											
Thorsen, Arne	Howden BIL	4	1:21:30	01:21:46	01:21:40		01:21:30					1:40:03			
Thorsen, Emely	Sarpsborg	1	1:37:43			01:37:43									
Thorsen, Håvard Hauge		3	1:22:32						01:22:32	01:26:33	1:37:21				
Thorsen, Lill	Stabekk	5	1:27:30	01:43:55		01:34:55	01:39:07	01:34:35				1:27:30			
Thorsen, Magnus	Sarpsborg IL	3	1:07:56			01:09:07	01:07:56						1:09:39		
Thorsen, Trym Christian	Sarpsborg	1	1:24:16	01:24:16											
Thorsvik, Elisabeth	Follo Løpeklubb	2	1:22:53				01:22:53		01:26:55						
Thorvaldsen, Beate		1	1:40:32									1:40:32			
Thorvaldsen, Karine Letting	TEAM HEIDERØD	3	1:27:56									1:27:56	1:29:33	1:32:26	
Thorvaldsen, Knut		1	1:32:46										1:32:46		
Thorvaldsen, Lars	Gamle Fredrikstad	1	1:30:35	01:30:35											
Thorvaldsen, Ole-Martin	ENGELSVIKEN	3	1:15:42					01:18:05	01:15:42		1:20:25				
Thune, Sara	Oslo	1	1:19:22	01:19:22											
Thunæs, Lars	LEONBERG	3	1:18:18										1:18:18	1:20:00	1:24:26
Thunæs, Lars Olav	LEONBERG AS	1	1:20:52								1:20:52				
Thunæs, Pål Anders	SKJEBERG CYKLEKLUBB/FREDRIKSTAD T	2	1:13:41						01:15:52		1:13:41				
Thømt, Gro Anita	Borgenhaugen	1	1:55:17		01:55:17										
Tiben, Ole Martin	Tistedal	1	1:33:07	01:33:07											
Tinbod, Tommy		2	1:14:07									1:15:24	1:14:07		
Tindlund, Julie	Fredrikstad	2	1:27:30		01:36:00	01:27:30									
Tindlund, Tobias	Afry	1	1:30:06				01:30:06								
Tingelholm, Finn Roger	Vesterøy	2	1:31:38			01:35:48	01:31:38								
Tingvold, Kim	SKI	1	1:13:52					01:13:52							
Titlestad, Gjermund	Borgenhaugen	4	1:26:20		01:34:04			01:33:44	01:26:20	01:40:28					
Tjernes, Fredrik	Enebakk	3	1:05:08				01:05:08		01:08:40			1:16:48			
Tjernshaugen, Jon Ivar	VARTEIG IL	2	1:01:08										1:01:08	1:05:48	
Tofteberg, Anders	Varteig	2	1:22:58	01:27:18	01:22:58										
Tofteberg, Anett		5	1:30:05							01:41:43	1:30:05	1:33:33	1:35:21	1:39:46	

Glommaløpet 10 miles individuelt
Historikk

Tofteberg, Peter Johan	Rolvsøy	1	1:34:16	01:34:16											
Toftegård, Bjørg Mari		2	1:57:23								2:04:22				1:57:23
Toften, Tobias Lynghaug	Mosjonistene	1	1:40:19						01:40:19						
Toftner, Per Olaf	EGEN	1	1:33:18												1:33:18
Tokerud, Hege	Fredrikstad IF	1	1:28:45											1:28:45	
Tollefsen, Martin	Kråkerøy	1	1:20:22	01:20:22											
Tollefsen, Tora	Oslo	1	1:45:58		01:45:58										
Tomren, Espen	Ultramann	2	1:27:43						01:34:10		1:27:43				
Tonhauser, Laszlo		1	1:07:06							01:07:06					
Torgan Engebretsen, Tonje	KRÅKERØY	1	1:39:44					01:39:44							
Torgan, Audun	KLØFTA	1	1:37:35					01:37:35							
Torgersbråten, Kjell Ivar	PRIVAT	1	1:26:36							01:26:36					
Torgersen, Geir	Halden Skiklubb	1	1:10:45	01:10:45											
Torgersen, Tor-Erik	Yrosvik	1	1:26:20						01:26:20						
Torgersen, Trond	Oslo	4	1:04:27				01:08:33	01:08:45			1:04:27	1:09:15			
Torgrimsby, Marianne	Grålum	2	1:22:44			01:24:53						1:22:44			
Torjusen, Anette	Anette Torjusen	1	2:00:11				02:00:11								
Torjusen, Henrik	Oslo	1	1:19:47				01:19:47								
Torp, Elisabeth	Sponvika	1	1:32:55				01:32:55								
Torp, Leni Wilhelms	Fredrikstad IF	2	1:23:59							01:39:04		1:23:59			
Torp, Mads	TMTBYGG AS	2	1:26:32							01:48:40		1:26:32			
Torp, Martin	Østbygda IL	2	1:19:46	01:19:46	01:41:19										
Torp, Renate	DAL	1	1:39:21						01:39:21						
Torply, Lars	GREÅKER	1	1:25:26						01:25:26						
Trandem, Nina		1	1:59:22							01:59:22					
Trandum, Daniel	RT 27 FREDRIKSTAD	3	1:35:50							01:55:23		1:35:50	1:44:37		
Tranøy, Jarle		2	1:15:29									1:18:29	1:15:29		
Treimo, Snorre	MULTICONSULT BIL	2	1:11:03									1:15:14	1:11:03		
Tretterud, Øyvind	Mysen	2	1:18:48				01:18:48							1:19:33	
Tretvoll, Beate	BRANDBU IF	1	1:33:43									1:33:43			
Trilljärv, Timo	Gamle Fredrikstad	2	1:16:11			01:26:43						1:16:11			
Trinborg, Sebastian	Halden	1	1:37:15	01:37:15											
Trondsen, Tor	SK VERKET	1	1:20:03											1:20:03	
Trondsæter, Isabelle	Moss	1	1:47:56		01:47:56										
Tronsen, Andreas	Traramoen Løpsklubb	1	1:17:10	01:17:10											
Tronstad, Anders	Moss	4	1:28:24			01:28:24	01:30:55	01:29:58	01:37:27						
Tronstad, Egil	Spydeberg IL	1	1:03:37			01:03:37									
Trotter, Louise Helen	TEAM THORVALD	3	1:42:37								1:42:37		1:43:03	1:51:23	
Trudvold, Fredrik	Gressvik	2	1:59:33	02:02:10	01:59:33										
Tryland, Joakim		1	1:47:33						01:47:33						
Trømborg, Glenn-Edwin	Mysen	1	1:16:26		01:16:26										
Trøstheim, Mikkel	Sport 1 Flå	1	1:10:16						01:10:16						
Tufte, Emma	Kråkerøy	1	1:52:05		01:52:05										
Tufteland, Håkon	Bergen	1	1:07:29			01:07:29									

Glommaløpet 10 miles individuelt
Historikk

Tvedt, Morten	TEAM NONSTOP	2	1:16:55									1:18:03	1:16:55		
Tveit, Anders		1	1:23:32											1:23:32	
Tveit, Kristi	Gressvik	1	2:00:42			02:00:42									
Tveit, Lasse Andre	Fredrikstad IF	4	1:06:52	01:10:09		01:16:13		01:06:52					1:14:12		
Tveten, Ole Kristian	Trøgstad	1	1:10:09			01:10:09									
Tveter, Gry Heidi		1	1:39:13										1:39:13		
Tveter, Kirsten Therese		2	1:35:08									1:45:10	1:35:08		
Twanabasu, Satya	OSLO	1	1:11:38						01:11:38						
Twigg, Barry		1	1:29:42												1:29:42
Tydell, Hanne	Sarpsborg	1	1:31:36	01:31:36											
Tyldum, Håvard		1	1:31:25											1:31:25	
Tytlandsvik, Sigrun		1	1:20:48								1:20:48				
Tänav, Armin	SK KEREMEISTER	1	1:27:05									1:27:05			
Tølche, Marta		1	1:57:53										1:57:53		
Tømmer, Pål	MEDIAMENN AS	1	1:06:11								1:06:11				
Tømmerhol, Pål	Sturla IF	1	1:03:51			01:03:51									
Tømte, Sjur	Fredrikstad IF	3	1:12:55								1:14:30	1:15:55	1:12:55		
Tønnesen, Egil		3	1:31:56						01:35:38		1:34:48	1:31:56			
Tønnesen, Lasse	ELIXIA	1	1:17:14												1:17:14
Tønnesen, Mia Marlene	Gressvik	1	1:38:35			01:38:35									
Tønnesen-Fiel, Frank Vidar	Romerike Runners	3	1:19:44		01:20:33	01:19:44	01:20:33								
Tørfoss, Tom-Arne	Askim	1	1:15:32		01:15:32										
Tørklep, Anders	Oslo	1	1:34:55				01:34:55								
Tørmoen, Jørn		1	1:35:50										1:35:50		
Tørnqvist, Anders	Fredrikstad IF	2	1:22:07	01:25:53		01:22:07									
Tørnqvist, Eskild	Team TQ	1	1:22:10			01:22:10									
Tørring, Hans Are		1	1:30:18											1:30:18	
Tøsdal, Sigrid Blytt	Fredrikstad	2	1:32:43		01:35:03	01:32:43									
Uggerud, Mia Christine	Sperrebotn	1	1:34:35		01:34:35										
Ugland, Tom	DRAMMEN	1	1:37:56						01:37:56						
Uglebakken, Steinar	Gresvik	3	1:00:46	01:07:15			01:00:46	01:05:35							
Ulekleiv, Kristian	Sarpsborg	1	1:33:22		01:33:22										
Ulfski, Ann-Christin	Fam.Ulfski	1	1:49:05						01:49:05						
Ulfski, Vilde	Fam. Ulfski	1	1:30:27						01:30:27						
Ulfsrød, Thomas		2	1:21:46										1:21:46	1:36:21	
Ulrichsen, Christopher	Heming I.L	1	1:18:01			01:18:01									
Ulriksen, Andrea	Oslo	1	1:29:48		01:29:48										
Ulriksen, Mads Erik	Fredrikstad	3	1:28:32		01:28:32			01:50:07		01:55:23					
Ulseth, Torje	Halden	2	1:19:29		01:19:29	01:30:09									
Ulstein Holand, Marthe	Marthe Ulstein Holand	1	1:44:27		01:44:27										
Ulstein Holand, Tabita		1	1:41:15												1:41:15
Ulvin, Eivind Johnsen		1	1:13:33										1:13:33		
Ulvåen, May	Fredrikstad IF	5	1:24:41						01:32:21	01:54:10	1:27:09		1:24:41		1:28:34
Undrum, Ida	Sellebakk	1	2:28:37	02:28:37											

Glommaløpet 10 miles individuelt
Historikk

Undrum, Marius	SKJEBERG CK	1	1:13:45											1:13:45	
Unneberg, Astrid	Skjeberg	1	1:24:39			01:24:39									
Unneberg, Mari Kristine	Skjeberg	1	1:20:03		01:20:03										
Unnerud, Vidar	TRACTORBOYS IL	1	1:12:27											1:12:27	
Unnestad, Ingeborg Løvehaug	Gamle Fredrikstad	1	1:19:28		01:19:28										
Unnestad, Kristin Omholt	Skiptvet	1	2:02:04		02:02:04										
Uran, Steinar		1	1:05:38										1:05:38		
Urdal, Håkon	Team Sportsmanden	1	0:59:02						00:59:02						
Urstad, Ann Kristine	MOSS SKIKLUBB	1	1:31:06							01:31:06					
Urstad, Johanne	MOSS SKIKLUBB	1	1:31:06							01:31:06					
Urstadmyr Tønnesen, Marius	SARPSBORG SPORTSCLUB	1	1:17:14												1:17:14
Utgaard, Alexandra	TEAM SAGA	1	1:41:57							01:41:57					
Utgaard-Haugbro, Tom	Aktiv mot Kreft, Team Saga	1	1:25:03				01:25:03								
Utne, Hogne Aaberge	Fredrikstad	1	1:25:49	01:25:49											
Utne, Tone		1	1:41:41										1:41:41		
Utne, Vårin	Dilling	1	1:44:30	01:44:30											
Uttisrud, Erling		1	1:29:23											1:29:23	
V. Skotvedt, Simen	Kolbotn	1	1:23:19			01:23:19									
Valen, Stian	Skjeberg	3	1:15:43	01:31:38	01:15:43	01:28:38									
Valenzuela, Jelithsa	Larkollen IL	1	1:31:56					01:31:56							
Valle, Amalie	TEAM EUROPRIS	1	1:22:31								1:22:31				
Vallestrand, Cathrine		1	1:33:40									1:33:40			
Vallestrand, Mads	Kingsrød Transport	1	1:23:53	01:23:53											
Valstad, Inger Marit Stark		1	1:21:27											1:21:27	
Valstad, Keino	BØLER IF FRIIDRETT	1	1:05:42											1:05:42	
Van Der Straeten, Sarah	Skiptvet	3	1:28:20	01:35:18		01:28:20	01:36:34								
Vangen, Katrine Næs	Briste Eller Bære	1	1:54:43		01:54:43										
Varnes, Camilla		1	1:50:18										1:50:18		
Vasquez, Claudia	Oslo	1	1:57:00				01:57:00								
Vassvik, Tor-Allan	Legs Miserables	1	1:05:42						01:05:42						
Vassås, Tor Ivar		1	1:31:47									1:31:47			
Vatne, Joakim	Yven	3	0:59:26		01:00:54		00:59:26	01:00:33							
Vatvedt, Andreas	Naprapatsentrum	1	1:33:44	01:33:44											
Vatvedt, Camilla	Naprapatsentrum	1	1:33:09	01:33:09											
Vatvedt, Marius	IL Borgar	1	1:16:26				01:16:26								
Vatvedt, Tormod	Fredrikstad IF	5	1:25:26		01:27:14	01:25:26	01:27:26	01:26:56		01:39:18					
Veberg, Karianne		1	1:38:24												1:38:24
Veby, Nina	Langhusløperne	2	1:52:25			01:52:25	01:57:55								
Veby, Nina Visjø	Langhusløperne/Sportsmanden	5	1:31:39		01:57:41				01:51:42		1:39:17		1:31:39	1:40:17	
Veder, Lars	Dilling	4	1:30:43		01:43:36		01:30:43	01:35:10	01:41:10						
Vedø, Lars Sigurd		2	1:13:00						01:13:00	01:19:49					
Vegsgård, Anders	RØDSMYRA SKOLE	1	1:21:01											1:21:01	
Veidahl, Silje	Moss	2	1:44:49	01:52:00	01:44:49										
Veka, Merete Olderkjær	#Smilepuls	1	1:49:19		01:49:19										

Glommaløpet 10 miles individuelt
Historikk

Veland, Petter	Spydeberg IL	1	1:27:54						01:27:54						
Velic, Kemal	F.C.B.F	2	1:10:49	01:10:49	01:18:03										
Velsvik, Espen	Nabla Eulers	1	1:16:48	01:16:48											
Verdu Martinez, Ruben		1	1:23:17										1:23:17		
Vestrheim, Kåre Christoffer	PROPELLER MUSIC DIVISION	2	1:36:06								1:38:13	1:36:06			
Vibe-Rheymer Nilssen, Øyvind	Idrettslaget Sandvin / IL Sandvin	1	1:12:16			01:12:16									
Vidhall, Kim	Halden løpeklubb	1	1:32:14			01:32:14									
Vidhall-Saavedra, Felix	Halden Løpeklubb	1	1:15:32			01:15:32									
Vidnes, Jonas	Kråkerøy	2	1:15:15	01:21:56					01:15:15						
Vidsjå, Harald		1	1:17:02										1:17:02		
Viggen Olsen, Trine	Gressvik	2	1:35:48		01:35:48		02:00:23								
Viggen, Håkon	OSLO	1	1:31:28						01:31:28						
Viggen, Kristine	Råde	1	1:51:00	01:51:00											
Vik, Arne Håkon	TFL HALDEN	1	1:12:04												1:12:04
Vik, Aurora	Gressvik	1	1:27:52		01:27:52										
Vik, Henrik	Fredrikstad	1	1:46:19	01:46:19											
Vik, Håkon Aleksander	Halden	2	1:08:02				01:08:02	01:16:17							
Vik, Maria	Ålesund	1	1:17:15			01:17:15									
Vikanes, Kristin	GAMLE FREDRIKSTAD	1	1:28:26						01:28:26						
Vike, Vibeke	Skien	1	1:54:43			01:54:43									
Viken, Anna	Oslo	1	1:42:22	01:42:22											
Viken, Bård	Gamle Fredrikstad	1	1:28:31	01:28:31											
Viken, Hanne Merethe	Frederik II Videregående Skole	1	1:50:31			01:50:31									
Viken, Petter	Oslo	1	1:24:45	01:24:45											
Viken, Robin	Fredrikstad	1	1:12:31		01:12:31										
Vikesland, Pål	Sarpsborg	2	1:22:50	01:26:35		01:22:50									
Vinberg, Elina	Oslo	1	1:39:09	01:39:09											
Vindenes, Vigdis	Oslo	1	1:41:11		01:41:11										
Vingelsgaard, Ole		1	1:14:46										1:14:46		
Vingerhagen, Andreas	Gimle IF	2	1:13:15		01:15:10	01:13:15									
Vinje Erichsen, Arnold	Oslo	1	1:12:33	01:12:33											
Vist, Erlend Øverby	Fredrikstad	2	1:17:17			01:21:10		01:17:17							
Vist, Susanne	Nordvis Mosjonsklubb	1	1:45:10						01:45:10						
Viste, Sigurd	Sigurd Viste	1	1:17:16					01:17:16							
Vister Jensen, Anders		1	1:38:34							01:38:34					
Vister, Ola Sander	Fredrikstad	1	1:30:34	01:30:34											
Vogt, Lotte	Dilling	3	1:27:28	01:28:38	01:27:28	01:29:20									
Vold, Eva	FEMIRUN	1	1:35:42								1:35:42				
Volden, Erland Per	OSLO	1	1:33:09					01:33:09							
Vollan, Hans-Martin	G-Unit	3	1:15:04		01:15:04		01:21:02	01:19:26							
Vorland, Ole-Andreas Gussøy	Trondheim & Omegn Sportsklubb / Sjet	1	2:13:54		02:13:54										
Væge, Kjersti	NAV	2	1:14:42						01:14:42		1:15:34				
Værnes, Hilde Christine		1	1:54:00									1:54:00			
Værnesbranden, Magdalena	VÆRNESBRANDEN	2	1:23:43							01:23:43		1:27:13			

Glommaløpet 10 miles individuelt
Historikk

Værvågen, Veslemøy	Notodden Orienteringslag	1	1:19:56	01:19:56											
Vaaden, Ida Marie	Sarpsborg Smådyrklinikk	1	1:35:10	01:35:10											
Vågan, Torgrim	Fredrikstad	1	1:19:43				01:19:43								
Vaage, Bjarne	Bergen	1	1:12:20			01:12:20									
Våge, Dag Inge	ÅS	1	1:39:09			01:39:09									
Våge, Erlend Haukland	Moss	1	1:36:09			01:36:09									
Vaagaasar, Ola	TRACEGRID	1	1:33:13								1:33:13				
Vålvannet, Ann-Louise		1	1:15:41								1:15:41				
Vårum, Leif Hugo	Hø-Høy	2	1:19:32			01:21:33	01:19:32								
Wagelie, Espen	Vesterøy	1	1:29:50		01:29:50										
Wahlberg, Ole Martin	Team Tisler	1	1:24:04				01:24:04								
Wahlgren, Tom	SOL	6	1:29:46	02:08:02					01:31:20	01:42:03		1:29:46	1:35:49	1:35:18	
Wahlgren, Tove Skiri	SOL	5	1:35:56	02:08:02						01:54:09		1:46:45	1:35:56	1:38:39	
Walberg, Lena		1	1:11:14											1:11:14	
Walbom, Therese Løvås	MOSS SKIKLUBB	1	1:26:55											1:26:55	
Walente, Stine	Sarpsborg	1	1:58:59		01:58:59										
Wallin, Amanda	Grålum	1	1:40:17			01:40:17									
Wallin, Anniken	SALMING NORGE	3	1:08:17						01:08:17	01:11:51	1:11:22				
Wallin, Julie	Brønnøysund	1	1:11:22			01:11:22									
Walmann, Anders	Jessheim	2	1:44:24	01:47:19	01:44:24										
Walther, Bernt Ludvig	Gamle Fredrikstad	2	1:03:43		01:03:43							1:26:15			
Walther, Lise-Merethe		1	2:04:28										2:04:28		
Wang, Tomas	Skjetten	6	1:08:06				01:08:06	01:12:28	01:12:12	01:14:43		1:11:57	1:08:15		
Wang, Øyvind	Skibotn IL	3	0:58:47			01:03:25					0:58:47		1:05:23		
Wangberg, Heidi	Grålum	1	2:02:32	02:02:32											
Wang-Johannessen, Ann Mari	TEAM ENGROSFRUKT	1	1:48:30											1:48:30	
Warem, Tiril	Torp	1	1:31:34			01:31:34									
Warsla, Lars Erik Garnås	Fredrikstad	1	1:02:51		01:02:51										
Watson, Guro		3	1:33:08							01:51:02		1:39:24	1:33:08		
Watvedt, Jørn Sigvart		1	2:05:41										2:05:41		
Weber, David		2	1:20:52						01:58:09				1:20:52		
Weberg, Markus	Borgenhaugen	1	1:40:32	01:40:32											
Webjørnsen, Malin	Solid	1	1:31:47		01:31:47										
Weel, Mailen	Gjensidige Sport Øst	1	1:43:48	01:43:48											
Weel, Ole Herman	Borgenhaugen	3	1:06:26	01:12:38	01:07:05	01:06:26									
Weimoth, Are Nyhus	Ullensaker/Kisa IL	2	1:09:53	01:11:21	01:09:53										
Welhaven, Leif	VG	1	1:01:49							01:01:49					
Wellendorf, Daniel		2	1:10:00						01:10:00	01:13:48					
Wenberg, Thomas	SARPSBORG SYKLEKLUBB	2	1:21:25											1:21:25	1:22:41
Wenneberg, Johannes	Gamle Fredrikstad	1	1:22:09		01:22:09										
Wennevold, Tore	FREDRIKSTAD	1	1:27:52					01:27:52							
Werbrouck, Oelrik		5	1:11:55						01:16:56		1:19:30	1:11:55	1:12:00	1:17:16	
Wergeland, Øyvind	Pepperstad tøy og bøy	1	1:28:09				01:28:09								
Werket, Espen	Halden	1	1:57:53		01:57:53										

Glommaløpet 10 miles individuelt
Historikk

Werner, Andreas	Nesodden Trail Running	1	1:27:19			01:27:19									
Wernersen, Regin	Fredrikstad IF	4	1:08:39			01:10:32	01:09:33		01:08:39	01:14:35					
West, Marie	Sellebakk	1	1:30:19			01:30:19									
Westberg, Raymond		2	1:10:39									1:10:39	1:10:40		
Westby, Andreas	SPENST SKJEBERGSENTERET	2	1:17:34								1:19:07			1:17:34	
Westby, Celine Lossius	Oslo	1	1:48:27			01:48:27									
Westby, Jo	HVALSØ LØBEKLUB	1	1:24:42							01:24:42					
Westby, Nina	Fredrikstad	1	2:02:48	02:02:48											
Westbye, Hans-Christian	BR Energi	1	1:35:29		01:35:29										
Westbye, Linn	Rakkestad	1	1:24:46	01:24:46											
Westengen, Elisabeth		1	1:48:29									1:48:29			
Westgaard, Markus Johansen	Solid Entreprenør	2	1:03:51	01:04:06				01:03:51							
Westli, Adrian	Sarpsborg	1	1:23:24	01:23:24											
Westlie, Anders	Skjeberg	1	1:16:01			01:16:01									
Westlie, Gunn Elisabeth		1	1:36:21									1:36:21			
Westlund, Aleksander	Halden Politiidrettslag	2	1:17:45				01:17:45	01:20:16							
Westlund, Stine		1	1:40:55								1:40:55				
Westre, Mari		1	1:23:04								1:23:04				
Wethal, Joakim	Idrottslaget i BUL	1	1:08:13				01:08:13								
Weum Johansen, Sondre		1	1:23:05												1:23:05
Weydahl, Sindre	Båstad IL Ski	8	0:59:22	01:03:04	00:59:46		00:59:22	01:01:16	01:04:20	01:08:15	1:03:49	1:06:03			
Wiberg, Geir	Ingen	1	1:24:15					01:24:15							
Wiberg, Hilde	Dilling	5	1:37:29		01:45:56	01:43:27	01:39:54	01:37:29	01:43:06						
Wichstrøm Nielsen, Kristian	Sarpelona	2	1:15:36	01:15:36	01:24:45										
Wien, Tale Norbye	Oslo	1	1:50:35		01:50:35										
Wiersholm, Ellen M	Nedenes	1	1:18:28			01:18:28									
Wiersholm, Lars Amund	Fredrikstad	1	1:14:49		01:14:49										
Wierød, Elise	Sarpsborg Smådyrklinikk	1	1:36:13	01:36:13											
Wiig, Kenneth Thunshelle	Soonløp	2	1:02:12			01:04:23	01:02:12								
Wiig, Nils	FRIKSIS OG SVETTIS FREDRIKSTAD	3	1:17:38							01:29:24	1:17:38	1:18:53			
Wiig, Per Bjørnar	Sparebank 1 Østfold Akershus	1	1:08:09				01:08:09								
Wiik, Anita		2	1:39:43									1:39:43	1:46:38		
Wiik, Ann-Kristin		2	1:46:02									1:49:05	1:46:02		
Wiik, Nils-Petter	DRIV I.L	1	1:16:08											1:16:08	
Wiik-Nilsen, Petter	Sarpsborg	2	1:21:59	01:28:25	01:21:59										
Wijgaerden, Lotte	Kråkerøy	1	1:43:10				01:43:10								
Wik, Elin Marie	Skjeberg	2	1:37:22	01:45:35			01:37:22								
Wik, Linn	Skjeberg	2	2:05:55	02:08:43			02:05:55								
Wik, Simen	Skjeberg	3	1:29:10					01:34:15	01:29:10	01:32:01					
Wik, Wenke	Skjeberg	3	1:46:25	01:52:06	01:46:25		01:51:50								
Wikestad, Torbjørn	TEAM SPORTSMANDEN	1	1:45:59							01:45:59					
Wiksen, Vicci	Vegan Runners	1	1:46:42				01:46:42								
Wilhelmsen, Jan Olav	Rakkestad	3	1:12:52		01:45:42								1:12:52	1:17:11	
Wilhelmsen, Lene	Greåker	2	1:51:14				01:57:28	01:51:14							

Glommaløpet 10 miles individuelt
Historikk

Wilhelmsen, Petter		1	1:21:43											1:21:43	
Willadsen, Geir Aa.	ØSTFOLD POLITIIDRETTSLAG	4	1:00:37								1:01:24	1:03:00	1:00:37		1:07:31
Willassen, Aleksander	Gamle Fredrikstad	2	1:32:44	01:43:48	01:32:44										
Willassen, Andreas	GAMLE FREDRIKSTAD	1	1:29:40						01:29:40						
Wille, Anette		1	1:55:35									1:55:35			
Wille, Gwen		1	1:46:16							01:46:16					
Wille, Karoline		1	1:32:46									1:32:46			
Winje, Daniel	Fredrikstad	1	1:42:06	01:42:06											
Winsvold, Ida	Sarpsborg	1	1:47:29	01:47:29											
Winther Knudsen, Espen		1	1:44:39									1:44:39			
Winther, Ole Jørgen	Fredrikstad	5	1:32:33		01:35:01	01:34:20	01:39:19				1:38:38			1:32:33	
Winås, Sara Emilie	Fredrikstad	1	1:32:14			01:32:14									
Wisbech, Hanne	Fredrikstad IF	3	1:24:22							01:41:39		1:24:22		1:30:41	
Wisbech, Joachim	Obos Østfold	2	1:30:00		01:30:00					01:41:35					
Wister, Tom Ivar		1	1:40:42							01:40:42					
Wisur, Anders	Fredrikstad	1	1:47:45		01:47:45										
Wisur, Felicia	Greåker	1	1:21:14		01:21:14										
Wittmann, Megan Eileen	Tucson Roadrunner	1	1:22:22		01:22:22										
Wojcik, Grzegorz	Assemblin	2	1:17:12	01:17:12	01:17:13										
Wold, Monica	FREDRIKSTAD TRIATLONKLUBB	3	1:09:27									1:09:27	1:09:52		1:19:48
Wolden, Petter	OPPEGÅRD	1	1:42:00									1:42:00			
Wolleberg, Odin	Assemblin AS	1	1:18:10			01:18:10									
Wormdahl, Eirik	Ås	4	1:11:06	01:18:53		01:12:46			01:11:06	01:15:18					
Wormdahl, Sindre	Tripol As	3	1:07:06	01:08:19		01:07:06			01:07:08						
Wright, Baard		1	2:03:41											2:03:41	
Wullum-Lindberg, Ida	Oslo	3	1:33:41			01:48:03					1:33:41	1:36:23			
Wærnes, Barbro		1	1:45:10										1:45:10		
Wærstad Hansen, Silje	INGEN	1	1:11:04								1:11:04				
Waagbø, Jon	Torp	4	1:34:23		01:50:17		01:34:23			01:34:36		1:35:01			
Waage, Richard	GRIMSRØD KAMERATENE	1	1:22:40											1:22:40	
Waagen, Elise		1	1:16:39										1:16:39		
Waagen, Runar	Greåker	1	1:27:58	01:27:58											
Waage-Nielsen, Marianne	Rasta	1	1:21:52			01:21:52									
Yrvum, Svend	MOSSJONISTENE	5	1:21:21								1:21:21	1:24:37	1:27:36	1:26:17	1:37:59
Ytterdal, Renate	Våler I Østfold	2	1:25:14				01:25:14			01:32:11					
Zakariassen Hansen, Emilie	Aarsleff Rail AS	1	1:28:31				01:28:31								
Ziener, Martine	Fredrikstad Dyrehospital	1	1:47:08					01:47:08							
Zijerveld, Esther Maud	Ås IL	2	1:23:27			01:31:53	01:23:27								
Zwilgmeyer, Marie	Rykkinn	2	1:47:15			01:47:15	01:47:47								
Zwirko, Piotr	Halden	1	1:38:18	01:38:18											
Øby, Gina Sofie	Nova Helseklinikk	2	1:28:54					01:31:27			1:28:54				
Øby, Nils	HANDELSHØYSKOLEN BI	1	1:28:32								1:28:32				
Øde, Lars Erik	MOPIL	1	1:06:23								1:06:23				
Øde, Selma	RYGGEJOGGEN	1	1:09:22								1:09:22				

Glommaløpet 10 miles individuelt
Historikk

Ødegård, Anette	Team Johansen	1	1:14:16					01:14:16							
Ødegård, Camilla	SKJEBERG	1	1:16:49					01:16:49							
Ødegaard, Henry Michael	AURSKOG-HØLAND FRIIDRETTSLAG	1	1:18:49							01:18:49					
Ødegaard, Hilde	Sarpsborg	4	1:34:59	01:43:05	01:44:46	01:34:59			01:35:30						
Ødegård, Ingrid	Moss	1	1:23:09	01:23:09											
Ødegård, Jorid	Sarpsborg	2	1:18:33	01:26:19											1:18:33
Ødegård, Marius	Idrottslaget i BUL	1	1:44:24			01:44:24									
Ødegårdstuen, Vera	Leirsund	1	1:43:51	01:43:51											
Øen Olsen, Kasper	Sarpsborg	1	1:33:23	01:33:23											
Øhlckers, Petter	RWE DEA BIL	1	1:25:28												1:25:28
Øiseth, Henrik	COGNACLOSJEN	1	1:34:03											1:34:03	
Økland, Line Kristin Jemtland	HVALER KOMMUNE	3	1:47:22							01:59:53	1:47:22	1:51:02			
Ølmheim, Magnus	Yven	1	1:16:56	01:16:56											
Ömnehag, Mikael	BILLINGSFORS	1	1:08:31					01:08:31							
Ørbeck, Amalie	Fredrikstad	1	2:07:16	02:07:16											
Ørdal, Therese	Rolvsøy	3	1:39:03	01:45:29						01:47:54	1:39:03				
Øren, Kine	Fredrikstad IF	1	1:44:11					01:44:11							
Øren, Magnus	Fredrikstad IF	1	1:00:40					01:00:40							
Ørmen, Elin		1	1:47:24											1:47:24	
Ørseng, Kenneth	TEAM YX	1	1:33:19							01:33:19					
Ørseng, Thor Kenneth	TEAM YX	4	1:12:56								1:12:56	1:25:31	1:15:36	1:21:01	
Ørås, Terje	FREDRIKSTAD TRIATLONKLUBB	5	1:04:07								1:04:07	1:07:34	1:05:06	1:06:24	1:09:27
Østby, Erik	SFS	1	1:14:49								1:14:49				
Østby, Ingvild	Skjeberg	1	1:42:12		01:42:12										
Østby, Martin		2	1:18:38									1:18:38	1:41:34		
Østensvig-Larsen, Ane	SELLEBAKK	1	1:36:51						01:36:51						
Østhus, Kjell Vegard	Ullensaker/Kisa IL / Løpegruppa Jesshei	1	1:18:30		01:18:30										
Østlyng, Kirsti	OSLO	1	1:38:08					01:38:08							
Østrem, Håvard Strømsæther	Høvik	1	1:59:10	01:59:10											
Øverby, Hans Kristian	Hønefoss	2	1:04:34		01:04:34		01:21:16								
Øverby, Jo Audun	Nesoddtangen	1	1:25:42			01:25:42									
Øverby, Margrethe	Spydeberg	1	1:39:13				01:39:13								
Øverby, Tore-Andre	Spydeberg	1	1:16:33				01:16:33								
Øversveen, Sissel	Gressvik	3	1:22:13	01:23:59	01:25:07			01:22:13							
Øveråsen, Kenneth	Team Johansen	1	1:12:49					01:12:49							
Øvrebust, Liv-Janne	Oslo	1	1:15:06	01:15:06											
Øvrevik, Nora Sophie	Grålum	1	1:25:48			01:25:48									
Øvrevik, Tony	Grålum	2	1:28:35			01:33:30	01:28:35								
Øvstegård, Johannes	Sarpsborg	1	1:30:25	01:30:25											
Øy, Lars	GJELLERÅSEN IF	3	1:03:03							01:03:39		1:03:03	1:05:54		
Øygard, Møyfrid	Friførkjene	1	1:36:06				01:36:06								
Øyrås, Petter	Sarpsborg	1	1:12:23	01:12:23											
Öz, Gökhan	Fredrikstad	1	1:15:47	01:15:47											
Øzdemir, Mustafa	Berg Sporting	1	1:40:11			01:40:11									

Glommaløpet 10 miles individuelt
Historikk

Aadahl, Morten	Ski Bygg il	1	1:33:19				01:33:19								
Ådalen Kristoffersen, Elisabeth	Stathelle	1	1:30:14	01:30:14											
Ådalen, Jostein	Soon løp	1	1:23:20			01:23:20									
Ådalen, Tuva Nyberget	Østsiden	1	1:30:16	01:30:16											
Aagaard, Herman	Oslo	2	1:37:14	01:37:14	01:48:01										
Aagaard, Jon Magne	Sellebakk	2	1:36:20	01:36:20	01:38:09										
Åkerström, Clara	Borregaard AS	2	1:27:11	01:38:37	01:27:11										
Åkre, Martin	Fredrikstad	1	1:57:00				01:57:00								
Aalerud, Magnus	SKJEBERG	1	1:29:47						01:29:47						
Aam, Anne Elisabeth	Halden løpeklubb	2	1:20:36	01:20:36		01:30:05									
Aambakk, Maria T.	K-REKNESKAP AS	1	2:14:58							02:14:58					
Aamodt, Even	Lommedalen I.L	1	1:09:08					01:09:08							
Aamodt, Odd Olav	24Wellness	1	1:20:35						01:20:35						
Aamot, Bjørnar	HAUGLANDSHELLA	1	1:26:56					01:26:56							
Aarek Kidd, Shani Wilhelmina		1	1:55:07										1:55:07		
Aarekol, Jakob	COWI AS	1	1:08:33									1:08:33			
Aarmo, Sverre Sigurd	Hafslundsøy	5	1:29:26				01:37:50	01:40:35	01:32:22	01:36:20		1:29:26			
Aarsbog, Svein Anders		1	1:10:14								1:10:14				
Aarstad, Henrik	Fredrikstad	2	1:17:10	01:17:10	01:19:09										
Aas, Hans Rudi		1	1:28:43										1:28:43		
Aas, Heine	Klavestadhaugen	1	1:28:02				01:28:02								
Aas, Heine Kristoffer	VARTEIG BOYZ	4	1:26:47								1:26:47		1:28:37	1:30:35	1:44:32
Aas, Jan Billy	Drøbak-Frogn IL / Team Sprtsmanden	1	1:03:44						01:03:44						
Aas, Svein Kåre	PRIVAT	1	1:25:51											1:25:51	
Aasberg Johansen, Stian	Kynningsrud - Nordic Crane	3	1:13:58	01:13:58	01:18:17	01:18:38									
Åsbø, Dag	Ski	2	1:35:14	01:37:13			01:35:14								
Aase, Kine		2	1:25:22									1:26:58		1:25:22	
Aasen, Benjamin	SARPSBORG ORIENTERINGSLAG	1	1:05:31									1:05:31			
Aasen, Marte Marie		1	1:40:12								1:40:12				
Aasen, Ole Johnny	Ise	3	1:33:35	01:43:47								1:44:58	1:33:35		
Aaserud, Mette	Fredrikstad	1	1:55:35		01:55:35										
Aaserød, Arne Kristoffer	Nobil	2	1:05:16				01:05:16	01:07:42							
Aasgaard, Henrik	Moss	2	1:44:12	01:44:12	01:44:48										
Aasgaard, Ida	Oslo	2	1:26:39	01:33:11	01:26:39										
Aasheim, Monica	#Smilepuls	1	1:35:50		01:35:50										
Aasland, Thorleiv	SKILØPERNE - NORDEA BIL	3	1:12:06									1:12:06	1:13:18	1:18:51	
Aasli, Hilde Christin	GREÅKER	5	1:35:10					01:40:50		01:48:54		1:36:59	1:35:10	1:39:41	
Åstorp, Bjørn	Sarpsborg O-Lag	4	1:18:55	01:34:42								1:19:09	1:18:55	1:20:32	
Aastorp, Tom Erik	Moss IL 3TL	1	1:07:24		01:07:24										
Antall deltatt	**Antall deltatt**			**943**	**885**	**721**	**521**	**411**	**529**	**472**	**553**	**568**	**586**	**481**	**215**